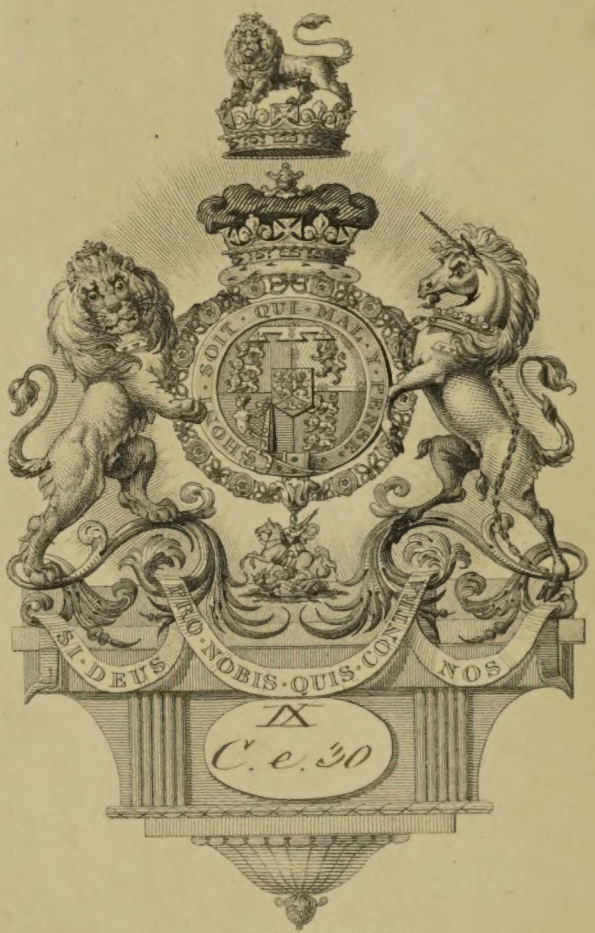

IX
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Lupton

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A thousand

Notable things of sundrie sortes:

VVhereof some are wonderfull, some strange, some pleasant, diuers necessary, a great sort profitable, and many very precious.

This Booke bewraies that some had rather hide
which whoso buyes, their money shall not lose:
For many a thing therein if truely tride,
will gaine much more then twenty such will cost.
And diuers else great secrets will detect,
and other more of strange and rare effect.
It is not made to please some one degree,
no, no, nor yet to bring a gaine to few:
For each thereby, how rich or poore they be,
may reape much good and mischiefe great eschew.
The paines and trauell hitherto is mine,
the gaine and pleasure henceforth will be thine.

LONDON,
Printed by E. ALLDE for N. FOSBROOKE, by the Assignes of Io: WRIGHT and R. BIRD. 1627.

The Preface of the Author to the Reader.

IF ſome thinke no ſhame to diſpleaſure many, for the pleaſuring of a few (gentle Reader) then I need not to bluſh nor feare to profit many by hurting of none: which I hope I haue done by the publiſhing of this my Booke abroad, not pend without paine, nor drawne without diligence, nor ended with eaſe: Whereiu are ſuch and ſo many notable, rare, pleaſant, profitable and precious things, (meaning one with another) as neuer were yet ſet forth in any volume in our vulgar Engliſh tongue, nay diuers of them were neuer hetherto printed, nor written that euer I knew: but onely that I writ them at ſuch time as I heard them credibly reported. Thinking them ſuch rare things as was worthy to be regiſtred. Marie I muſt confeſſe, I haue ſelected and picked a great ſort out of Latin writers: the Authors and writers, whereof I haue named moſt commonly at the end of the ſame. And ſome notable and precious things I gathered out of ſome old Engliſh written Bookes, & ſome alſo not long ſince

printed vnworthy to be hid, and great pitty but they ſhould be knowne: which purpoſely I haue placed herein, whereby I thinke verily, many will read them, heare them, and haue profit by them, that otherwiſe ſhould neuer haue knowne them. For many (I ſuppoſe) will buy this booke for things whereunto they are affectioned, that neuer could or would haue bought or looked on the Bookes, wherein all they are. So that by this meanes, they are like to winne againſt their wils.

Perhaps you will maruell, that I haue not placed them in better order, and that things of like matter are not joyned together. Truely there are ſo many of ſo diuers and ſundry ſorts, and contrary effects, that it could not be altogether obſerued. And in my iudgement, through the ſtrangeneſſe and variety of matter, it will be more deſirouſly and delightfully read; knowing we are made of ſuch a mould, that delicate daintineſſe delights vs much: but we lothe to be fed too long with one foode: And that long wandring in ſtrange, pleaſant, and contrary places, will leſſe weary vs, then ſhort trauell in often troden ground.

This worke might haue beene framed with finer Phraſes (more delectable to ſome, though not ſo meete for many) but that it is better to profit a great ſort, then to feed the fancies of a few, well aſſured, that the learned eloquent can better perceiue plaine ſpeeches, then the ſlenderly learned and common ſort can vnderſtand eloquent Diſcourſes.

Therefore as I haue written it to all indifferently, ſo wiſh I to manifeſt the meaning thereof accordingly;

ly: especially of such as are to be conceiued: Not ignorant that there are diuers and sundry Astrologicall Aphorismes, and some other practices besides in this Booke, that many both wise, learned and eloquent, cannot attaine to the vnderstanding thereof, (much lesse the common sort:) the meaning whereof I commit to the learned therein. But because the Planeticall power and effect in their houres, (whereof I haue noted some meruellous matters in this worke) should not be hid or vnknowne, I hope shortly there will be set forth such a rule or Platforme, that they may be thought simple-witted, or slenderly learned, that thereby cannot finde out and know quickly, both what houre or time any Planet doth raigne or beare rule, and at what instant the same begins, & how long the force thereof doth last: which once knowne, the things that I haue written herein concerning the same (being well marked and diligently obserued) will not onely auoide much mischiefe and harme, but also will procure great pleasure and profit. Vntill the publishing whereof, I referre you to a little booke, intituled or called, A briefe Treatise concerning many proper Tables, &c.

In which little booke is contained the Computation of yeares, with the raignes of the Kings of England: also a briefe, necessary and exact Table and rule, whereby any may finde iustly and truely, when and how long any Planet doth raigne, especially such as be of good capacity, and haue pregnant wits for to conceiue the same: But as for the duller sort, whose vnderstanding is vnable to reach the true meaning

by ſhort inſtruction, I thinke the ſame to be both too briefe and too buſie for them.

I haue deuided this into ten Bookes, euery one whereof, containes a hundred of the intituled Notables things: which are in all a thouſand. Wiſhing that they may be accepted as thankefully and willingly, as I haue beſtowed them friendly and freely. Being bold to affirme this much, that a great deale of gold cannot cõteruaile this guift: if but ſome twenty of the ſaid thouſand, be diligently marked, faithfully followed, and perfectly practiſed.

And thus few words, I bid you farewell.

Thomas Lupton.

THE

THE FIRST BOOKE OF NOTABLE THINGS.

1

IN the first beginning hereof, a rare and strange matter shall apeare, worthy to be marked, especially of such as loues or vse Sage. A certaine man being in a Garden with his Loue, did take (as he was walking) a few leaues of Sage, who rubbing his teeth and gummes therewith, immediatly fell downe and dyed: whereupon his said Loue was examined how he dyed, she said, she knew nothing that he ailed, but that he rubbed his teeth with Sage: and then went with the Iudge and others into the Garden and place, where the same thing happened: and then she toke of the same Sage to shew them how he did, and likewise rubbed her teeth and gummes therewith, and presently she dyed also, to the great maruell of all them that stood by: whereupon the Iudge suspecting the cause of their deaths to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least others might haue the like harme thereby. And at the rootes, or vnder the said Sage, there was a great Toade found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this maruellous matter. This may be a warning to such as rashly vse to eate rawe and vnwasht Sage: therefore it is good to plant Rue round about Sage, for Toades by no meanes will come nie vnto Rue, (as it is thought of some.)

2

A certaine Poet by the report of Mizaldus, did weare leaden soles vnder his shoes, least the wind should ouer-blow him, his body was so light and so little.

It

3

If any doe mildly or softly beat the plant or stalkes of an hearbe called Mullen, some cals it Wedge taper, in the morning, when the flowers thereof begin to open, all the flowers by little and little will fall and come to one: as though the plant were withered, or blasted, which the ignorant haue thought to be done by Magicall arts, or by some inchantment: especially, if he that doth strike the same Mullen, doth seeme to mumble some words while he doth it. Mizaldus.

4

To increase milke in Nurses.

The houes of the fore-feete of a Cow dried, & made in fine pouder, encreaseth milke in Nurses, if they eate it in their pottage, or vse it in their drinke: and being cast vpon burning coales, the smoake thereof doth kill Mice, or at the least doth driue them away. This Mizaldus writes of the experiment of a certaine Spaniard.

5

Aqua vitæ being outwardly applied, doth helpe very well the sinewes and muscles, and all other parts of the body tormented or pained of a cold cause, with heating strength and swift penetration.

6

To make lips smooth.

If one vse to rub chapped or rough lippes with the sweate behind their eares, it will make them fine, smoth, and well coloured. Proued.

7

When infortunate Planets bein Angles, and the Sunne or Mone applies vnto them corporally, or by opposition, it signifies that the party then borne, will be either crok-backt, or will halt, or it signifies the destruction or losse of some member, especially, if the Mone be with the Dragons taile in these signes, Aries, Taurus, Cancer, Scorpius, or Capricornus, or in the beginning or end of the signe. Iatromath. Guat. Ryff.

8

Against deafnesse.

Earth Wormes fried with Goose greace, then straind, and a little thereof dropt warme into the deafe or pained eare, doth help the same: you must vse it halfe a dozen times at the least. This is true.

9

For the Spleene.

Anthonius Benevinius an excellent Phisicion, doth glorie, that he with the water wherein Smithes did quench their hot and burning yrons, giuing the same often to drinke, and with

with the eating of Cappares, did perfect, ye heale a Citizen of Florence, that had the griefe and swelling of the Spleene seuen yeares.

10

Addars tongue wrapt in Virgin Waxe, and put into the left eare of any Horse, it makes the Horse to fall downe to the ground as though he were dead: & when it is taken out of his eare, it doth not only waken him, or raise him, but also it maks him more liuely or quicke. Mizaldus writes this of the reports of an English man.

11

If a water Snake be tyed by the tayle with a cord, and hanged vp, & a vessell full of water set vnder the said Snake, after a certaine time, he will auoid out of his mouth a stone, which stone being taken out of the vessell, he drinks vp all the water: let this stone be tyed to the belly of them that haue the Dropsie, & the water will bee exhausted or drunke vp, and it fully and wholy helpes the party that hath the said Dropsie, Iacobus Hollerius.

12

Oft Thunder doth turne and change Wines maruellously, but if the Wines be then in Cellars being paued, and the walles of stone, they take lesse harme then in boorded Cellers: Therefore it is good before such Tempest or Thunder, to lay a plate of Iron with Salt, or flint stones vpon the said vessellies with Wine. Leuinius Lemnius by Mizaldus report.

13

They will haue the Palsey, or be so that they cannot moue themselues, or will be giuen to tremble, in whose Natiuities, the Moone is an Angle with Saturne: Saturne then being vnder the beames of the Sunne combust. Likewise if the sixt house, and the Lord thereof be infortunate of Saturne, without the aspect of a good Planet. Iatromath. Guat. Ryff.

14

Make pouder of vnslackt Lyme, and mixe it with blacke Sope, and annoint any Wen therewith, and the Wen will fall away, and when the roote is come out, annoint it with oyle of Balme, and it will heale it perfectly. To take away a Wen.

15

If you will make wood of the colour of the wood Hebenus, especially such as be hard, as Boxe and Peare tree, and such

like do as followeth: lay the wood you meane to colour in Allome water, so that it be couered with the said water, and let it rest so three dayes, then lay the said wood against the hot Sun, or the fire, that it may only waxe warme: then seeth the same wood in common Dyle, wherein put as much of Vitrioll Romane, & Brimstone, as a Nutshell will put, let it be dissolued, the longer you seeth it the blacker the wood will be, so that you keepe a measure therein, and it will be faire and elegant. Mizaldus had this of an Italian a professor of many experiments.

16

The iuice of Mullen leaues (of some called Hedgetaper, and of some Longworte) put to any part that is bruised, or that hath had a stroke, & the stamped leaues thereof, then put vpon the same, & tyed fast on with a cloth: if you let it lye so a whole day & a night vnremoued, it will heale it finely, yea though it be a wound, but the sore must be first washt with white wine a little warmed, and the iuice and the leaues must be put to it, and you will meruell at the effect. Mizaldus had this of one that proued it.

17

If any wood or Iron be deepe in the flesh, and cannot well be gotten out, dip a tent in the iuice of Valerian, and put it into the wound or sore as deepe as you can, and tye the hearb Valerian stamped vpon the same with some linnen cloath, that it remoue not away: and by this meanes, the wood, Iron, or other thing whatsoeuer, will not only be drawne forth, but also the wound will be healed. Mizaldus writes it vpon the reporte of an Italian. Alexis also affirmes it.

18

To make a Vine beare. A barren Vine will beare grapes, if you cast old and sowre Wine thereon, or if you bury the lees of Wine at the rootes thereof: but you must take heed that you cast no soote that is swept from Chimneys, or Lime, to the roote of the said barren Vine, which with their burning heate kils the Vine, & makes the same to wither before his time. Mizaldus.

19

To preserue the teeth. In the morning if salt be holden in the mouth vnder the tung, vntill it melte or consume into water, and teeth being rubbed therewith, it will preserue the teeth safe and sound: and

it

it will keepe them from rotting, and that they shall not be worme eaten: proued.

20

The teeth of a Boze now killed, are so hot, that if one then put them to haires or bristles, they will burne them: which seemes that the Boze is enflamed with ire against them that kill him, that he would be reuenged on them with his tuskes. Zenophon is the author, and Mizaldus the reporter thereof.

21

There is no presenter remedy to cease the torment of the Gowt, both in the hands & in the feete, then a young whelp especially of one colour, if the same be put to the greese. Leuinius Lemnius But the whelpe ought to be cut out, or clouen in two partes through the mids of the backe, and the one halfe with the inner side hot, to be laid vnto the greeued place: and this I know to be an excellent thing. To ease the paine of the Gout.

22

Many stinking things doe driue away the contagious and pestiferous ayze, as Castorum, Galbanum, Sagapenum, Brimstone, (all which are to be had at the Apothicaries) the smoke of burned Lether, or Bones, and especially the smell of gunpouder. For saith Lemnius, the whole Citie of Tornace infected with the Plague, the Rulers of the Towze and Castle there, caused their Gunnes to be laide and leuelled at the Citie charged with Gunpouder, without pellets or shot, and then morning and euening in the twye light, they shot of the said peces or Guns, so that through the stinking smell of the said smoke, and the great and violent noise of the Gunnes, the infectious and contagious aire was quite put away, and the Cittie deliuered from the Plague.

23

Common Azure is made as followeth, take of Salte Armoniacke, three ounces of Verdigreece, fiue ounces, let them be made in pouder, and mixe them with water of Tartar, so that it may be something thicke, then put the same into a glasse, & let it be well stopped that no aire may get forth, & let it be laid in very hot horsedung, for the space of eight daies: then when you take it out, you shall find it an excellent Azure. Mizaldus.

24

It is to be maruelled at, that a Cocke or Cockrell which doth not feare a Serpent, or a Dragon, is so affraid of the shadow of a Gleade, when he is flying, that sodainely he seekes a place of refuge, and hides himselfe. Mizaldus.

25

Any kinde of Amber being sodden in the greace of a Sow that giues sucke to young Pigges, is not only thereby the clearer, but also much the better. Mizaldus.

26

If any carry about him the seed of Sorrell, gathered of a boy, being a virgin, his sparme or nature shall not goe from him, neither sleeping or waking: therefore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27

A certaine Citizen of Padua, hauing Cantharides, that is to say, French Flies, applyed to one of his knees, did pisse aboue fiue ounces of blood: the like hapned to one, to whose great toe of the same foote the same was applied, Bartholomeus Montegnanus, a notable Phisicion affirmes this: therefore Cantharides is perillous to be taken both inward and outward.

28

The leafe of the greater Burre, borne or laid on the top of the head, doth draw the Matrix vpward: but laid vnder the sole of the foote, it draweth downward, which is a notable and excellent remedy against the suffocations, falling, and displacing of the Matrix. This Mizaldus writeth.

29

To helpe sores & aches. Also sod till it be thicke like a salue, helpes all sores and aches applied thereto, maruellously: a thing often proued.

30

All kinde of docks haue this propertie, that what flesh or meat is sod therewith, though they be neuer so old, hard, or tough, they will become tender and meet to be eaten: hereupon it comes that they were so vsed in the old time, for that thereby the meate was more soner concoct and easier digested, and the wound more soluble. Mizaldus.

When

31

When the ascendent and the Mone are both impedite, and their Lords or Significrs safe, then the sickenesse is in the body, and not in the minde. And if the ascendent and the Mone be safe, and their Lords or Significrs impedite or hindred, then the sickenesse is in the mind, and not in the body. And if they all be impedite, then it signifies both sickenesse of the body, and griefe of minde. Likewise if an infortunate Planet behold the ascendent and not the Mone, then the disease or griefe is in the mind, & not in the body. And if contrary, then the disease is in the body, and not in the mind. But if an infortunate Planet beholde them both, then the disease and griefe is in them both. Iatromath Guat. Ryff. 32

If one suspect himselfe to be infect with the Plurisie, let the party hold in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Plurisie. If not, he hath the Plurisie, or is in danger thereof.

33

Whosoeuer hath the Quartaine Ague, shall not be troubled with the falling sickenesse: for if one haue the falling sickenesse first, and after shall haue the Quartaine Ague, the falling sickenes will leaue him. Hippocrates.

34

† One may colour Iuory or any other bones with an excellent greene colour as followeth: take strong water called Aqua fortis, wherein dissolue asmuch copper as the said water is able: then let the bones that you would haue colored, lie in the same all night, & they will be like a Smaragdine colour. Mizal.

35

If Oyle be powred vpon Wine or any other licour, it maks that the same shall not ware musky, or be corrupted. For it excludes or driues forth all ayre that may breed corruption, only with the outward ayre of the Oyle, as with a certaine couering. Notwithstanding, all stirps or Plants, whereon Oyle is powred or effused, doe putrifie, as Plinie reporters.

36

The Coales of a Birche tree made in pouder, and put into a wound or great sore, healeth it perfectly without any other thing. To cure wounds.

thing. It was credibly told me that the Muscouites vse it much and esteemes greatly.

37

A Robin red brest finding the dead body of a man or woman, will couer the face of the same with Mosse: And as some holds opinion, he will couer also the whole body.

38

An Italian, through the oft smelling of an heard called Basill, had a Scorpion bred in his braine, which did not only a long time greeue him, but also at the last killed him. Iacobus Hollerius a learned Phisition, affirmes it for truth. Take heed therefore ye smellers of Basill.

39

Great care to be had in cutting a childs Nauill string.

If the Nauill string of a Child after it is cut, doth chaunce to touch the ground before it be burned, the same child wil not be able to kéep or hold his or her water, neither night nor day. A thing very true and knowne

40

To help such as cannot hold their water.

A staine Mouse rosted, or made in pouder and drunke at one time, doth perfectly help such as cannot hold or kéep their water especially, if it be vsed three dayes in this order. This is very true and often proued.

41

The great loue of a Dogge.

It was credibly reported to me for a very truth, that a certaine Inképer in Ware dyed, which had a dog that loued him so well, that certaine dayes after he mourned & sought for his said Maister without eating of any thing: And when he could not find his said Maister, he laid himselfe among the hot coales in a chimney: who though he was pulled out of the fire, yet he went in againe & burned himselfe to death. A rare and strange thing as hath béene heard of. I thinke it is hard to finde a seruant so louing to his Lord, as this dog was to his Maister.

42

As soone as the child is borne, (especially a boy) there ought to be great heed taken in the cutting of the Nauell string: for the member of generation doth follow the proportion of the Nauell string: and if it be tyed too short in a wench, it may bea hinderance to her in bringing forth her child. Therefore it is

mate

meete that Widwiues haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Phisition.

43

For the helping of the Coddes or Stones that be swolne pained. The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne the third face of Aquarie then ascending or rising with Saturne, and for the Gowte, the scale of Pisces, and also for the helping or bettering of memory they made a Ring of pure gold: wherein was closed a Diamond vnder the Coniunction of Saturne and Iupiter in Aries. Hermes.

44

Egidius Herthoge writes a strange maruell of a woman which carried a dead child in her womb thirteen years, which was perceiued of many, that hãoled her belly: but he writs not what successe she had therewith: for whiles he wrot the same the woman was well, & did her businesse with her husband abroad & also at home.

45

Vrine drunke with water or wine, doth cause a woman to be easely and speedily deliuered, yea, though the childe be dead, or if it be turned contrary to a right course: also it brings forth the after burthen: the like effect hath Penicyall, as some affirmes. And it hath beene proued as saith Mizaldus.

46

Pigions do so loue the Castrell that if one close young Castrels in a pot, and stop and couer the same close, & shall hang them in foure corners of the Doue house, it will procure such a loue to the Pigions of that place, that for the desire of them being so inclosed in the said pots, they will neuer change that place, so much that they loue the Castrels their friends after their death. Collumella reports this as Mizaldus affirmes.

47

The West leafe laid on the crowne of the head, draweth vp the Vuula, or the flap in the throat. M. Cato by the report of Mizaldus.

48

If a pece of fine gold, or leaues of pure gold be put into the iuyce of Lemmons, & taken out of it after it haue leine therein a whole day, & the same iuice then giuen to one that is sicke of the Plague, with a little Wine, and the poudes of the rote of

A Medicine for the Plague.

of Angelica, or of the decoction of the same root: it is maruell to be tolde what help it brings them, yea, though they be past all hope, or thought past recouery. This Mizaldus writes as proued.

49

If a man be the first that a woman mætes after she comes out of the Church, when she is newly Churched, it signifies that her next child will be a boy, If she mæte a woman, then wench is like to be her next child. This was credibly reported a to me to be true. But praise it as it proues.

50

To helpe a Fellon. A little bay Salt stamped small, mixt with the yolke of an egge and applyed to a Fellon, & so vsed diuers times, doth not only perfectly heale the same with speed, but also it drawes out all the paine of the arme, and ceases the swelling thereof, if any such be by the means of the same. This is perfectly proued.

51

Children are not alwaies like vnto their Parents, as it may appeare in Helides, which did beget a Daughter of an Ethiopian, which Daughter was not of the colour of her mother: but after the said Daughter had a Sonne, which was blacke and like to his Grandmother. So Niceus the Poet did degenerate in colour from his Father and his Mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspects their wiues when they bring forth children vnlike to either of them: for it happens many times that the child is like to the Grandfather, or Great-grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Toade stone called Crapandina, touching any part venomed, hurt or stung with Rat, Spider, Waspe, or any other venemous beast, ceases the paine or swelling therof, Lemnius.

53

To kill Lice. The iuyce of Worme mixt with the oyle of Radish or of Mustard, is a very safe remedy for the killing or destroying of Lice.

54

If a woman annoint often her Dugges or Pappes with the iuyce of Succory, it will make them little, round, and hard. For if they be hanging or bagging, it wil draw them together, whereby

whereby they shall seeme as the bugges of a maide. Mizaldus.

55

If you shall enclose within a peece of thin silke, Galbanum made soft, and shall lay it to the mouth of the Matrix all a night, (the head of that woman having then no foule or stinking cloathes vpon it, but onely couered with a Caule, and a cleane or thin Kirchiefe, without any kind of odors) in the morning when the same are losed from her head, if the crowne of her head smell of Galbanum, it is a sure token that the woman is apt to haue children. Hypocrates.

56

If a stone called an Hemetist, wherein a man is graued with bended knees, girded about with a Serpent, holding the serpents head in his right hand, & his taile in the left hand, be set in a gold ring, with one leafe of an hearb called Dragons put vnder the said stone, it doth make the bearer thereof safe from all poyson and plague. Hollerius a notable Phisition writes it.

57

The fasting spettle of a whole & sound person, doth quite take away all scruuines, sawsflame or rednes of the face, ringworms, Tetters, & all kind of Pustules or wheales, by smering or rubbing the infected place therewith. And likewise it cleane puts away therby all painful swellings by the meanes of any venemous thing: As Hornets, Spiders, Toades, and such like. Mizal. A great vertue of fasting spettle.

58

New Cheese wrapt or folded in the dry leaues of Dragons, preserues the same from being mowldy, or from putrifying. Gallen and Plinie.

59

It is certainely and constantly affirmed, that on Midsomer eue, that is, the day before the Natiuity of Saint Iohn Baptist, there is found vnder the rote of Mugwort a coale, which preserues or keepes them safe from the plague, Carbuncle, Lightning, the Quartaine Ague, and from burning, that beares the same about them. And Mizaldus the writer hereof saith, that he doth heare that it is to be found the same day vnder the rot of Planten. Which I know to be of a truth, for I haue found them the same day vnder the rot of Planten. Which is especially and chiefely to be found at noone.

60

The drosse, or that that is left after the passing out of the oyle of Linseed, is meruellous profitable for the feeding of beasts: & if you shall let a handfull or two thereof ley a while in raine water, & therewith wash your hands, it will not only amend the spots or other deformity of the skin: but also you shall thereby perceiue that the same & other members, if they be likewise washt therewith, will be made much faire & more cleane. Mizaldus.

61

All things that comes out of the earth will swimme vpon quicksiluer, though they be heauy, except gold: & gold though neuer so little, will sincke into it and be swallowed thereof, & his colour will be turned into siluer, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out. And the quicksiluer, through the fire will be resolued in a smoake, with a perrillous smell. Mizaldus.

62

Salt finely stamped and mixed with fasting spettle laid on a fillet (and applyed certaine times) to the place where superfluous haire is, doth cause that haire will grow there no more. A thing certainely proued. Pigeons dung doth worke the like effect applyed in such sorte.

63

Against the cough or hart nesse

Aqua vitæ mixt with white sugar candy finely powdred, so that it be not too thicke thereof, but indifferent, & a spoonfull therof taken last at night for the space of three or foure nights, doth presently help the Cough & hoarsenesse, and breakes the fleame marueilously, this is a tryed thing. The like effect hath the pouder of the root of Enula campana mixt with the pouder of Liquorice and of white Sugar candy, if it be often vsed and eaten a spoonfull at one time. Which I haue often proued.

64

They are like to be Gowty, or to haue the Sciatica, or paines in the ioints in whose Natiuity Saturne or Mars is in the first house, or in the twelfth house infortunating the Lord of the first house: especially, if the signe of the first house be Capricorne, Aquarie or Pisces. Iatromath. Guat. Ryff.

Whosoeuer

65

Whosoeuer haue their feet smell strongly, if they put the scales of Iron, in their shoes wherin they vse to goe, it takes cleane away the euill smell thereof. George Fabricius.

66

You shall stay the bleeding of the nose, if you write with the same blood in the forhead of the party that bleeds, these words, following. Consumatum est. A thing proued with many. Miz. To stay bleeding at the nose.

67

If boyes or young men do vse milke and exercise from the cradle, they are thereby more higher or taller of body, and of more comely and beautifull stature. Mizaldus.

68

The pouder of the teeth of a Woze mixte with the oyle of linseed, doth presently cure the Squinancie, (which is a paine or swelling in the throate) if the grieued place be touched with the end of a feather or pen, smeared with the same mixture. Mizaldus. To cure the Squinancie.

69

The outward part of the Nettle, doth sting, prickle, or burne, but the inward part (being the iuice) annointed on the arters, doth mitigate and amend the feauerly heat of the heart. Auicena, & Arnold de villa noua.

70

If the corners of the eyes be annointed with an ointment of Saffron, if after the spittle doth sauer thereof, the partie is not barren: but apt to haue Children. Plinie.

71

A Medicine made of a little Honey and of a coale made of a Vine which neuer bare Grapes, if the teeth be often rubbed therewith, doth so cleanse them, and make them so white, that they will be iudged to be of Iuorie. To make teeth white.

72

The blood of a white Hen, smeared on a freckled or a spotted face, & thereon suffered to dry, and afterward wiped away, clearely takes away al spots from the same. Mizaldus had this of a certaine Italian.

73

Cantharides wrapt in a Spiders webbe, & hanged ouer one that hath the Quartaine Ague, it is said it cures or deliuers him To helpe a Quartaine Ague.

him or her thereof perfectly. Mizaldus.

74

For the Colicke. The decoction of Pollioche, with Honey and Butter being drunke, doth meruellously ease the paine of the Colicke and of the backe. I haue proued this to be very excellent and true.

75

A plaister made of the pouder of burned Swallowes, and of their nest, doth helpe effectually the swelling of the throat, or the Squinancie. 76

If the pizell of a Bull that is all red, be made in pouder, & a dram thereof (that is the weight of iiij. barly cornes) be giuen to a woman in a draught of wine, it will make her loth to haue to doe with a man. (As Basis writes.) And the same pouder giuen in meete medicines to a man, doth contrary stirre and make him lust therein. Marcellus Empericus.

77

If dogs chance to find a cats skin, they will rub and roule themselues vpon it. And they will doe so likewise where it is buried: they delight so much of the thing dead, which they hated aliue. Cardanus. 78

You shall know good and pure Azure, from sofisticate and naughtie Azure, if some of it be laid vpon a hote burning yron, and if then it will not be burned, neither any little stone is found therein, then it is pure and perfect. Mizaldus had this out of an old written booke.

79

The white of an egge well & long beaten mixt with quicke Lime, will ioyne surely broken Glasses, and broken earthen Cups, and will make them hold fast and surely together. But it would be the better if a little of very old Cheese be well mixt therewith. This is very true, and proued.

80

Planten is iudged by Hermes, to be the herbe of Mars, and therfore good against the deseases & paines of the head because that the signe of Aries, which is one of the houses of Mars, doth gouerne the head. And also Planten is very good against the griefe and diseases of the stones, and the Vlcers of the bladder; and also Gonorrha passio, and Hemerods, because Scorpio

the

the other house of Mars, doth rule that part of the bodye. Like iudgements may be had of other hearbs of the Planets. Mizaldus.

81

If the right knee of a Bull be very streite tyed, he cannot bull a Cow, although before his eyes she allure him thereto with her mooing. Mizaldus.

82

If a married man be let or hindred through Inchantment, Sorcerie or Witchcraft, from the acte of generation, let him make water through his mariage Ring, and he shall be loosed from the same, and their doings shall haue no further power in him. Guil. Varignana, and Arnoldus de villa noua affirmes the same.

83

For the cramp.

Who so vse to rubbe their fingers betweene their toes of their feet when they goe to bed, especially, when they smell mosse, and then to smell the same at their nose: it is a perfect remedy to put away the cramp. This was affirmed to me as a tried thing.

84

A candle burning, holden or put to a house or place wherein a peece of Salpeeter is put, the said candle will soddenly be blowne out. And the same candle immediatly put to another place wherein is Brimstone, will be light & burne againe, to the great meruell of them that stands by, if they be ignorant of the secret. Mizaldus. But the snuffe of the candle must not be cleane out.

85

That writings shall not burne in the fire, take very strong Vineger, and the whites of egges and put them together and put thereto Quicksiluer, mixing & stirring the Quicksiluer well therein, and with the same mixture annoint Paper three times and after euery time, dry the same well: and after that write what ye list on the same paper, & then cast the same writing into the fire it will not burne. This Mizaldus had out of an old booke.

86

Cut or breake a white loafe in the mids when it comes hote out of the Ouen, and lay it to the eare of such as haue any quicke thing in their head, and it will bring it out, shifting it still with hot bread, vntill all the quicke things be come forth. This is proued to be true.

87

For the Crampe. The little bone in the knee ioint of the hinder legge of an Hare doth presently help the Cramp, if you touch the greeued place therewith. Often proued.

88

A little peece of the tung of a Fox, being moistened & made soste in Vinegar, (if it be drie) draweth out a thorne or any other thing deep in the flesh, if it be laid vpon the place where it is. It is an excellent and true thing.

89

When the signe of the first house is Libra, and Mars in the same house it signifies griefe and paines of the eye. Iatromathematica. Guat. Ryff.

90

Iulius Viator a Knight of Rome, (Plinie being the Author) who in his childhood had the Dropsie, therefore then forbidden of the Phisitions to vse moist things, did so ouercome Nature, through continuance or long vse, that all the time of his life after he liued without drinking any thing.

91

To stanch Blood. The three cornerd stone of a Corpe, which is to be found in the hinder part of the head, nie vnto the neck, beaten small, & blowne into the nose, doth stay the bleeding of the nose, by his binding faculty: which may be perceiued by the tasting thereof. This hath beene proued, and I know it to be true. Mizaldus.

92

The head of a Cat that is all blacke, burned in a new pot, & fine ashes or powder made thereof, & some of the same thrice euery day, blowne out of a quill into the eye that hath either web or pearle, or any other euil or griefe in the same, is a meete excellent helpe & remedy therefore. But if the party feele any burning in his or her eye (especially in the night) let three or foure Oaken leaues steeped or moistened in water, be laid together vpon the sore or grieued eye, and let the same be afterward turned and laid on againe. The Author of this secret, saith: that the sight is restored with this remedy, after a whole yeares blindnesse. This was told to Mizaldus.

That

93

That Salt will helpe fecundity, or make women more apt to bring forth Children, It may be an argument because of the great number of Mise and Rats that are wont to breed in Ships of the Sea. And because women that are louers of Salt and salt meats, are more prone, and haue more children. Lemnius.

94

Asses that are much cumbred with melancholy, doe gladly eate Citterach, or Scaleferne that they may mend & helpe the diseases of the Splene: Gold finches Eibright, & Vipers Fennel, for the mending of their sight. So Goates by a certaine property of nature, doe hate or cannot abide mans spettle, nor they will eate any thing vnto of man hath first tasted. But the nature of Lyzards is contrary: for they licke vp the same greedily. Plinus Theophrast.

95

Annibal made a passage for him and his Souldiers through the hard rocks of the Alpes to passe into Italy. For by heating & burning the stones with fire, & sprinckling Vinegar thereon, he made them so softe, that they might fall easily in peces, & that they might be sooner broken a sunder. Titus Linius. Plutarchus.

96

Here followes an excellent remedy for all wounds & easie to be made. Take greke Pitch, Brimstone, & white Olibanum, which is a kind of Frankencense, of all a like quãtity: let them be stamped & mixt with the whites of Egges, then (the wound being first washt, and the lippes thereof well ioyned together) lay the same mixture on a linnen cloath, and apply it to the wound & tye the same fast on with cloathes, or broad bands: and let it lye so certaine daies vnremoued, proued saith Mizal.

97

White Lillies will wax red, as Florentinus hath taught: if warily & diligently you open the clifts of the roots, and fill the same with any red colour: & so then set the same in a fat dunged earth. Mizaldus.

98

Women that vse to lye and slæp on their right side, seldom or neuer bring forth any wenches. Rasis writes this.

99

Whosoeuer is annointed for the Neapolitane disease (some-

(commonly called the French-pox) if he hold in his mouth a Ring of gold, or else another peece of gold, & rowles the same about his mouth with his tongue, the Quicksilver that is in his body by the meanes of the ointment, is drawne of the said gold, & is so wrapt about the said ring or gold, that when the same is taken out of his mouth, it shall seeme as though it were all silver. And the same Ring or other gold will not be restored to his former brightnesse or colour, except it be put into the fire. Lemnius.

Snailes without their shels, or otherwise with their shels stamped and mixed sometimes with Chessep or rennet, doe draw out thornes, or any other thing out of the flesh though never so deepe, if they be applyed to the place. And also being laid to the belly of them that haue the dropsie, they suck out the water. But the same must not be losed from the belly, vntill all the humours or water be sweate forth or else the same plaster of Snailes doth fall away of himselfe. Iacob Hollerius.

The end of the first Booke.

The second Booke of Notable things.

1

When the Mone is in Coniunction with the Sunne, or in any euill aspect with him, and in any Angle, and beholden of euill Planets with an euill aspect, in any bodies natiuity. It signifies that the child then borne, shall haue inseparable diseases or griefes in the eyes. Iatromath. Guat. H. Ryff. Argent.

2

It is manifest by experience, that the seauenth Male child by iust order (neuer a Girle or Wench being borne between,) doth heale onely with touching (through a naturall gift,) the Kings Euill: which is a speciall gift of God, giuen to Kinges or Queenes. As daily experience doth witnesse.

Erastratus

3

Erastratus a Phisition, did perceiue by the fæling of the pulse, that Antiochus the sonne of King Seloucus, did so pine for the loue of Stratonices his mother in law, that vnlesse hee might haue his desire, with the good will and pardon of his Father, he would die. These are the Autors thereof, Valerius Maximus, and Galenus. Which also by the like, did knowe that Iusta the Wife of Boetius, a Counsellor of Rome, did languish for the loue of one Pilas dauncing in the Theater. Mizaldus.

4

Celendine with the hart of a Mont or a Mouldwarp, laid vnder the head of one that is greeuously sicke, if he be in danger of death, immediatly he will cry with a loude voyce, or sing: if not, he will weepe. Mizaldus.

5

The iuice of Henbane, mixt whith the blood of an Hare, & sod within the skinne of a Hare, it is said that all the Hares will gather to gether, which be within that trace where it is buried. As the Matrix of a Bitch will gather Dogges together. This was affirmed for trueth to Mizaldus.

6

Many women with child of the sodaine or vnlooked for, meeting, or sodaine seeing of an Hare, or for the desire or longing to eate of the same: do bring forth Children with a cloven ouer lip, and forked wise called an Hare lippe. Daily experience confirmes it. Mizaldus.

7

That disease or sickues will be great which takes one when the Mone is in that signe, wherein an euill Planet was in the time of his birth, either in a quartile or opposite aspect: and if an euill Planet doth then behold her, it will be very perillous. But then if the Mone be in a place where a good Planet was in the time of the birth, that sickues wil be without any danger. Hermes Trismegistus, Ptolomeus, and Claudius Galenus, Authors.

8

An Egge layd in strong Vineger, three dayes or a little longer: it makes the shel therof so tender and soft, that one may

draw it through a Ring. Cast the same into warme water, and let it lye therein, and it will be hard againe. Mizaldus.

9

A flint stone lying in Vineger the space of seauen dayes: may be resolued into powder by rubbing betweene the fingers. Therefore it is no marualle though Anniball did dissolue the stones of the Alpes with Vineger. Mizaldus.

10

Water wherein the leaues and séedes of Hempe is sodden: béing cast or sprinkled on the earth will make the wormes to come out of the ground if any be there. Mizaldus.

11

Take the oyle of Tartar, made of the Lées of excellent wine, it doth take the spots from yron, the yron being cleansed from all rustinesse, and doth make him of an excellent brightnesse if the yron be rubbed therewith. Mizaldus.

12

For the Gout. The roote of Henbane stamped, and applyed warme to the paine of the Colyte of the féete or Siatica. It is said that it helps marueilously, because the hearbe belongs to Iupiter, which is onely Lord of Sagitarie, which gouernes the huckle-bone And of Pisces which challengeth the féete. Mizaldus. had this out of an olde booke of secrets.

13

To keep Ink from freezing If some droppes of Aqua vitæ, be mixt with writing inke, the same inke will neuer be frozen. proued.

14

Whosoeuer is apt to any thing: hath certainly that Starre or Planet, by whome that thing is signified verye strong in his birth. Mizaldus. As thus for example (I may saye by the way.) He that is apt to martiall feates, or Warlike affayres, hath vndoubtedlye Mars strong in his birth. And whosoeuer is apt or enclined to planting, drawing, writing, syphoring, or to the Science of Arithmeticke, or to any wittye or notable inuentions, without all doubt hath Mercurie very strong in his birth. Which by daylye proofe is infallible. And so you may knowe of the rest.

The

15

The wood of the Sicamore tree, is neuer dry in the Ayre or hye ground, and in the bankes of Riuers, and where waters run ouer, it dryes very quickly. Mizaldus.

16

The soles of the feete anointed with the fat of a Dormouse doth procure sleepe. As Aetius doth say.

17

They will haue paines in the stomack, or be weak stomackt, in whose Natiuities, Mars and Saturne are in the first house: or in the twelfth house, infortunating the Moone, or the Lord of the Ascendent: especially if the signe of the first house be Cancer, Iatromath. Guat. Ryff.

18

This following is an excellent remedy for them that bee broken bellyed or burssen. Take nine red Snayles, and put them betweene two Tyle stones, so that they slide not away, and dry them in an Ouen, so that you make them in powder: then giue to the diseased the powder of one of them in white wine euery other day in the morning, til all be done, which will be in eighteen dayes. The party must take it fasting, and neither eate nor drinke of two houres after. And if the disease bee so long rooted that these nine times will not suffice: then begin immediately againe with other nine Snayles, and do as before is declared in all pointes. I had this out of an olde Booke wherein was many Secrets, and I heard one affirme it to bee a true and tryed thing.

19

Hempe seede giuen to Hennes in winter, will make them lay Egges apace. Candanus. To make Hennes lay.

20

The Dyle of Tartar, doth take away cleane al spots, freckles, and filthy wheales, of the face, chin or forehead, with his cleansing strength. This is proued.

21

When thou wilte driue a waye Flyes from anye place, that there shall none bee seene there againe, make the image of a Flye in the stone of a Ring: or as my booke saith Mizaldus, in a plate of Brasse or Copper, or of Tinne, make the image of a

Flye, of a Spyder, or of a Serpent, the second face of Pisces, then ascending. And whiles you are making a grauing of them, say: This is the image which doth clean rid all Flyes for euer. Then bury the same in the mist of the house, or hang it in anie place of the house, (but if thou hast foure such plates, and burie or hang them in foure corners of the house, or hide them within the walles, that no body take them away, it were farre better.) But this laying of them must be when the first face of Taurus doth ascend. And so no Fly will come in there, nor tarry there. Ptolomie saith, that he saw the triall hereof in the house of King Adebarus: who was very wise, and was maruailous expert in naturall Magicke, in whose Palace or Place, there was neither Flye nor any other hurting worme. And that I might search it out sayth he: I brought in thither lyue Flyes, which presently died. Mizaldus.

22

Sixe or seauen whites of egs put into troubled or thicke Wine, and the same being wel moued and stirred with a sticke makes the Wine fayre and cleere.

23

It is dangerous to stricke: especially, to cut that part of the body, when the Mone is in that signe that governs the same: as daily experience sheweth by many, and a thing curry where feared and doubted, through the daugers that followes thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne: the Mone in Gemini, died without any remedy thereof. And I knew a tall man and a stoute, that in fighting had a little cut with a sword vnder the ancle, as it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, hee dyed within halfe an houre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Mone and other Celestiall bodies: haue maruailous power in our earthlie bodyes. As in this Booke and in diuers and many places, the same is manifest.

24

If a Rat, Mouse, or Wesell, or any other thing, sodenlie leap or fal on the body of a woman with child: or els any Theries

or a cluster of Grapes, or other thing whatsoeuer chance to fall or hit any part of her body, by and by it haps that the childe is marked with some speciall noat or marke on that part, whereon they did fall or hit: (except happily the woman on whose body the same did chance,) wipe whith her hand sodainly the part or member therwith touched, & lay her said hand on some other part further of. Lemnius. There are fewe women but knowe this to be true, and many haue found it too true. As two or three strange examples in this booke doe shew most wonderfully.

25

Burning water called Aqua vitæ, is of a meruailous force, in preseruing of things and kéeping them from putrifying. For flesh or meates whatsoeuer moystened therewith, will be safe from corruption and wormes.

26

If young beastes eate of the leaues of an Iuie tree, they die. But if they that chalue the cudde doe eate thereof, they feele no harme. This is the opinion of Theophrastus. But Plinie doth ascribe it to the Ashtree. But the likelihood and nerenes of the words might deceiue him. For the Ashtree in the Greeke tongue is, Milean, and the Iuie tree is Millon. Mizaldus.

27

A maruaileus matter, and a thing worthy to be remembred is written by Aelinus, that a great mighty Wolfe did come to a schoole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracusa. Whereat the sayd childe Gelon, rising from his seat, did diligently and sharply without any fear follow the said wilde beast, earnestly to plucke the sayde Tables from his mouth. But after that Gelon was out of the schoole, the saue with a sodaine ruine fell vpon the rest of the schollers, and killed, & oppprest with the Schoolemaster, aboue a hundreth boyes. Onely Gelon by Gods prouidence, of all his fellowes remayning aliue. And because hée was not killed of the Wolfe, but rather reserued, it cannot be without great admirations, partly foreshewing his kingdom and rule, and partly that he was preserued from so imminent a perill.

28

Whosoeuer will preserue Chesnuttes, and keepe them safe and sound, let them lay and mixe them with Walnuts: for they will drinke vp and consume such humors whereby they corrupt. And they will not suffer them to waxe mowldy. Mizaldus.

29

Knotgrasse is thought to be the hearb of the Sunne, wherupon it helpes greatly all the diseases of the heart, and the mouth of the stomacke. Whereof Leo the Lyon is gouernour, which is the house of the Sunne. And it is very good against the great greefes of the backe, the Stone and the Collicke, by drinking of it, or by infection. It was affirmed to Mizaldus, that it was found true by experience.

30

A hearbe called Houndstonge, ioyned with the Matrix of a Bytch, beeing so tyed to the necke of a Dogge, that he can not get it awaye: you shall see him turne about so long, that he will fall downe and seeme to be halfe dead. Albertus.

31

When the Scithians were constrayned to sustayne hunger for any certaine matter or vrgent cause: they girded in their bellyes with broad bands that no emptynes left in theyr belly or guttes, their hunger might the lesse greeue them. For throughe the hard binding in of the belly, hunger is the more tolerable. Wherupon it is seene that they that eate much, do lose or vnbutton their doublets, and lose their garters. Phauorinus.

32

The Elephant seeing a Ram is by and by tame, and leaues his fiercenes. With which policy the Romanes caused the Elephants of King Pirrhus to returne and goe backward. And so the Romanes obtained a worthy victory. Mizaldus.

33

The paring of an Apple cut something thicke, the inside whereof laide to hote burning or running eyes, at night when the partye goes to bed, and tyde or bound to the same, doth help, the same very spedily, and contrary to expectation. An excellent secret.

34

A certaine Priest hauing a louing Dogge, was killed for his mony, and thrown among bushes or some other priuy place. Which dog so mourned for his said Master, that he would not depart from him, but howled: so that the deade body was found. Which dead body was brought afore certain men to be viewed, to which place diuers people resorted. Amongst whom the murtherer must nedes shewe himselfe (lamenting outwardlye the matter, with the rest of the standers by, as though hee had beene as guiltelesse as the best,) whom when the sayde Dog perceiued: he barkt and did runne at him fiercely, and by no meanes would leaue his barking, howling and running at him. And following after him, and at none other: shewing (in his maner) that that was he that killed his Master. Whereupon being suspected he was examined, who forthwith confessed his wicked fact: and therefore was executed Saint Austine affirmes this, as I do remember.

35

If both the lights, (that is to say, the Sunne and the Moone) bee in the first house infortunate, they that be then borne without doubt will be blinde. And if but one of them be there and infortunate: then the childe will be blinde but of one eye. And likewise it will be, if either the said lightes be Lord of the first house infortunate. And vniuersally, their eyes cannot escape great hurt, in whose Natiuity the said lightes are impedite. Iatro.

36

This followinge will presentlye ease the paynes of the Gowt, Fry out the grace of Shoomakers spetches, or peces of Leather: and lay some of it vpon a browne paper, warming it a little at the fire: then apply the same to the greefe, and it will take away the paines in one night. I had this of them that haue proued it often to be true. To ease the Gout.

37

If Sheepe chaunce to eate of an hearbe called Knotgrasse, it will make their bellyes swell: and they will auoid out of their mouthes a thinne stinking froth, therefore they must be let blood vnder the tayle next to the buttocke. Columella.

38

There is many ow things in their sleepe, that they that bee awake vse to ow. For they will walke about the house and

Chamber

Chamber, and will goe to other folkes beddes, and dare do any thing without feare. Whereof there are many dayly examples. But one among all the reſt, (which was credibly tolde me) was marueilous ſtrange, & almoſt incredible. Which was: that two men lying in bed together, the one of them being faſt aſleep, toke the keys and vnlocked the doores, and the gate of the houſe, and ſo toke his Bowe & Arrowes, and went to a wood or Chaſe about a myle from thence, and killed a Bucke or a Doe, and then did couer and hide the ſame in the Wood: and then came home againe, vnlocking and locking the gates & doores againe and layd the keyes where he had them, and ſo went to bed. The other man that lay with him being awake, followed him & did ſee all that he did. But he would not goe to bed, but ſtayde a while in another place, to ſee the ende thereof. And as ſoone as the other was in his Bed, he toke his Dagger, ſtabbing and thruſting therewith in the Bed, where the other man did lye, and by and by after awaking, ſayde: alas what haue I done, I haue killed him. The other anſwered, nay, I am not kild yet, thankes be to God. Then ſaide he: for I was a dreamed that I killed a Bucke in ſuch a place, and that thou didſt ſee me where I did kil him, & hide him: & thing thou would'ſt bewray me I thought to kill thee. But I am glad ſaid he, that it was but a Dreame. Then the other ſaide, if it were a Dreame thy Dreame is thē true. For thou haſt perfourmed all thy Dreame, except the killing of me, which he would not beleeue vntill the next day: when he that lay with him arried him to the place where he himſelfe tolde that he did hide the ſaid Buck. Where indeede they found the Buck killed as he before told in his Dreame. A marueilous matter if it were true.

39

The Greekes and Romanes did keepe Snowe till Summer in Caues of the earth, couered with Oken bowes or chaffe. Which made Saint Auſtine ſay: who gaue Chaffe ſuch a cold ſtrength to keepe and preſerue Snowe, or ſuch a hot ſtrength, to heate and ripen vnripe Apples.

40

Wine will bee pleaſant in taſte and in ſauour and colour: it will much pleaſe thee, if an Orenge, or a Lymon (ſtucke

round about with Cloaues) bee hanged within the vessell that it touch not the Wine. And so the Wine will bee preserued from soilstines and euill sauor. Mizaldus.

41

They will haue paines or diseases in their Liuer, in whose natiuitie Iupiter is Lord of the first house, being euill aspected of an infortunate planet. Iatromath.

42

If shel Snayles be rosted and dryed at the fire or in an Ouen, and made in powder: and a spoonefull thereof drunke in Ale at one time and so taken nine or ten dayes together: it doth perfectly helpe and cure the black Iaundies, Proued.

43

If you stamp earth wormes, and then strain them through cloth, and then put to the same as much of the oyle of Raidish a roter, and betweene the beating or framing of swords, knines, or Daggers, when they be hotte: you doo quench them twise or thrise therein, the same shall cut Iron after, as though it were Lead. This Mizaldus had of a Phisition that was cunning in that Arte.

44

Stinking and corrupt Wine wil be marueilously mended, if according to the bignes of the vessell, a sufficient quantity of cleane Wheate in a bagge be hanged in the sayde vessell, and after bee taken out of the same. For whatsoeuer is vncleane, or naught in the Wine, the Wheate will draw the same to it, and so will leaue the Wine pure and cleare. Pistorius.

45

The vttermost or last ioynt of the tayle of a young whelpe, after he is forty dayes old, being writhen off: the same Dogge will neuer be madde. Besides that his tayle will be thereby of a comely length. Mizaldus.

46

If you bore holes in Bay berries, and put into euery hole the seedes of Artichokes, and wrappe them with dung: and soput them into the earth, thou shalt haue so sweete and pleasant smelling Artichokes: that nothing can be of a more sweet & pleasant smell. Varro. the same will ill happen, if you do steepe seedes three daies in sweete smelling water. Mizaldus.

46

For a sick. Butter, Aqua vitæ, and Beasts gall, of each a like quantity mixt together. And any ache or sick annointed therewith somethyng hot, every morning, and euening, for seuen or eight, daies doth perfectly helpe the same. Proued.

48

All Wheate that is sowne in continuall moyst grounde, after the third sowing, will become the purest Wheate: make the finest and best bread that can be made. Columella.

49

Galen saith, that he knewe certaine men in his time, that gaue the pouder of mans bones burned, to them that had the falling sickenesse: they not knowing of it, least their minde should stand against the medicine, and many was cured with the same. Gesuerus hath proued it with the scull.

50

If the little Worme vnder a Whelpes toung, (commonly called the grædy worme) be taken away, it kæpes the same safe after from being mad: and he will not be giuen somuch to barking after. And also it is thought they will not be giuen to grædines after.

51

If you prick the head of a Locke, with a Rœde or a sick sharped, and put within the same, the sœdes of Nape, or of Cucumbers, the saide Lockes head will so swell: that it will seeme monstrous.

52

Æetites, called the Eagles stone, tyed to the left arme or side: it brings this benefit to Women with Childe, that they shall not be deliuered before their time. Besides that, it brings loue betweene the Man and the wife. And if a woman haue a painefull trauaille in the birth of her Childe, this Stone tyed to her thigh, brings an easie and light birth: but you must take it away quickly after the birth. The same Stone as the Caldeans report, if it bee mixt with meates enuenomed: it forbids or lets that the same meat be swallowed downe. Euax. & Alb.

53

The people of Astomores (as Plinie reports) haue no mouth: and are cladde with a woolly mosse growing in India, and liue onely with smelling of Odours at their Nose of Rootes, and

of

of flowers, and Apples that grow in the woods: which they carry with them in their long iournies to sustain and nourish them withall. lest they should want thereof to smell.

54

The powder of Stone Pitch, drunke in small drinke once euery day, for the space of foure or fiue dayes: is a very good remedy for them that are bruised through falling, or otherwaies. For a Bruise.

55

When the sunne is in the day time, and the Moone in the night, in a Natiuity is corporally coniunct with any euill Planet: the Childe that is then borne will be blinde. And if this be in an Angle, or if the Lord of the Ascendent be with them then they will be blind in their youth. And if the said light so infortunate be not in an Angle, nor with the Lord of the Ascendēt, then they will be blind in their age. Iatromath. Guat Ryff.

56

Three Nayles made in the vigill of the Natiuity of Saint Iohn Baptist, called Midsomer Eue, and driuen in so deep, that they cannot be seene, in the place where the party doth fall that hath the falling sickines, and naming the saide parties name while it is doing: do driue awaye the disease quite. Which Mizaldus writes of the reporte of one that proued it.

57

If you will presently turne Wine into Vineger, cast therein Salt with Pepper, mixt with sowre leuen and it wil perfume it quickly. Mizaldus.

58

The roote of Vernaine hanged at the necke of such as haue the Kings Euill: it brings a marueilous and an vnhoped help. Which is Venus hearbe, that hath power of the neck: because of Taurus the Bull, being her house. Mizaldus.

59

Whosoeuer falles sicke in that yeare wherein there is an Eclipse, and the Significers of the saide Eclipse bee in the Ascendant of the Natiuitye of him that so falles sicke, or in the Ascendent of his Reuolution, or in the place of his Hileeh, or of the Significer of his life. That disease then taken, will be very perilous and deadly. Mizaldus.

60

Geese, Duckes, and other water Fowles, helpe their diseases with wall Sage, Hennes with Withwind, Geese with Haritch, the Cranes with Squinant, the Panther with mans dung the Bores with Iuy, the Hartes with Arthechokes, the dogs with grasse. Also Plinie sayth: that the smell of Crabbes will kill Bees, especially: if one seethe them nye vnto their Hiues. For they abhorre stinking smelles. Therefore they followe them fiercely that smell of stinking smelles.

61

To kil worms in Children.

If Children eate Raisins fasting, that haue wormes without any other meate, it will kill and auoide the wormes. For as bitter things are noysome vnto them: euen so is sweete things. For with the oft eating of sweet things, it makes them to swell and burst.

62

If the tender hornes of young Buckes, that is couered with a thin hairy Skinne, be cut in peeces, and then put into a newe potte well couered, and set in an Ouen or other place that is hot wherby the same may be made into pouder, & some of the same giuen with Pepper and Myrrhe, to them that are tormented with the Collicke, in good wine: it will helpe them marueloufly of the same disease. Scribonius Largus.

63

Pellitory of the wall stamped, and so layde to the Coddes, and vnder the Nauell. And so vsed foure or fiue times helpes the Collicke and the paines of the Bladder and Coddes. A thing often proued.

64

They will be diseased in the Splene, in whose Natiuity the Moone is Lady of the first house, beeing Infortunate of Saturne. Or if the Lord of the Ascendent bee infortunate in the seuenth house: or if Saturne bee Lorde of the Ascendent, and infortunate of Mars: or if Saturne bee infortunate by any meanes vnder the earth. Iatromath. Guat. Ryff.

65

Goordes, Peares, Apples, Quinces, Cytrons, Wardens or such like fruite: whereon you desire to haue some prettie, or other forme on the out side. If when they haue cast the flowers.

and

and begins to haue any forme or proportion: enclose them with in some wood, or other thing of stone, or of any other thing, and within of what forme you list: and tye the same fast about the said fruite. But make not the said instrument on the inside bigger, then the fruit will be within it. And when you thinke that the fruite is full ripe: take the same with the fruit in it from the tree, and the fruit will be of that fashion and forme as you desire. Mizaldus.

66

It is sayd that Alphons King of Castile, gaue to certayne Mathematicians a hundreth thousand peeces of golde: which were called or sent for out of Araby, Affricke, or other places for the making & framing of the Astronomicall Tables (which shewes the continuall course and place of the Starres and Planets) which worke is to be had euery where through his great liberality, to his perpetuall praise.

67

Galbanum made softer, and spred vpon a linnen cloth, and so applyed and layde vpon a plague sore: if the disease be curable, it wil so stick & cleane to the same, that it cannot be pluckt away: vnlesse it bring away the roote of the sore with it. But if the disease be incurable, it will not cleaue. Arnold de villa noua.

68

The little Sparrow hath a strength and vertue worthy of great maruaile. For if the Sparrow be condite or well powdred with salt and eaten raw, it doth expell and driue forth the stone by the vrine, and cures the disease so perfectly: that the same shall neuer breede againe: The Sparowes maye be condite very wel, if when their fathers be pluckt off: that then they be powdred and couered well with salt, and so dryed and eaten: if you haue many Sparrowes, they maye be sodden as other birdes be. And also they may be burned in a pot close couered with the feathers and all: and the powder of one of them so burned with a little pepper and Sinamon, may be giuen to them that are greeued with the Stone. There be which condite them (their feathers beeing pluckt off aliue) with Salt, which is better. Some do eate them roasted whole, so that they cast nothing away of them but their feathers. They that will know more hereof: let them take counsaile of Aetius and Paulus Egeneta, Mizaldus.

69

To make ones hands white.

If any will make their hands white, let them mixe the dung of Sparowes in warme water, and wash them therewith: or let them seethe the rootes of Nettles in that water, and therewith wash their hands.

70

Æliqus writes, that the quilles or pennes of an Eagle, mixt with the quilles or pennes of other Fowles or Birdes, doth consume or waste them with their odour, smell or ayre.

71

To help the rednes of the face.

The rootes of Lillies sodden in water, doth take away the rednesse of the face: if certaine mornings and euenings, the same be washt and rubbed therewith. This hath bene often proued.

72

Beastes that bee stubborne or wilde, and also Horses, that will wince or kick, or otherwise be vnruly: will suffer themselues to be dressed, or els to be shod. If you put into one of their eares a little round Flint stone, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you shall haue them as milde as a Sheepe. Mizaldus had this as proued, of one of the king of Nauarres Stable.

73

Any stones will easily be made soft, if you lay them al night in the hot blood of an Oxe, the fat of a weather and strong Vineger mixt together. Iohan. Baptista porta, de Magia Naturali. As Mizaldus writes.

74

Apples that are frozen, if they bee put or cast into colde water and suffered to lye therein a while: will come to their nature againe. For thereby all their frozen congealing will bee resolued. Lemnius.

75

When you see the Mulberrie tree begin to budde, then thinke that the chiefe cold is past. Plinius as Mizaldus affirmes.

76

To separate golde from siluer, do thus. Annoint the siluer that is guilted with the Oyle of Linseede, and sprinckle thereon the powder of Roch Allom, and salte Armoniack mixt together: which being well heated in the fier, quench in water: and the separate gold will remaine therin. Mizaldus had this of a cunning Goldsmith.

A

77

A Grene Jasper stone hanged at the necke, doth helpe and strengthen the stomacke, and the mouth of the stomacke very well. Which Galen affirmes by the reporte of Mizaldus. If they be hanged like a cheine about the necke: so that the same stones do touch the mouth of the stomacke.

78

If the head of a Wolfe bee hanged in a Doue house, neither Cats, Weesells, nor any thing that will hurt Pigions, will enter therein. Rasis & Albertus.

79

They are like to haue paines or diseases in the Lyghtes, or Lunges: or will haue the Tysick, or bee short breathed: that haue in their Natiuity, the Moone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunate by them. And likewise if Venus be the Lady of the first house, and infortunate in a fierye signe. Iarromath. Gnar, Ryff.

80

If you stampe Yariffe a little, and lay it in faire spring water for the space of 24. howers, and then wash any sore or scabbie place therwith: it will heale it wonderfully. This is proued true. To help Itchings or scabs.

81

A Precious and a proued medicine, for the Stone. Seethe in white Wine, Tyme and Parcely very well, then straine it, and into a good draught thereof, shaue a spoonefull of white sope, and giue it to them that are greeued with the stone: and it will make them make water with spéede.

82

The great number of Spyders doe foreshewe that the Summer following will be pestiferous and plaguie. Mizaldus.

83

There were séene two Brethren at one birth in Austria, that if they did set the sides of their bodies to wardes gates or dores that were lockt, the locks would then open. Iohannes Langius.

84

Carduus Benedictus stamped, and then well sodden with sewet or Swines grease, Wine and Wheate flowre, vntil it

it be like an oyntment: is an excellent medicine for sores and blcers whatsoeuer. Yea, though the bones therwith be bare: but you must anoint the sores twise euery day: washing first the corruption from the sores with white wine. Arnoldus.

85

Saint Austine reporteth, that he did heare, whiles he trauelled in Italy, that certain women were transformed into young Beasts of certaine trauellers, by the eating of Cheese, that they might carry their burthens.

86

A present ease against the Gout.

Take one handefull of Mugwort, and seethe it in swéete Oyle Olisse, vntill the third part of the Oyle be consumed: then anoint therewith any part that is tormented or pained with the Gowte, and the paine thereof will bee quickly gone or put away. This is an experiment of a Kings Surgeon, against the Gowte of the feete and the hands. Mizaldus.

87

It is found by obseruation, that rats & Dormise, wil forsake olde and ruinous houses, three moneths before they fall: for they perceiue by an instinct of nature, that the ioynts and fastning together of the postes and timber of the house, by little and little will be losed, and so therby that all will fall to the ground. Plinius, & Lemnius.

88

To cease bleeding at the nose.

If one bléede on the right side of the nose, bowe and presse hard the parties right little finger, that bleeds: if on the left side then the little finger in like case: for therewith the bléeding will cease. This is a common and proued remedy. Mizaldus.

89

If you giue halfe a scruple (which is the weight of 12. Barly cornes) of pure Turrall, made first in fine pouder, with the nurse milke, to a childe that is newly born, before it taste any other thing, the same child will neuer haue the Falling sickenesse. Arnoldus de villa noua.

90

One Baldus of Trydent Doctor of both Lawes, as hée was playing with a little Whelpe of his owne, the same did bite him a little in the nether lip, who being ignorant that his sayde

Dogge

Dogge was infected with madneſſe: he himſelfe within foure monethes after, became mad, and at the laſt being paſt remedy did dye miſerably. Andreas Matheolus, in diaſcoridem, Which let them mark and conſider that haue ſuch pleaſure in little puppets. Mizal.

91

Whoſoeuer is tormented with the Sciatica, or the Colyke, let them take an hearbe called Spergraſſe, and ſtampe it and lay a little thereof vppon the greefe: but put vpon it a Cockle or a Walnut ſhel, and tye ſomething on it, that the hearbe be not removed: and within fiue or eight houres at the moſt, it will make a great blifter on the ſame place. Then lay a Clot leafe, or elſe a Mort leafe on the ſame: but firſt let the water out of the blifter with a pinne, and it will draw out all the water that cauſeth the paine or greefe. This helpt one that was pained therewith twenty yeres. For the Gout

92

Boetius after Oppianum doth affirme, that Belles couered with the ſkinne of a Wolfe, do drowne the ſound of other Belles that are couered with the ſkinne of a Lambe.

93

Put two or moe quicke Mice in a long or deepe Earthen pot, and ſet the ſame nye vnto a fire made of Aſh wood: and when the pot begins to ware hot, the mice therein will cherpe or make a noyſe: whereat all the Mice that are nye them will run towards them, and ſo will leap into the fire, as though they ſhould come to help their poor impriſoned friends and neighbours. The cauſe wherof Mizaldus aſcribes to the ſmoke of the Aſh wood.

94

If you ſoothe the dregges or mother, or ſome of Dyle to the halfe: and therewith anoint the bottome, corners, and feete of any Cheſt or Preſſe, the clothes that you lay therein, ſhal neuer bee hurt with Mothes. So that it bee dray before you put therein your clothes. M. Varro. and Cato. To Keepe Cloathes from Mothes.

95

If one aſke the Aſtrologian which part of his life is like to be the moſt fortunate. Let him giue the firſt quarter of his life to the Aſcendent, the ſecond quarter of his life to the tenth houſe: the third quarter to the ſeauenth houſe: and the fourth part of his life, to the fourth houſe. And marke in which of them there

is Fortunate Planets, and the part Fortune, and the Moone from Infortunate Planets, and not combust. Iudge that, that part of the life is or will be most fortunate. Holy Abenragel.

96

If you would not haue haires to growe, pluck them first vp by the roots, then vse to rub the same place with Aqua fortis diuers times, a little at once: and it will stay the haire from growing there any more. A woman told me this for a great secret.

97

Make a Plaister of Potters clay mixt with Vineger, and the white of an Egge, and apply it to the Toddes of him that bleedes at the Nose, and straightway his bleeding will stay or cease. This is a sure proued medicine.

98

Giue to a woman, that suspects her selfe, to be with child, at night when she goes to bed, a cloue of Garlicke to eat: and if she feele any sauour thereof in the morning when she riseth then she is not with child. If she feele no sauour thereof, then she is with child. This I had out of an old written booke.

99

They will haue weake or feeble harts, or will be much giuen to swounding, in whose Natiuitie the Sunne is Lord of the first house, or Lord of the part of infirmity, being impedite, or Infortunate. Iatromath. Guat. Ryff.

100

To make a grosse body slender.

An excellent and approued thing to make them slender, that are grosse. Let them eate three or foure cloues of Garlick, with as much of Bread and butter euery morning and euening, first and last, neither eating nor drinking of three or foure howres after their taking of it in the morning, for the space of fourteene dayes at the least: and drinke euery day three draughts of the decoction of Fennell: that is, of the water wherein Fennell is sod, and well strained, fourteene dayes after at the least, at morning, noone and night. I knewe a man that was marueilous grosse, & could not go a quarter of a mile but was enforst to rest him a dosen times at the least: that with this medicine tooke away his grossenesse, and after could iourney very well on foote.

The end of the second Booke.

The

The third Booke of Notable things.

1

FIue Egs laid in the euening, in ſtrong and tarte vineger, and taken out of the ſame the next morning: ſo that you perceiue their ſheiles therwith to be ſomething ſoft, els let them lie longer therin: and then put or thruſt them downe into the throate of a horſe that hath the cough, his tongue being holden all that while out of his mouth, will helpe him perfectly of the ſame.

2

The Turtle Doues haue ſuch a loue one to another (being makes) that when one of them is dead, the other will neuer after haue any other make. Ariſto.

3

If one aſke Aſtrologian, which part of the Land or Country is beſt for him. Or if one would go out of the place he dwels in, to dwel in another, and doth aſke in what quarter or part were beſt for him to goe? Marke in what part of the heauens the good Planets be, from his Aſcendent, and iudge that, that part where they are found is beſt for him: but conſider that from the degree aſcending, to the beginning of the tenth houſe, is for the Eaſt part, and from the Cuſpe of the tenth houſe, to the beginning of the ſeuenth houſe, is for the South part: and from the Cuſpe of the ſeuenth houſe, to the beginning of the fourth houſe is for the weſt part: and from the Cuſpe, or beginning of the fourth houſe, to the Cuſpe of the Aſcendent, is for the North part. Haly Abenragel. And as theſe quarters and parts are good to remoue vnto, where the good Planets are placed: euen ſo thoſe quarters where euill Planets are placed, are euill to dwell in.

4

A certaine woman, a Florentine, was ſo pulled and gryped in her ſtomacke with ſuch torments, that no Phiſicion could helpe: which woman of a ſodaine, did vomit long and crooked nayles, needles of braſſe, with ware, and lumpes of haire, and at

last she avoided out of her mouth, a great fleshie peece, such a one as a Giant could not swallow. The Author hereof is Benivenius de admirādis morborum causis. But he saith, that the saye woman was possest of a wicked spirit. Mizaldus. (Which I believe was done by the deuill.)

5

Plinie reports, that men in ancient time, did fasten upon the gates of their Townes, the heades of Wolues: thereby to put away witchery, sorcerie, or Enchantment. Which manie Hunters observes, or do at this day, but to what vse they know not.

6

A Moule or Mont enclosed in an earthen pot, if you set then the powder of Brimstone on fire, she will call other Moules or Monts to helpe her, with a very mourning voyce. Mizaldus.

7

If you take an Oake Apple from an Oake tree, and open the same, you shall find a little worme therein, which if it doth flye away, it signifies warres: if it crepe, it betokens scarcenes of Corne: if it runne about, then it foreshewes the Plague. This is the Countrymans Astrologie: which they haue long observed for truth. Mizaldus.

8

If a man be sick, marke his eyes when hee sleepeth: for if any white thing appeare betwixt the eye-lids, and the Patient haue no great laxe, nor received any purgation before: it is a terrible and deadly signe. Aphor. Hippoci.

9

Whosoeuer is troubled with the Cough, or shortnesse of breath, let them drinke a good draught something warmed of this following, thrice euery day first and last, and one howre after dinner, for the space of seauen or eight daies: & it will helpe them (God willing) for it is an excellent and often proued thing. Take of the rootes of Enulacampana, cut in small peeces, of Hysop and Pennyall, & also of good scraped Liquorice, of each two handfull. Seeth them all in a gallon of pure and faire water, vntill the watre come to one pottell, then straine it wel, and keepe it in a cleane vessell, close stopt or couered, and so vse it.

10

Sope mixt with a little Salt, helpeth perfectly a Fellon, Vncome, or other sore or swolne finger, whith speed. I knowe that this hath bene well proued.

11

The white of an Egge well beaten and mixed with the powder of Mastricke, helps chapt hands: if they be anoynted therewith.

12

Mouseare, any maner of way ministred to Horses, brings this helpe vnto them, that they cannot be hurt whiles the smith is shoeing of them. Therfore it is called of many, Herba clauorum. The hearbe of nayles. Mizaldus.

13

If a Firre tree be touched, withered or burned with Lightning, it signifies that the Master or Mistres thereof shal shortlie die. Seruius.

14

Galen sayth, that he hath found by experiences, (following the opinions of many) when any shall fall sick, and the Moone then be in the signe wherein a good Starre (or Planet) was found in the time of his birth, without doubt he shall escape from such sickneese. If in the place of an euill Starre (or Planet) hee will not escape. Iohannes Tayfnier.

15

Seeth the leaues of an Oake, and the middle rinde thereof in water, and wash the head that is sore, or ful of Pustules therewith, and it will helpe it presently. This hath been oft proued.

16

Ganiuctus sayth, that in the yeere of our Lord 1418. the 24. day of August, before foure a clock at afternoone, in the hower of Saturne, a certaine Priest called Iohanes Morterius, did aske him for a certain brother of his, which was sick: What should be the ende of his disease, death or health? Who after hee had erected the celestiall figure therefore, espying Mars within one degree of the ascendant in a moueable signe, beholding also the part fortune of a quartile aspect, with diuers other testimonies euil signes. And also Mercury being the Lord of the house of that Moone, in the 8. house, both retrograde and combust. Judged that the party woulde be madde, and so die within a day after:

which the messenger did declare vnto his friends, and to the master of him that was sicke, being his brother. Which happened so. For about foure of the cloke the next morning, he was so franticke, that he had like to haue killed his Master and others: But they were preserued through Gods speciall gift. And after, beeing close in a Chamber, did breake a poste, and so cast himselfe headlong downe, and dyed.

17

The Roote of Pelletter of Spayne, chewed betweene the teeth a good while: will purge the head and gummes very well, and fasten the teeth. So that it will helpe the headache and toothache: if it be vsed foure or fiue times in a day, two or three daies together. It is very true and often proued.

18

Make that, that is shorne from Scarlet, into powder by drying it at the fire, or in an Ouen, and then giue to the party that hath the blouddy flixe to drinke: halfe a spoonfull thereof in red wine. Vse this fiue or sixe times, and it will helpe him, or her shortly and surely God willing. This is well proued.

19

The gall of a Partriche, anoynted once a month on the Arteyes of the temples of the head: So that it may penetrate and sinke in, doth profit very much, for the confirming of the memory. Simeon Sethi.

20

If the tayle of a Wolfe be buried or put in the ground of any Towne or Village: no Wolfe will enter in that Towne or Village. Rasis. 21

Albertus makes mention of a Well, that whatsoeuer is throwne into the same: is turned into a stone. Whereof proofe was made by Frederick the first, who because he would not be deceiued, he threw into the same one of his Gloues, whereto first he put [illegible] and sealed it with his owne Ring, and the one halfe of the [illegible] which was vnder the water, became stone: the other part aboue the water remained as it was before.

22

If one goe to any body, and doth aske them being learned in Astrologie, whether he shall finde him or speak with him, or not.

Parke

Marke the Lord of the seuenth house, whom if then finde in an Angle: say that he is at hame. If in a Succedent house, then hee is nigh at home. And mark if betweèn the Lord of the ascendent and the Lord of the seuenth house, there be any application, or if there be any Planet beholding the seuenth house, and carries the light of the one to the other, or that both ioyne their two lights, and it be thus: then tell him that he shall finde him. If not, then he shall not Haly Abenragel. Which is true, so that the party both goe to his Wife, or to his enemie or to any other common person. But according to Guido Bonatus: if he goe to a King, or to his master: then you must take the tenth house, and the Lord thereof: if to a Priest, or a Prelate, or a Bishop, then you must consider of the nynth house, as Haly biddes you doe by the seuenth house: if to your sonne or Daughter, then the first house, if your father, the fourth house: if to your brother, then you must iudge as before, by the third house. And so of the rest, according to the significations of euery house. Wherefore the learned in Astrology are not ignorant: and this is a very true rule throughly and many times obserued. And the Lord of the seuenth house, or the house that the party trauels vnto, doth signifie be in the Cadent house: then the partie is farre from home, so that hée is not like to speake with him.

23

Many haue proued that a Saphire tied to the Artier doth put away the heat in an Ague. And the same stone born against the hart, doth preserue the bearer thereof from the Plague, and from venemous things. Rasis & Albertus. and other.

24

If one that hath eaten Garlick or Comminséed, breath on the face of a woman that is painted, the colour will vanish away straight, if not: then her colour remaines as it did before. Lang.

25

The Leaues of an Elme Trée, or of Peach Trée falling before their time: doth foreshew or betokens a murrion [illegible]ith of Cattell. Cardanus.

26

Tiberius Cæsar, who was Emperor of Rome when Christ suffered, when he awaked out of sleepe: did sée in the darke as Cats do. Suetonius.

Whosoeuer

27

Whosoeuer eateth two Walnuts, two Figs, twenty leaues of Rew, and one graine of Salt, all stampt and mixt together, fasting: shall bee safe from poyson and Plague that day. Which Antidote King Methridates had vsed so much, that when he drunke poyson purposely to kill himselfe: it could not hurt him. Plinius.

28

If you will enclose seedes of diuers kindes, either in Wax or in some other fast matter, made something thinne or small, hauing out of length, (that is) as long as you would haue the same to growe, and then putting the same in the ground well dunged: a meruelous hedge will spring thereof. This is the workemanship and experiment of the Kings Gardiner. Mizaldus.

29

The Eliphants haue sence and vnderstanding next vnto man and it seems they know, and kepe the course of the Starres: for at the change of the Moone they breake downe bowes from the trees and holded them, then mouing them vp & downe, and they are marueilous docible. Gelius, and Plinie haue left it witnessed by Mutianus that was thrise Consull, also Plutarch: that an Elephant did write the Greeke Letters. And Elianus saith, that an Elephant did write all the Latin Letters in order with other things incredible.

30

Grind Mustard with Vineger, and rub it well and hard on the plants or soles of the feete: and it will helpe and quicken forgetfull persons. Petrus Hispanus.

31

A most notable and proued water to clarifie the dimnes of the eyes, or sight, doth follow. Take the iuice of Fennell, of Celedine, of Rewe, and of Eybright, of eache two ounces Vonny one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of eache half an ounce: the gall of a Capon, chicken, or Cock, two drams: Nutmegs, Cloues, and Saffron, of each one dram, Sugar candy fiue drams, put all into a Limbeck of glasse, and distill it: and put of this water into your eyes once in the day, two or three drops at a time. And there cannot be a more pretious thing for the eyes then this. I know it by proofe, and therfore I am the bolder both

to

'o p2aise it and publish it ab2oad to the great comfo2t of other.

32

The th2ée sco2e and third yéere of ones age is counted to be a daungerous and perilous time: fo2 that it oxth passe seldome without daunger of life, o2 without some other great misfo2tune. And it is obserued in many examples. Hereof Augustus Cæsar, (as Gellius repo2teth) was marueilous glad, that he had escaped that yéere of his age. The cause may be that the seuenth yéere, and the nynth yéere (béeing Anni climacterici & critici, which are Iudicial yéeres) multiplyed together: makes the said number of. 63. Mizaldus.

33

Sœthe Iuy berries in Vineger, o2 in white Wine, and when they be well sodde, sup of the same hot licour, and when it is cold spit it out, and sup mo2e thereof. Whosoeuer doth thus, it helpeth the toth ache.

34

They in whose Natiuity Venus is impedite o2 info2tunate of Saturne. Are like to haue paines o2 griefes in their stones, especially, if she be in the Ascendent. And likewise, if Venus be with Mars in the eight house: o2 if the Moone Venus and Mars be coniunct, o2 in the euil aspect of Saturne, Iatromath. Guat. Riff.

35

Whosoeuer is lame, & can neither goe no2 stirre their ioynts: Let them take of good Aqua Composita, and oyle of Roses, of either a like much, mixe them both together, and anoynt the grœned place therewith Morning and euening, vntill it be well. Which will be within a while after, but rubbe the place with warmed Cloathes well before. A thing often p2oued.

36

Whosoeuer hath Mars in the Ho2ocope, o2 the Ascendent at the time of his birth: certainely he will haue a speciall scarre o2 marke in his face. Pro. Which I haue tryed in many, and yet neuer haue found it false.

37

The circles of Cart whéeles, empty Carts, and the combe on a Cocks head: do maruelously feare a Lyon, (being a most hardy, o2 fierce beast:) but of all things he feares fiers, To2ches

light, or firebrands. Plinius, Ælianus & áli,

38

That Pigions qée not hunted or killed of Cats at the windows 1 a euery passage, and at euery P,gions hole, hang or put little bratnches of Rewe: for Rewe hath a marueilous strength against wilde beasts. As Didimus dooth say.

39

If the taile of a Woolfe be hanged in a house, no Woolfe will enter therin, neither any flyes will flye into the same, Rasis.

40

If a mad man vse to laugh, it is a laudable sigue, but if hée be very sad it is perillous. Aphor. Hipocratis.

41

This medicine following will procure a good stomake to meate. Take thrée drammes of good Sinamon, one dramme of Mastick, one dram of the parings of Pomegranets, and halfe a dram of Galingale, and stampe all these together, and temper it with clarified Honny: and then vse to eate as much thereof as a Nut euery day during ten dayes, fasting: and it wil procure a good stomacke, and also preserue and kéepe the same from any euill humors to bréede therein. This is an excellent medicine and often proued, and easie to be made.

42

If you marke where your right foote dooth stand at the first time that you do heare the Cuckoe: and then graue or take vp the earth vnder the same, wheresoeuer the same is sprinckled about: there will no Fleas bréede. Plinie by Mizaldus report: And I knowe it hath proued true.

43

To make the counterfet Mandrag, which hath béen sold by deceiuers, for much money Doo thus as followeth. Take the great double roote of Briony, newly taken out of the ground, and with a fine sharpe knife, frame the shape of a Man or Woman of the same, with his stones and Cods, and other members there to. And when it is clean doone, prick all these places with a sharpe stéele, as the head, the eye browes, the chin, and the priuities, and put into the saide holes the séedes of Myllet, or any other that brings forth other small roots, that do resemble haires

(which

(which Leekeseedes will do very well) or else Bally, after this put it in the ground, and let it be couered with earth vntill it haue gotten vpon it a certayne little skin: and then thou shalt see a monstrous Idoll, and hairie, which will become the parties well: if it be workmanly or cunningly made or figured. Mizaldus. Another trim way for the like, is in the naturall and artificiall conclusions Englished by Thomas Hill.

44

Whosoeuer anoints his feete or hands, with the grease of a Whale: hee shall not bee hart with any cold of his hands or feete so anoynted. Mizaldus.

45

Fiue leaued grasse, through Iupiters force, doth resist venim or poyson. Whereof, if one tease twice euery day, morning and euening be drunken with wine. It is said to put away the Quotidian ague. Three leaues the Tercian ague. And foure leaues the Quarten ague. Marcilius Ficinus.

46

If in the beginning of the sickenesse, or at the tyme of asking of the question for the sicke: the Lord of the Ascendent, and the Moone, be in the fourth or eight house, Combust or Cadent, or coniunct with the Lord of the eight house: they haue a certain testimony of death. And if one of them onely, that is the Lord of the Ascendent or the Moone be so, it is a testimony of death: as is before said. Ioannes, Caniuet.

47

Warmin stampt and strayned with Wine, water or Vineger, and then giuen to a woman that trauels, or is in her labour, and cannot be deliuered: it causeth speedy deliueraunce. Trotula de passionibus mulierum. And Gilbertus affirmes the like, if it be drunke with water.

48

A Strange medicine and a rare secret, for consuming the webbe in the eye: oftentimes proued. Take nine little wormes with many feete of some called swine lyce (if they bee touched they become round as a button, they are to bee found betweene the barke and the wood of old Timber or Trees,) stampe them with a little iuice of Woodbinde, or Betony, then straine the

same well, and let the party that hath the web in his eyde, zinke it in a morning some thing warmed. Do this three mornings together, and it will cure it perfectly, (God willing.) This was told me for a very truth, by one that had proued it diuers times.

49

This that followeth is a speciall medicine for them that swound, or are faint at the heart. Take Rosemary, Sage, betony, & Pargerum, of each one handful, and seeth them in a gallon or more of faire water till halfe the quarter be consumed: then take away the hearbes, and put to the said water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycados, tyed in a faire linnen cloth, and let it seeth a little while, and then take it out of the said water, and then put thereto an ounce of Sinamõ, three quarters of an ounce of Nutmegs, and as much of Ginger in powder: And vse to drinke a good draught thereof twise euery day something warme, first and last for the space of fiue or seuen dayes: And then it helps perfectly.

50

That childe will bee deafe, that is borne when Mercury is Lord of the first house, and infortunate by euill aspects with Saturne, chefely: if he be in the first house. Likewise they will haue great impediment in their hearing: in whose nativitie Iupiter and Saturne bee both impedite or infortunate above the earth. That is, if they be Retrograde, or Combust in euill places. Iatromath.

51

They that haue any paines, or swelling in the throate, let them take a Iewes eare, (which is to be had at the Apothicaries) and lay it to steepe in Ale, a whole night, and let the party drinke a good draught thereof euery day, once or twise, vntill they perceiue themselues amended. A proued thing.

52

A strange matter and a thing followeth worthy of memory. Whosoeuer hath the Kings Quill, and lookes vppon a certaine Bird, called Galgulus, of a marueilous sharpe and quick sight, by and by the same byrde doth draw to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefite of nature. Howbeit as through a secret gift of

nature

nature she doth perceiue or smel the diseased party to come toward her, she will close her eyes, & hide her head vnder her wings, not that she doth enuie the parties health, or loath to help him of his disease: But because she doth greatly feare the sharpnes of the humor, which the nearer the patty infected comes to her, the more it will paine her, and he the more eased. Therefore they were wont to sell this Birde to such as had that disease, in some close thing, or couered: least the party should bee healed for nothing. The Authors hereof are Hiliodorus, Plutarchus, Ælianus, Suidas, and Plinie; with other. And Kirannides, and after him Albertus reporters: that if this Birde refuse to looke vpon the diseased partie, it is a token that he shall dye therof. But if she look euen vpon him, she drawes the disease to her self, and then by and by or soone after, she flying against the Sunne, doth vomit it out of her. And thus she doth cure the sick party, and deliuer her selfe from the same, through a certaine marueilous benefite of Nature. But learned men doo much dissent in taking of his Birde. Plinie cõtends that it is Icterus, some do think that it is Chlorerus, or Chlorio, which the French men call Lorion & Loriot, the best part of the Physicions defends that it is Charadrius: some affirmes that is Oriolus: others say that it is Galbulus or Galbula or Chloris which Gesner likes not. And Mizaldus leaues it to the iudgement of the Doctors or learned, vntill experience shal try the truth therof. Mizaldus in suis Mirabilius seu arcanis.

Orpheus and Archelaus affirme, by the report of Plinie, that if the tippes of them be smeared with mans blood, that are fallen of the fallingsicknes by and by they wil be deliuered from the traunce or fitte, or if their great tawes be then next pulled or pincht.

54

The middle rinde of a Cherry tree, stamped and strayned, and the said iuice put into a little white Wine warmed, & then giuen to drink to them that haue the stone, or cannot make water, it auoides the grauell or stone, and makes them to makes water presently. Vse it three or foure times.

55

One may make beyonde sea Azure as followeth, and counterfeite it very well, Take common Azure, and beat or stampe

it well with vineger, and anoint therewith a thin plate of pure siluer, and put the same ouer a vessell ful of wine, which set ouer hote ashes and coales, and let it be moued and stirred, vntil it be like beyond sea Azure. This is the best way. Mizaldus affirmes that he had this out of an old written Booke.

56

If you do put Quicksiluer into a pot amongst seething or hote Pease, the pease will leape out of the pot: except the brimme or mouth of the pot be too high, or the fire too small Mizaldus sayth that this is proued.

57

If in the degree of the Ascendent, or nie vnto it, within two degrees, there is an euil Planet. It is an argument of the death of the party that did fall sick at that time, or for whom the question is then asked, for the state of his sickneese. And if it be in a moueable signe, it betokens that the sick shall die within so many dayes, as the said euill planet is degrees from the degrees of the Ascendent, if in a fixed signe, then it signifies a long time: (that is, as I haue tryed, euery degree a moneth,) if in a common signe, it signifies a meane time betweene both' (that is as I haue found, euery degree a weeke,) Iohanes Caniuetus. But you must beware, if the said Planet be direct, that he doth applie to the degree ascending.

58

If any doubt, or feare any thing whatsoeuer it be, and asketh thee hauing knowledge in Astrologie thereof marke and consider the Lord or Alinuten of the Ascendent, whome if thou dost finde pure and safe from infortunes, and he beholding the Ascendent, the feare is needlesse. For no harme shall happen according to the feare. Haly Abenragel.

59

Sauory beaten and sodden in Vineger, and layd in manner of a plaister to the hinder part of the head: doth meerely awaken those that are heauy a sleepe.

59

Here followeth the making of a pleasant Oyle of Cloues. Take of Cloues one pound, which beate to powder in a bra-

zen

zen mozter, then adde therto three pound of Almonds scraped and beaten in a mozter: and when they bee well mixed together, sprinkle thereon foure ounces of the best white Wine: letting it so lie in a masse, foz the space of eyght dayes at the least: after that stampe the whole ouer againe, and then put it into a newe Earthen pan, which heate ouer the fire so long, that you cannot suffer your hand in it: then put it vp into square bagges, and wring the same hard in a Presse, vntill all the whole substance of the Dyle be come.

61

Take a Frogge, and cut her through the middes of the back with a knife, and take out the Liuer, and folde it in a Colewozt leafe, and burne it in a newe earthen pot well closed, and giue the ashes therof vnto him oz her, that hath the falling sickenesse to drinke with Wine, and it will helpe him, And if the partie be not healed at once: then doe so by another Frogge, and so doe still, and without doubt it will helpe him, if hee vse it. This was told me foz a sure experiment. And it is also affirmed by Petrus Hispanus.

62

A wonderfull thing, passing all credite chaunced in the Bishoppricke, oz Dyoces of them of Eistertence, in Germany; but that it was seene of diuers credible witnesses. A certayne Husbandman there called Vlricke Neuceffer beeing tormented with cruell paines in one of his sides, sodainely toke hold of a nayle that was vnder the skinne vnhut: which cut by a Surgeon, he toke out the nayle: yet foz all that the paines did not cease. Wherefoze the miserable man suspecting that there was no remedy to be had foz his paine, but by death, he toke a knife and cut his throate. And the third day after, hee being carried to burying, there was three present, one Eucharius, Rosenbader, of Wessemburge, and Iohn of Ettenstet, Surgeons, in the presence of many, which did cut oz open the belly and mawe of the saide dead Husbandman. Wherin was found being maruellous and prodigious, a long and round peece of wood, foure knines of Steels partly sharpe, and partly nickt like a Sawe, and two sharpe instruments of iron, that were longer then a span: and they had therein also, haire rolled together as it were a round

Bolule

Bowle or Ball. This was laid or put into his Mawe, by none other arte, but onely by the craft and subtilitie of the deuill. This hath Ioannes Langius written in the first part of his medicinall Epistles. Epistol. 38. de prodigijs & præstigijs dæmonum in morbis. Mizaldus reports it also.

63

In many Ponds, all the water and mudde taken out, by and by Eeles doe breede, if raine water come into them, for that with the dewe, they doo liue and are nourished. Arist. Plutarch. And other.

64

If the right knée of a Bull be tyed with a broade band, it will make him tame. Ælianus.

65

Let the party that bleedeth, chaw the roote of a Nettle in his mouth, but swallow it not downe: and without doubt the blood will stench: for if one kéepe it in his mouth, hé can lose no blood. Petrus Hispanus.

66

If a man mad find ease in sléeping, it is good: but if his rage encrease, it is to be feared. Hippocrates in suis Aphor.

67

If the Lord of the Ascendent or the Mœne, or the Lord of the first house be Combuist, or Retrograde. and the Lord of the Ascendent be in the eight house coniunct to Mars of Saturne: the sicke must die of that disease. Ioannes Ganiuetus. (But God can restore health past all hope.)

68

This medicine following, doth marueilously breake wind in the belly. Take Commin séede, Fenneil séede. and Annis séede, of each a like much: beate them to powder, then séethe the same in Wine, and drink a good draght thereof first and last, foure or fiue dayes together, and you shall finde a great helpe thereby: for it hath béene often proued to their great ease and comfort that take the same.

69

Take a spoonefulll of Aqua vitæ, and two spoonefuls of the water of Arsemart, and anoint any ache therewith twice euerie day, morning & euening: for the space of fiue or sixe dayes at the most,

moſt, and it wil heale it for euer. I had this out of an old written Booke.

70

He will be weake in the acte of generation, in whoſe Natiuitie Venus is ioyned with Saturne, eſpecially in the tenth or eight houſe: or that the Mone is ioyned with Saturne, is an euil aſpect of Venus: or if Saturne be in the firſt or twelth houſe, in a moyſt ſigne infortunating Venus. Iatromath.

71

This following is an excellent medicine for the ſtone. Seeth an handfull of Holly berries in a pinte of good Ale, till halfe the Ale be conſumed: then ſtraine it, putting then a little butter to it, and let the partie drinke thereof fiue or ſixe ſpoonefull: and within halfe an howre after, the party will make water (if euer any medicine will cauſe it.) This was told me for a very true ſecret.

72

The learned and wiſe among the Perſians affirme, that if ſage be putrified or laid to rotte in Horſedung, while the Sunne and Mone do both occupy the ſecond face of Leo: thereon will breede a Bird like an Owſell, or Blacke Bird: the aſhes whereof being burned, and ſtrewed or caſt into a burning Lampe, will make the houſe ſeeme to be full of Serpents, Hermes.

73

If the eares of Cats be ſtowd or cut off, it wil make them keep home the better. For that then the water (which they cannot abide) will drop into their eares being open. And if they be gelded, eſpecially the male Cat, they will not onely be more tamer and fatter, but alſo therby they will range abroad the leſſe, Mizaldus.

74

It is ſaid that Cockles and Oyſters in great Thunders, do vomit and caſt out then pearles. Whereupon many are found in the Sands, Mizaldus.

When any drawes nye toward their death, and not their members lacke blood and vitall heate: then Fleas and Lice leaue them quite, or elſe draw to that part of the body where the ſaid heate tarries the longeſt: which is in the hole in the necke vnder the chin. &c. This is a token that death is at hand. Lemnius.

76

The leaues of Walwort sod with Wine, doth marueilously mitigate the paines of them that are tormented with the gowt, if they be applyed to the place where the griefe or paine is. There be that preferres and extolles with marueilous praises the iuice expressed out of the leaues and rootes thereof, sodden with Wine and May butter: and in the steade of a Liniment, anointed still on the grieued member, that is, three or foure times euery day, Mizaldus learned this of one that proued it.

77

A Rush dryed and put into Wine, if there be any water therein, drawes it to it, (the Wine left alone, or together:) Which is good and profitable for trying of Wine. Mizaldus.

78

A notable medicine to heale lame members, doth followe. Take of cyle Oliue, Aqua vitæ, Oyle of Creter, and of a Beasts gall, of each a like much, mixt all together, and anoint the lame members therewith twice euery day morning and euening, the space of a fortnight, being well rubbed before: and it will helpe the same of a certainty. An old woman in Worcestershire did helpe many therewith.

79

If out of one pound of excellent Wine, with as much Salt as you can holde in your hand, and the Lees of pure wine you doe distill a water, you shall finde that it wilbe the hottest water of all other. Mizaldus had this of a certaine Alchymist.

80

It is said that Harts in Creete, being stroken with darts enuemomed, doe eate of a certaine hearbe called Dittany: and thereby the prick or any other thing that stickes in them is driuen forth. Mizaldus.

81

There was a certaine woman great with Childe in Pago, not farre from Andernacus, a Towne of the Bishop of Cullen, desiring or longing to eate or to feede on her husbands flesh, and although she loued him intirely, shee killed him in the night, and being satisfied with the half of his flesh, she powdred the rest with Salt: but after when her great longing did cease, and that shee

did

did repent the déede, she did confesse it to her frendes that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is good for the husbands to take heede, while their wiues haue such inordinate longing vpon them.

82

Many haue beene helped that haue had foule and leprous faces, onely with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horse dung. Conradus Gesnerus.

83

If in the time of the birth of any, Mercurie be Occidentall from the Sunne, not vnder his light, or his beames (except in Aries or Leo) nor Retrograde: being then in any of the foure Angles, strong, and well affected: doth shew that the childe then born, shal be hie minded, strong, and famed for his strength, and liberality, and shewes also that he shall be an Astronomer. For Mercurie Occidentall in Leo is wont to make Astronomers. And Mercurie Orientall of the Sunne, and strong, doth shew great knowledge, wisdome of handy workes, chiefely if he be with the Moone, or in the house of the Moone that is Cancer, and if it be in a moueable signe: it signifies inconstantnesse both of deede and mind, but in a fixed signe constancy. Taisner.

84

Primrose leaues stampt, and laid in the place that blédeth, stencheth the blood. This hath been proued.

58

Take Blacke Sope, and almost as much Ginger in powder, and mixe them well together, then anoynt therewith any Tetters or Ringwoorme euery day, for the space of foure, or fiue daies together, and it will heale it. certainly Proued.

86

Take Aloes Epaticum foure drammes, Briony, Mastick, Myrrhe, Asarrabacca, Scameny, of each a dramme mix: the same made in powder, with the iuice of Fennell, and a little clarified Hunny to preserue them: take a dramme thereof, which is the weight of three score and twelue Barly corns at the most early in the morning, and neither eate nor drinke of three or foure houres after: If they be giuen nine dayes together, they

helpe marueilously : and they are very excellent for all maner of head-ache, approued (though neuer so long rooted.) They purge all humors, they bring gladnes, they are good for the eyesight, they preserue the munde, letting or hindring the hoarinesse of haires : they helpe the swimming of the head, and the Megrim, and heale the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in fiue or sixe little round pils or balles, and swallowe them one after another at one time. They are proued to be very good, I found this in a very olde written Booke.

87

If Mercurie bee impedite of Saturne in a Childes Natiuity, it doth hinder the tung. But it is worse when they be corporally coniunct together, especially, in the Ascendent, or in the seuenth house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboue the earth corporally coniunct with Saturne, or else in an euill aspect of Saturne, and in a dumbe signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograde or combust, and peregrine: That party then born, will haue great impediment in his tung, or else will bee dumbe, and cannot speake, Iatromath. Guat. Ryff.

88

Iohannes Langius an excellent Phisicion saith, that he heard it reported of certaine Horsemen of the County Valentine, that they did see in Austria, a man, which with barking, and with swift running: contended and striued with Dogs, and was hunted of them vnhart in the Woods.

89

The eyes of young Swallowes being in the nest, prickt with a needle or a pin, and so made blinde, within foure or fiue daies after they will see againe: Which is very true, for I haue proued it. But how they recouer their sight I knowe not. But diuers write, if their eyes be hurt, the old Swallowes restore their sight againe with the iuice of Celendine.

90

White Poppie and Henbane seede, a little stamped, and tempered with the whites of an Egge, and laide to the forehead

prouoketh sleepe, This hath beene often proued.

91

This following will heale lame members. Take Rewe, and Rosemary, of each two handfulles, with common Oyle, and Malmesey, of either one quart together, for the space of halfe an howre: then let the lame members be washt and bathed therewith, (but before the sayd member or greeued place must be well chafed with a hote cloth,) then when it is well bathed (which will be within halfe an howre, (wrap and keepe the member or place so bathed with a Lambe skinne, (the wooll-side inward,) and doo thus euery night before or at going to bed, three nights at the least, and he will be whole and sound thereof. Doctor Owen helpt one therewith, and with none other thing, that could neither stand nor goe, but was very lame. They that sawe the proofe thereof, told it me, which were persons of good credit.

92

It was a hainous offence with the Egyptians, either willingly or by chance to kill a Catte. And Diodours tels a pretty storie thereof, lest it might be thought to be a fable. In the time of Ptolomie, a league or amitie beeing begun betweene him and the Romanes: A certaine Romane then against his will, had killed a Cat: whereupon the Egyptians gathered together, and did beset the house where hee was, requiring to haue him to bee executed for his great offence, (no whit regarding the power of the Romanes, nor yet their league or friendship with them;) Then had not the King and Rulers beene, they would haue drawne him out of the house and killed him. Diodorus.

93

To keepe harneste or any thing made of yron or steele from rusting. Let the same be rubd ouer with Vineger mixt with Ceruse, or the marrow of a Hart, (which is farre better then Oyle) and it will keepe them faire and bright.

94

If the Lord of the second house, bee in the first house, and fortunate, the Child then borne shall possesse riches without labor. And by the nature of the Planet thou maist knowe, whereby the riches will come. And if it be the Sunne, it will come to him by

Power, that is, the riches will happen by help or fauour of great Power: if Mars, then by warres or by theft: if Saturne, of the inheritance of the dead, if Iupiter, of faith (religion) or of Pastors of faith, or of the Lawe and such like appertayning vnto Iupiter, if Venus, by women, if Mercurie, by learning, wisdoms or marchandize, if the Mone, by the workes of handes or by iourneyes, but if the Lorde of the second house (so placed) be not fortunate, and an euill Planet beholding him, he shall lose all his goods, Taisnier.

95

A notable Oyle or medicine for the Gowte and ioynt aches, very true and often proued. Take the iuice of sage, of Aqua vitæ, of oyle Debay, of Vineger, Mustard and of a Beaks gall, of each a like much: put them all together into a great Bladder, and chafe it well vp and downe with your hands for the space of an howre and a halfe, and kæpe it then to your vse, and anoynt the grieued place therewith euery morning and euening; and you shall finde your selfe healed within a short time. This is a sure and often proued thing.

96

This precious medicine following, doth preserue and kæp them that take it, safe from poyson or plague. Take of Iuniper berries two drams, of earth of Lemnie, called the Phisitions Terra Lemnie, as much, and one scruple more which is the weight of 24. barly Cornes. When you haue made them in fine powder, mire them with Honny, & kæpe it to your vse in a cleane vessell: giue as much thereof at one time as a Hasell nut, in three ounces of Aqua Mulsa, which is made with water and Honny, that is, of one pound of Honny, and eight pound of water sodden and skimmed ouer an easie fier, vntill the fourth part bee consumed. This excellent Antidote did King Nicomedes vse, when any did bid him to Banquet or any other chære, that he did suspect. If there bee no poyson taken before it, it will remaine quietly in the stomacke: but if there bee any poison, it will procure vomit: so that thereby the poison and medicine will both come forth. Mizaldus.

97

A notable thing to cause one to slæpe immediately. Take of the iuice of Henbane, of Lettice, of Plantane, of Poppie, of

the

the leaues of Mandrag, of Iuie leaues, of Mulbery leaues, and of Hemlocke, of eache one dram, of Opium, and of Iuie berries, of either as much: stampe the Iuie berries and the Opium together, and mixe the iuices and them well together: then dip a Spunge into the same, and let it drinke it all vp, and then lay the same Spunge in the Sun to dry: after lay the said Spunge to the parties Nose whome you would haue to sleepe, and he will sleepe quickly. And when you will awake him, dippe another Spunge in Vineger, and hold it to his nose, and he will awake within a while after. This is an excellent thing and true.

98

Beware that nothing binde thy body hard, when thou bleedst, and then hold thy hand full of Shepheards Purse, and stedfastly looke vp to the Sunne, and the bleeding will cease. This is proued.

99

To make a powder that will drawe out a tooth without any instrument. Take Spurge, Pelliter of Spaine, Smalledge, the dung of a Rauen, or of a Crowe, Galbanum, the brayne of Partridges, and also a Frogge, of each a like much: burne all these together in a newe Earthen pot all to powder, and with a little of the same powder touch the tooth that you would haue fal out: and doubtlesse within a quarter of an houre it wil fal out: But you must take hede that you touch none other tooth therewith. This I had out of an old written booke.

100

Seethe Mallowes and red Nettles together in faire water, and let the party that is costiue, or cannot goe to the stoole, sit close ouer the same, and receiue the fume thereof vp into his fundament: and it will helpe him certainly, and speedily, (God willing.) A thing often proued.

Here endeth the third Booke:

The

The fourth Booke of Notable thinges.

1

MAke Dwale as followeth, which makes one to sleepe while he be cut or burned be Cawterizing, as followeth, Take the gall of a barrowe swine, or the gall of a Boze, the iuice of Hemlocks three spoonesull, and of the iuice of wilde Pey three spoonsull, of iuice of Lettice, of the iuice of Poppie, of the iuice of Henbane, and Aisell, of each three spoonful: mixe them together, and boile them well, and drop them in a Glasse vessell well stopped, and put three spoonesuls thereof in a quart of good wine or Ale, and mixe them well together: and let him that shall be cutte or, Cawterized sit against a good fire, and giue him drinke thereof till he fall asleepe. This I had also out of an old written booke. Use it warilie, and proue it aduisedly: if you begin with a little quantitie, you may encrease it when you will: but if you giue too much at once, you cannot diminish it when you list.

2

They will be hindered in their smell, or will haue diseases or greefes in their Noses, In whose Natiuitie Mars and Venus are impedite aboue the earth. Iatromath.

3

Dry the rootes of red Nettles, and make them in powder, and drinke a spoonefull of the powder thereof in a draught of white wine something warme, it will breake the stone, though it be neuer so great, and that with speede. Use it euery day vntill the stone and grauell be all broken and consumed. A thing of small price, and great vertue.

4

A combe made of the right horne of a Ram, doth take away the head-ache, being on the right side of the heade, if the pained head be combed therewith. If the paine be on the left side of the head, then a Combe made of the left horne of a Ram, doth take it away: if the pained head be combed therewith. This I had

cut

out of an olde Booke.

5

Thebet the Philosopher doth teach, that to get the vertue of any Starre, you must take a Ring, when the Moone doth behold happily by a Tryne or Sextile aspect the same starre placed in the middes of the Heauens, or in the Ascendant: but the matter or substance of the ring must be made of that metall that belongs to that Starre: and likewise an hearbe ascribed to the said starre, must be included or put vnder the Ring.

6

Dippe a silken thred in the blood of a Mouse, and then let the Patient swallow it that hath the Squynancie, or swelling, or paines in the throate, and it will helpe him.

7

This followlng is a notable medicine for the Gowte. Take the roote of wilde Neppe, and the roote of the wilde Docke first sodden by themselues, then pare off the skinnes, and cut them into peeces, and stampe them both together, as small as can be: then put thereto a quantitie of Soote of a Chimney, and temper them with the Milke of a Cow that hath the haire of one colour, then take vrine of a man that is fasting, & make a plaister thereof, and boyle all together, and as hote as the party can suffer it, lay it to the place pained or greeued, and a day or a night without remouing, and then lay another plaister of the same to it, and let it lie thereto as long as the other. And do thus nine times, and it will helpe him (as warranties (God willing.) Proued.

8

If yron that is made cleane or polished, be tincted or rubbed ouer with Aqua fortis, wherein the filings or scrapings of brasse is dissolued: that yron will haue the colour of Brasse, Bap. Porta.

9

A horse that casts or holdes his eares backward: for the most part is deafe. And that horse that doth not ney in the company of a great number of other Horses is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harnesse, or any other thing made of yron or steele from rustines, is this. Stampe the filing or dust of Lead, finely in a Leaden or yron morter, putting

thereto a little Oyle of Spike (which besides makes it smell trimly) and therewith rubbe ouer the Harnis or any other thing as is before said made of iron or steele. By this meanes you may carry your Harnis or other things so rubbed therewith, in watery places, and in moyst ayres safe from rusting. Mizaldus had this of a cunning Armourer.

11

If one come to giue thee counsaile, and thou wouldst know whether hee meane well, or bee a deceiuer: Marke the tenth house, and if a good and fortunate Planet be found there, his counsaile is good, and true. But if there be an euill or vnfortunate planet there, he is a deceiuer and a lyar. Which (saith Haly, as one that haue proued it) doo confirme, and doo say: if one come to counsaile thee, and the Ascendent be of common signes, or the Lord of the Ascendent, and the Moone be in common signes: doo say that he is then a deceiuer, and will deceiue thee: Therefore harken not to him. Haly Abenragel.

12

One knot of the root of a Mullen, giuen to drinke, doth binde the loosenes of the belly. Proued.

13

He that wareth deafe through an Ague and bleedeth at the nose, shall recouer his hearing. Hippocrates in Aphor.

14

This medicine following, is proued by experience, and as a certaine diuine thing, doth cure euery pluriſie, and doth releeue the sicke from death: which ought not to be applyed vnto the sicke party, vntill the fourth day be past. Take of Dealtha two ounces, (which is to be had at the Apothecaries:) the oyle of sweete Almonds halfe an ounce, mixe them together: with which ointment (being warme) let the greeued place bee anoynted: then sprinkle vpon the anoynted place halfe an ounce of powder of Cummin finely cearsed, (which doone) take a Colewort leafe made hotte vpon burning ashes, and anoint it with olde butter (not salted) and lay it hot vpon the anoynted and powdred place (tying it on with cleathes that it remoue not,) and a marueilous effect will appeare vnto you in the ceasing of the paine of the pluriſie: and in resoluing of the matter of the impostume. This re-

medy

medy will bring honor vnto thée, and great profit vnto the sicke person. And knowe that this remedy is good in any other great paine, in all the body, from the head vnder. Emperica benedicti victorij. And also I haue seene this proued, which helped one of the plurisie without letting of blood.

15

If a woman with Childe haue her Smocke that she weares, sitte at the neather end or Skirt thereof, or not sewed there round about, but that one side or seame thereof be a little left vnclosed, or vnsowed together: the same childe that shee then goeth withall, shalbe safe from hauing a clouen or Hare lip, yea though she chance to meet suddenly a Hare, or though a Hare doth leap ouer her, or suddenly touch her. Which happens to many Children by such meanes, as is mentioned in another part of this Book. This was very credibly told me for a trueth. Therefore I haue placed it here, as worthy the name of a notable thing.

16

Whosoeuer shall vse daily to take in a draught of small Ale, a spoonefull of the powder of Watfellon or Scabius: the same will destroy any impostume with them. It hath beene often proued. And Antonius Musa doth praise it for the like effect.

17

If the Lord of the first house be in the Ascendent, or tenth house, it shewes that the disease is open and manifest, if in the seuenth or fourth house, then the disease is priuy or hid: if in the ninth or eleuenth house, then it is openly and manifestly knowne: in the other places, the disease is priuy hid or vnknowne, Iatromath.

18

Cleopatra, the last Queene of Egypt, and wife to Marcus Antonius Consull of Rome, (a proud Princesse, and too dainty a dame) did drinke one so voluptuous a draught, as neuer any did before, nor I thinke will hereafter: for she dissolued in tart and strong Vineger, the greatest and beautifullest pearle that euer was seene in the East part of the world: and drunk the same at one draught, to satisfie her proud presumptuous pleasure withall. Which pearle was worth two hundreth and fiftie thousand crownes, Plinius Macrob, and other.

19

Out of the Figge tree, there comes such a sharpe vapor, that if a Hen be hanged thereon, it will so prepare her, that shee will be soone and easily rosted. Plut. And the like will be if the fethers be pluckt off from Fowles and Birds, and the skins pulled off from Beastes, and then layd or couered a day or two in a heape of Wheate. It is confirmed by experience, saith Mizaldus.

20

The professor of naturall Magicke affirmes, that Varucine beeing taken vp or gathered, when the Sunne is in Aries, the Ram: and stampt with the seedes of Pyonie, and strained with white Wine and drunke, doth maruailously heale them then haue the falling sicknes. Oftentimes proued saith Mizaldus. Which he had out of a verie olde Booke of the seuen hearbes of the Planets, written to Hermes.

21

When any of the three higher Planets, and the Sunne is in any of the Angles, the child then borne (being a boy) shall bee chiefe of his brethren. Or if there be any borne before him, they will die, and he shall holde the chiefe rule in his Fathers house. Taysnier.

22

Salt dissolued in water or Wine, presently with his strength doth put away the paines, and the heate of any burning, whether it be with gunpowder, or with oyle, pitch, scalding water, burning coles, burning yron, or any other meanes whatsoeuer, especially if it be bathed with linnen clothes, wet or dipt in the same, and a linnen cloth therein wet, and layd or applied to the place burned. Lemnius.

23

Take Sal armoniack, Roch Allom, Allom plume, Sal gem, Taytar, and Romane Vitriol, of each equall parts, all which seuerally made in fine powder, mixt together, and dissolue it in faire cleere water, then put siluer or siluer plate therein, and let it lie, and set it ouer the fire that it may be very hote: and you shall see that your siluer or plate will be maruailous white and faire. Mizaldus.

24

The roote of Zedorie (but be sure it be perfect & good) mixt with

with Reysins, and a little Liquoris, champed with the teeth and swallowed, preserues them that doe so, vnhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are constrained to speake with them that haue the plague. Mizaldus.

25

The roote of Pyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sunday, in the howre of the Sunne, the Sunne then being in Leo called the Lyon, and the Moone encreasing in light, (which is from her change to the full) deliuereth them of the Falling sickneſſe, that beare it vpon them. Marcelius Ficinus.

26

If at the first time of the falling sicke of one, or at the time of the question for the sick, the Moone be in the fourth house, with Mars, and good Planets be Cadent: It is signe of death. Iohannes Ganiuetus.

27

Let the woman that trauels of her childe, (or is in her labor) be girded with the skinne that a Serpent or Snake castes off, and then shé will quickly be deliuered. Tortula.

28

A marualous rare secret, to draw out the oyle of Sinamon after an easie manner: which oyle preserueth the stomacke from corruption, by taking it by the mouth, and applying of it to the stomack. Take of Sinamon one pound, which stampe and beate finely: then mixe and impaſt it with the oyle of sweet Almonds, vnto the forme of an oyntment: then heate the same in an earthen pan somwhat, which after let stand (close couered) for fourteene daies, or twelue at the least: at the ende of which time, heate the whole againe sufficiently, (that is, vntil it be very hote) then put it into a bag, and wring out the oyle in a Presse, vntill the whole Sinamon remaine through drye therein: then that which is come forth, will be of the colour, sauour and taste of the Sinamon. A secret, knowen to fewe to be wrought in this order.

29

The powder of Pellyter of Spayne, mixt with the milke of Wartwort or Spurge, and Galbanum, and a little thereof applyed to any rotten or aking tooth: will breake it, or plucke it

out, and the paine thereof will cease. This I had out of an olde written booke.

30

If you would knowe whether one shall escape or not, that is infected with the Plague, (having the plague sore) giue the party some excellent Treakle with white Wine, (so that hée be not troubled with an Ague, for then giue the Treakle with Scabius or Plantan water,) and also anoynt the Plague sore with the like Treacle: and if the same bée dryed or burned, and remaine dryed, (the party thereby not releeued or eased) it is a very euill signe: but contrary, if the party be eased, it is a great signe that the party shall escape. Arnoldus.

31

In the common place where the Censors of Venice sit, there neuer enter any Flyes. Gandeut. Merula. And in the flesh Shambles of Toledo, a Cittie in Spaine, is not seene but one Flie in all the whole yéere. As Leo Papist. saith. And in Westminster Hall, in the Timberworke, there is not to be found one Spyder, nor a Spyders webbe. Because (as it is thought) the Timber wherewith the roofe is builded, was brought out of Ireland, and did grow there. In all which Countrey of Ireland, I haue not onely heard it credibly tolde, that there is neither Spyder, Tode, nor any other venemous thing: but also that some of the earth of that Country hath béene brought hither, whereon a Tode being layd, she hath dyed presently. Though this be marueilous and strange, yet it is true.

32

It is proued (saith Taysnier) if Iupiter be in the fifth or in the twelfth house, whether hée bée Orientall or Occidentall, of the Sunne, or whether hée bée in a Masculine signe or Feminine, the first childe of him or her then borne, will be a boy.

33

The iuice of ground Iuie, snuft vp into the nose out of a spoon or a sawcer, purgeth the head marueilously, and takes away the greatest and eldest paine thereof that is. This medicine is worth gold, though it be very cheape. I haue knowne them that haue had marueilous paine in their head, almost intolerable, for the space of a dozen yéeres: and this hath helpt them presently, and neuer had the paine since they tooke this medicine.

This

34

This medicine following will kill wormes in the belly. Take the gall of an Oxe or of a Cowe, & so much of the flower of Lupynes (which are to be had at the Apothecaries) as will thicken the same, mixe them well together, and lay it on wooll, and so plaister it to his belly where the greese is, and about the nauell, and after twelue howers lay thereon another plaister. Doe thus foure or fiue dayes and it will helpe him.

35

How greatly is the sicke party to bee feared (or iudged) not to escape, if in the time of the question, or the first beginning of the sicknes, both the Luminaries are vnder the earth, &c. Iatromath M. Guat. Ryff. Argent.

36

If hote burning golde be quenched in pure Wine, (the same Wine being drunke) it procures strength to the cheefe members, and to the vitall partes. And it makes strong the naturall faculties, and doth help the diseased part, with strength and vitall spirit. And this liquour is thought to be very good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spots though they be neuer so foule. Yea, it helpes a leprous face, a red nose, and any other deformity of the same, if the place infected be washt and rubbed oftentimes therewith. Lemnius.

37

The water that drops out of the Vine, or the gumme that is found there, being drunke with white wine, doth break and expell the stones in the reynes marualously. And also being rubbed vpon Ringwormes, Tetters and leprous places: it doth cure them, but they must bee rubbed before with Niter. This was tolde to Mizaldus, as a proued thing.

38

If his spettle which hath a consumption, being cast vpon the coales doth stinke, and the haire fall from his head, it is signe of death. Hippocrates in Aphor.

39

There is a certaine Electuary of life, of Arnoldus de villa noua, in a little booke of his, of the putting backe of olde age: described

described of the fiue kindes of Myrabolanes, made for the conserning or kæping of health, and prolonging of life. And it is a perfect and approued thing. For it doth not onely comfort, but also it doth purge superfluous humors remaining of nutriment past: And the vse thereof doth let or hinder gray hayres, and it makes one come to the last olde age. It strengthneth the stomacke, and the vse thereof maketh a good colour in all the body. And this is the description thereof. Take of great Raysins cleansed of their stones and stalkes, two pound, Liquorice made cleane and beaten, one ounce, let these be put into two pound & a halfe of faire water, and let them seeth wel, and let them then be strained wel, and in that that is strained, let there be put of Mirabolanes, Kebule, Citrine, and Indy, beaten in a morter, their stones taken away, of each two ounces, of Embelick, and Wellericke, of either of them two drammes: Let them be sod, strayned & prested, or well wrung: then put thereto white Sugar, one pound, and seeth all together to the thicknes of a Syrup, & in the ende, adde thereto of good Sinamon halfe an ounce, Cloues and Galengal, of each two drammes, Nutmegs, Mariarom, and Annisseedes, of either one ounce: and make thereof a Lectuary, and kæpe it in a pure vessell. In this Electuary, be medicines of the principall members (that is to say) of the heart, head, stomack, Liuer, Splæne and of the generatiue members, and it is first hote, after moist, then colde, and last dry. Iohannes Caniuetus also describes it.

40

Certaine wormes that shine in the night called Glowormes, being well stopped in a glasse, & couered within hote horse dung, standing there a certen time, will be resolued into a liquor, which being mixt with like proportion of Quicksiluer, first cleansed and purged: which will be within halfe a dozen times washing in pure Vineger, mixt with bay salt, which after euery washing and rubbing, must be cast away, and then hote water put to the Quicksiluer, and therewith washed, and then put and closed in a fayre bright and pure glasse, and so hanged vp in the midst of a house, or other place or roome: will giue such a light in the dark, as the Moone doth, when she shines in a bright night. Iohannes Baptist.

41

A peece of a childes Nauell string, borne in a Ring, is good against the Falling sickenesse, the paines of the head, and of the Collick. Mizaldus.

42

Baptista Fulgosus reporteth, that nye to Sirminum, a Cittie of Pannony, sometimes there hath beene Tendralles of gold found in the vine: whereof there hath beene mony coyned: Which many haue seene, saith Gandeut. Meruba, in his time. And Alexander Neapolitanus saith: that he hath found in Germany, within Danubye, Vines, that did beare little nailes, and leaues of pure gold: which were giuen as presents to Kings and Dukes. Mizaldus.

43

If any doth aske thee (hauing knowledge in Astronomy,) whether that place where he dwells, is better for him, then that to which he means to goe: behold, and if thou doest finde the Moone separate from Infortunes (that is from an euill planet, or from an Infortunate planet) tell him that his going is better then his tarrying: But if you finde the Moone separate from a good or fortunate Planet, then it is better for him to tarry there still, then to goe from thence to dwell. And to be briefe, if one shall aske thee, saying thus: I must needes doo a certaine thing, or I haue certaine buisines to doe, whether may I doe it or not: then marke thou the Lord of the Ascendant, and the Moone, and if thou finde them separate from euill Planets, or euill fortunes, applying to good or fortunate Planets, bid him doo that, that hee is determined to doe and spare not. But if thou finde them separate from good Planets or fortunate, and applying to euill Planets, bid him that hee doo it not, neither take it in hand. Haly Abenragel.

44

That Woman is like to be barren, in whose Nattuitie the Moone and Venus being in barren signes, are infortunate of Mars and Saturne. Or if Saturne be in the seuenth or tenth house infortunating Iupiter and the Moone: or if Venus be with Saturne, and the Moone then in the first, or twelfth house infortunate. Iatromath. Guat. Ryff.

45

The seedes of Roses with Mustard seede, and the foote of a Weesell, altogether tyed in some thing, and hanged among the

bowes or braunches of a Tree that beares but little fruit: It is said, that it will make the tree to beare well and to be marueilous fruitfull. Mizaldus.

46

Pare the nayles of one that hath the quartane Ague, which being put into a Linnen cloth, and so tyed about the necke of a quicke Eele, and the same Eele put into the water, thereby the Ague will be driuen away. Geber & Alber.

47

If any list to slepe, & lay by him the branches of moist Hemp: Gnats will not trouble him nor come neere him. Mizaldus.

48

If the Lord of the twelfth house be in the twelfth house, many debates and enormities will happen vpon the day belonging to that planet, to the child then borne. Iayslier.

49

Culuer dung stampt and vsed for a plaister with strong vineger, and applyed to the Nauell, bindeth incontinent all flares of the belly. Macer.

50

The roote of a Gourd, tyed to the ripenes of the backe of women that are in labour or trauell of childe, doth cause speedy deliuerance thereof. But let it be taken away as soone as the childe doth come forth, lest the Matrix goe out after the childe. Tortula de passionibus mulierum.

51

Here followeth an Electuary of a wonderfull vertue in the time of Pestilence: this electuary is of so great vertue, in them that doe receiue it once in xviij. houres, that they may bee sure from all euill infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Pestilence, if they drinke of it but one spoonefull, as shall be said here after, (especially after letting of blood, if it bee conuenient to the patient,) and lay him downe and sweate vpon the same, if the venome hath not vtterly ouercome the heart: he shall vndoubtedly recouer. It hath been lately proued, that after drinking of the same medicine, when the patient made his water in an vrinall, the glasse hath burst in peeces, by reason of the venome that it purged out. This is the making of the said Electuary.

tuary. Take Sinnamon elect, one ounce, Terra sigillata, fiue drammes, fine Myrrh, three drammes, Vnicornes horne, one dramme, the seede and rinde of Citron, rootes of Dyptanny, Burnet, Turmentill, Zedoary, red Currall, of each two drams, yellow Saunders, foure scruples, red Saunders, two scruples, white Bæn and red, flowers of Marygolds, of each one dram, Iuory rased, Scabius, Vero incitunici, seede of Basill, the bone of a Stagges heart, Saffron, of each two scruples, make a fine powder, & adde vnto it of bole Armoniacke preparate two ounces, white Sugar three pound, and with a sirrup of Acetositate citri: make a good Electuary, and keepe it in a glasse. If the Pestilence commeth with great excesse of heate, drink it in Rose water and Vineger: but if you feele it cold, take it in a draught of Wine, and couer you with cloathes, so that you may sweate as long as is possible: for without doubt it is a present remedy, as I my selfe haue now of late proued. Thus much Thomas Phayre in his Treatise of the Pestilence.

52

The teeth of a mad Dog, that hath bitten a man or woman, tied in leather, and then hanged at the shoulder, doth preserue and keepe the party that beares it, from being bitten of any mad Dogge. Dioscorides, by the report of Mizaldus.

53

The Seedes of Carduus Benedictus stamped, and drunke, doth helpe the grefe, paines, prickings, and stitches of the side, and the griping in the guts, and the lower parts of the belly. This is proued for trueth.

54

If any do sprinckle his head with the powder of the skinne that a Snake doth cast off, gotten or gathered when the moone is in the full, being also in the first part of Aries, the Ram, he shall see terrible and fearefull dreames. And if hee shall haue it vnder the plant of his foote, he shall be acceptable before Magistrates and Princes. Cardanus.

55

Whosoeuer beginnes their iourny in the howre of Venus, he shall haue good and profite on the behalfe of women or some such like thing. Haly Abenragel.

56

If wormes gnaw vpon or hurt the mouth of the stomacke, put Hony combes into the mouth fasting, & hold them there, and the wormes will draw vnto the Hony, and so void by the mouth. It hath beene proued.

57

If in the first begining of any sickenes, or at the time of any question for the sick, if the Moone be Orientall, nie to the Sun, within twelue degrees, it is signe of death, and the neerer to the Sunne; and in Combustion, the worse. Iohannes Ganiuetus.

58

With this secrete following, Benedictus Victorius had alwaies good successe, in passions and griefs of the heart. Take of the iuyce of Buglosse, clensed or purified at the fire, two ounces, of white Sugar two drams, mixe them together, and let the patient or diseased party drinke it euery night going to bedde: and there will not tenne daies passe, but the party will be cured of the passion or griefe of the heart.

59

This following is a notable tried medicine for the Colwe, and for the swelling of ioynts, and for knobs and knots comming of the French pocks. Take May butter a quarter of a pound, halfe a pound of Commin seede beaten in fine powder, a quarter of a pound of blacke Sope, one handfull of Hearbegrace, halfe a handfull of clarified sheepe sewet: stampe all these together in a Morter, then take the gall of an Oxe, and a spoonefull of bay salt, and fry them all together til it be thick, then lay it on a Woollen cloth, and so apply it to the ache as hotte as may bee suffered: and let it lye vnremoued a whole wéeke: and then lay another plaister thereof to it, and let it lye vnremoued as long: then lay the third plaister thereto, and let it lye thereto as long as the other, which will be the whole thrée weekes, and without doubt it will helpe him. I haue séene it prooued. This I had out of a very old booke.

60

There be (and truly with proued successe) that doe hang rootes of Sorrell at their neckes for the Swine pocks; and also in like cases of Planten. Mizaldus.

Who-

61

Whosoeuer hath the bloody Flixe, (be it neuer so great or greeuous) let them drinke the wine wherein the rootes of Hollocks cut in peeces are sodden and strained: if the party haue an ague, then let the roots be sodde in water with some Plantan leaues, and so strained, which is an approued and sure medicine for that disease: whether the party haue an ague or not.

62

A ring made of an Ore or a Cowes horne, and worne or carried vpon them that haue the Cramp, it puts the same away. This is proued to be true of many. Mizaldus.

63

If the Lord of the seuenth house bee in the third or ninth house, and any euill Planet behold him; he that is then borne, will fall from some building, or els he will die of something that shall fall vpon him. Ptolo.

64

If you seeth Briony in water, and vse to drinke the same, it helpes and cureth them that haue the Dropsie. Proued.

65

Maruelous and notable vertues of the Eybright doe follow. Let the leaues, stalkes & flowres with the whole substance be distilled, when it beareth flowres, the water thereof stilled, dropped and streaked about the eyes, causeth cleere eyes, and sharpeneth the sight, & ceaseth the paines of the eyes, the water dropped into the eyes an hower before night, and striked about them, and drunke to the quantity of three ounces at one time, comforteth, strengthneth, and preserueth the sight, especially in aged persons, and in flegmatick complexions. The hearbe dryed and brought to powder, and eaten euery day in a potched egge rere, for a certain time together, restoreth sight lost, the water mixed with halfe a dram of the powder, and drunke euery euening for a moneth or forty dayes together, recouereth a weake sight.

66

This precious medicine following, will bring forth a Canker, and plucke it vp by the rootes, out of any sore where euer it be either in man or woman. Take Roseagler, and make powder therof: then take Barrowes or Hogges greace, that is new and fresh (first melted and after colde) then mixe the powder there-

with very well: then put thereof vpon a peece of white leather, which may couer the sore: then sprinkle on the said plaister, fine slower of pure wheate: then vpon the same spread Honny, and then put vpon the said Honny womans milke: and when all this is doone, put the said plaister vpon the sore, where the Canker is, and put the neather crust of a newe white loafe vpon the said plaister, and tye it fast vpon the same, that it remoue not: And in the morning thou shalt finde the canker dead on the said plaister. This is most true. This I copied out of an old written booke.

67

Let a woman make water in a Urinall that is faire and cleane, or rather new, vpon certaine Cornes of Barly: and set the same in a cold place for the space of eight daies, and if the sayd Barley Cornes will grow againe, or bring forth newe Corne, then the fault is not in the woman that shee conceiues not, but rather in the man. If otherwise, then the let of conception is in her.

68

Stamp Christal in a stone morter of marble, and make therof a very fine powder, then put thereto so much of the white of an Egge that you may write therewith, mixe them well together with a litle gumme or gumme water, then write therwith in paper what you will, then rubbe the same letters with what metall you will, and the writing will be of the colour of that metall wherewith you rubbed them. This I had out of an old booke, and Mizaldus affirmes it without the gumme water.

69

The iuice of Lylly Rootes, and Vineger, of either like much mixed together, and the sawcefleame or red pimpled face anoynted therewith euery euening for the space of nyne or tenne dayes, doth helpe it perfectly.

70

You shall know whether the Dropsie be hot or cold by this that followeth: If the swelling begin first at the foote, and goe vpward, then it comes of a hotte cause: If the swelling beginne first in the face, and goe downward, then it comes of a cold cause. This likewise I had out of an old written Booke, wherein were many things credible.

Cast

Cast the water of any sicke person newly made at night on redde Nettles, and if the Nettles be withered and dead in the morning after, then the sicke party is like to dye of that disease, if they be greene still, then he is like to liue.

72

A certaine wicked fellow that killed his Father, did sit in company with his companions, eating and drinking, ouer whose head there was a Swallowes nest, with yong Swallows in the same, at which time the said Swallows made a great noyse, and chattering, when suddenly the said wicked fellowe got a long powle, and burst the Swallows nest: whereby the Swallows fell downe, and he trode on them and crushed them in peeces. Being asked of one of them, why he did so: I haue good cause so to doe, sayd hee: for did you not heare, said hee, how they told that I killed my father. Whereupon he was suspected, examined, and so confessed, and therefore executed. Plutarchus.

73

Dry a Goates, Shœpes, or Neates bladder, and make powder thereof, and let them drinke thereof with Vineger or water when they goe to bed, that cannot hold their water, and it wil helpe them. Galen affirmes this.

74

If the Sunne, the Moone, the Alumten, or the Lord of the Ascendent be all safe, and not with the Lord of the eight house, or in his aspect: without doubt the sicke person shall be ridde of his diseases, and recouer the same. If two of them be so, he is like to escape likewise. If contrary, then he is like to dye thereof, Iatromathematica. M. Guac. Ryff.

75

To kill Serpents in your Dreame, signifies victory: to see Sailes of Ships is euil, to dreame that all your teeth are bloody, it signifies the death of the Dreamer: but that the teeth is drawne out, signifies the death of another: that Birdes enter into a house, signifies losse, to weepe, betokens ioy, to handle mony, signifies anger, to see dead horses, signifies a lucky euent of things. Artemidorus.

76

You shall make a Sword, Knife, or any other Instrument to haue an excellent edge, if you doe as followeth. Put into a pound

pound of the Vrine of a yong Man, as much Sowte as ye may take in your hand, putting thereto foure ounces of the Oyle of Linsede: all being mixt together, let them seeth on the fire, and betweene the beating or striking of the Sword or the Knife, whiles it is red or burning hote, quench in this mixture, and according to Art let it be well tempered. Mizaldus.

77

If you stampe Lupines (which are to bee had at the Apothecaries) and therewith rub round about the bottome or lower part of any tree, no Ants or Pyssemyres will goe vp and touch the same Tree. Mizaldus.

78

If Mercurie (being Lord of the first house) be impedite of Saturne, it threatens to the child then borne, continuall blindnesse: and so much the more, if the Moone behold the Sunne & Saturne in that sort. Taisnier.

79

Rub the leafe of a Marigold betweene your fingers, and put the same into your nose, and let it stay there a little while: and it will bring forth abundance of humours out of your head, and it will help the rheume within a litle while, if you vse it. This I had of a friend as an excellent secret.

80

The eating of two drams of great Raisons (the stones taken out) in the morning fasting, doth profit for concerning youth, because they make better digestion, and flegme is diminished by them, they comfort the Liuer, and make it fatte, because they are friends of the stomack and of the Liuer, and they encrease blood and make it thick, and when they are taken after meate, they strengthen and moysten the belly. Iohannes Ganiuetus.

81

The eyes be not onely instruments of enchantment, but also the voice and euill tongues of certain persons. For there are found in Affricke, as Gellius saith, Families of men, that if they chaunce exceedingly to praise faire trées, pure seedes, goodlie children, excellent horses, faire and well liking Cattell, soone after they will wither & pine away, and so die. (No cause or hurt knowne of their withering or death.) Thereupon the custome came,

cause, that when any do praise any thing, that we should say, God bless it or keepe it. Aristot. in Prob. By the report of Mizaldus.

82

Stop both your eares with your fingers, and the hickop will goe away within a while after. Proued.

83

Many that are born at that time, when the earth doth quake, are alwaies fearefull: in the time of thunder, they are for the most part faint and fearefull: in the time of the change of the Moone, either they liue not long or else they bee weake and oftentimes, as Aristotle saith, haue Melancholike diseases, or else are out of measure Melancholike: which makes them to be waiward, fretting, and seldome merry. Mizaldus.

84

There is a marueilous strength in Spermaceti, for if it be pure and right, it will penetrate and goe through the bores or things wherein it is kept, with a certaine moisture or sweating droppes. Mizaldus.

85

If Mercury be coniunct with Saturne, or in an euill aspect of him, and neither Iupiter nor any other good Planet doth behold Mercury, it doth note, that they then borne, shall haue an impediment in their tongue or shall stut: chiefly, if it be found aboue the earth. Taisnier.

86

The rootes of Eldern sod and streined, and drunk thirty daies together, thrice euery day, at morning, noone, and night: doth cure the dropsie perfectly. Proued.

87

If the paps of a woman, which is with childe of two, doe ware little, she shall lose one of them, and if it be the right pappe, it is a man childe that will be lost: and if it be the left, a woman childe. Hipocrates in Aphor.

88

Take Garlicke, and Houslicke, of each like much, and stampe them both together, and plaister the same either to a hot or cold gowte: and it will helpe and ease it marueilously. This was reported to me to be excellent therefore.

90

The Flowre of Ointments, called Flos voguentorum, is made as followeth. Take of Rosen, and Perrosin, of each halfe a pound, Virgin ware, and Olybanum, of eyther a quarter of a pound, Mastiche one ounce, Hartes tallow, or Sheepes tallowe, a quarter of a pound, Camphere two drams: make your gums in fine powder, and seare them: then melt the ware and tallowe, and mixe the powders therewith well, and boile them well together, then streine through a canuas bagg into a pottle of white Wine: then let it keele vntill it be blod warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, euermore stirring it well, till it be through colde: Then make it vp in rowles, and keepe it to your vse, for the best salue for al thiugs following, that euer was made, by the sufferance of God. Wherefore esteeme of this salue aboue any other, for it hath bẽ put in experience and substantially proued: It heales wounds, old and new, it clenseth very well, and gathereth good flesh: It healeth headache, and impostume in the head, or in the body: Swolne eares or cheekes, sawsfleams in the face, Sinewes cut, sterke or sprained in Trauell: It drawes out iron and thorne: it helpes venemous biting and pricking, it healeth all manner of botch, all swelling and ache in the Cods, and all other members: it ceases the flure of the Emrods, and it is speciall good to make a seare-cloth, for all manner of griefes. This was written and cast into the Recluse or Anker, at the Red hill in Almaine, wherewith he wrought many marucls and neuer vsed other medicine but this. This I copied out of a very old booke: and I haue proued it many times to be precious.

91

When the Alumten or the Lord of the Ascendent is Infortunate in his fail, or combust with three other testimonies or else two: It signifies that the sicke person shall dye: And it is so much the worse, if he be vnder the Beames of the Sunne. Iatromath. Guar. Ryff.

92

Whosoeuer hath the griefe or swelling of the Spleene neuer so much, and hath had it of a long time, and doth heate the ends of a paire of tongs in the fire, vntill they bee glowing

and

and red hot, and then quencheth the same in halfe a pinte of white Wine, and drinke the same Wine: It will helpe them thereof perfectly. This was credibly told me for very truth. But it is more certeine, if they be so heated and quenched fiue or sixe times and then drunke: and to take the same foure or fiue mornings together. Which I know to be excellent: the like vnto this is affirmed to be most true, and proued by Anth. Beneuenius.

93

It is a great token of health when the Stones or Codes begins to itch: though the other parts of the body be weake. But then take hēde of Venerious actes, lest you pay for your pleasure. This out of Mizaldus.

94

Coriander sēde made in powder, and mixt with Honny, and implastred vpon a Carbuncle, or other grieuous Biles, destroyes the same quite. Arnoldus de villa noua.

95

The blacke Sea-Cole, mixed with Oyle, will be made soft. Wherewith if one anoint Vines, it will destroy wormes which destroy or eat the buddes of the Vines. Seruerinus Gebelius.

96

The gumme of a Cherry dissolued in white Wine, and so giuen to them that are grieued with the Stone: it will helpe them marueilously. Mizaldus affirmes that it is certainly proued.

97

It was credibly told me for a truth, that there was a very poore woman beeing brought to bed of a Childe, hauing many children before, to whom a sister of hers (being rich, & that neuer as yet had any childe) came to see her, who said vnto her as followeth, Ah sister, sister, here are many mouthes and litle meat. To whom her poore Sister answered, Content your selfe, Sister: God neuer sends mouth, but he sendeth meate. After it chaunst the rich Sister to be with childe: which, when it was born, had neuer a mouth. So that there was much meate, and no mouth. A worthy and rare example to make all couetous greedy and carefull worldlings to cast their whole care on the Lord, and not so to depend on their owne prouision or worldly wealth. If it were

not for the great goodnes of God, we should haue no more meate for our mouthes, then this womans childe had a mouth for meat. But if we haue both mouthes & meat, and lack good stomackes for the same: what are we the neere? So that both mouth and meat and stomacke, are not in our willes to haue when we list: but are Gods gifts to bestowe as he will.

98

Hermes saith, if in the natiuitie of the Husband, Venus be combust, the wife shall dye before the husband. If in the Natiuity of the wife, Mars be combust, the Husband shal dye before the wife.

99

Water or Wine wherein Walwort is sod (if a good draught thereof be drunke euery day first and last, for the space of twenty dayes at the most,) doth perfectly helpe them that haue the dropsie. It is an excellent medicine for the same.

100

Cast or instill certaine droppes of Baulme into cleere water, and then with a stick labour well the water, and if the water then be troubled, the baulm is not perfect. But if the water abide cleare, then the same is good and perfect baulme. For the good and true baulme, doth gather it selfe alwayes into one place. And thus you may try a true and good baulme from a false and sofisticate baulme.

101

If the root of Piony (especially of the male Piony) be hang'd at the neck of a childe or a boy, that hath the falling sicknesse, it doth helpe very much. Likewise doth Pelleter, and the haire of a Dog that is all black.

The end of the fourth booke.

The fift Booke of Notable things.

1

A Mare will bring forth a Foale of diuers colours, if she be couered with a cloth of diuers colours, whiles she is taking the Horse. For such colours as be before the eyes of the horse, whiles hée doth horse her, without doubt the Foale will bée of the same colours. The same may be proued with dogges and other Beastes. Mizaldus.

2

The berries of Halicacabus (called winter Cherries) béeing stampt, and the iuice prest or wrung out of the same, and then dryed in the shadow: the same (if it be giuen to such as haue the Stone, or cannot make water, and also to them that haue the Dropsie,) it will prouoke vrine, or driue foorth the water, and also expell the Hydropicall humors. Mizaldus.

3

Hortus Apollo doth say that a woolfe doth feare greatly stones: therefore when he is constrained to go by stony places, he treades very demurely or softly. For being hurt with a very little stroke of a stone, it brædes wormes, whereof at length hée is consumed, or brought to his death. Therefore hée doth flye from a trauellor, that layes wait to strike him with stones.

4

If the Moone and Venus be ioined together, and both be combust: he that is then borne, shall lack a wife, or neuer marry. Ptolomeus.

5

If the leaues of Elderne, first made hot betwéene two Tile stones, and then applyed hot to the forehead and the temples, if any paine lye there: it helpeth the ach of the head marueilously. This is very good and well proued.

6

Héere followeth a marueilous water to prouoke slépe. Take of Opium thibaicum, and Garlicke heads pilled, of each two

two ounces, beate the Garlicke heads in a morter with a wooden pestell, and put thereto the Opium grinded: incorporate these well together, that it may bee like a sawce. Distill this in a Retort, with a most soft and slow fire in ashes: with this water distilled, when neede shall require, anoint the temples, the forehead, and pulses of the wrests. And beware you minister not this, but upon a great necessity, and on frantick persons, (as you shall thinke it good,)

7

The iuice of the buddes, leaues, inner rinde, or of the yong branches of Elderne, (something warme) put into the eare, doth not onely breake the Impostume thereof within foure or fiue times, but also doth marueilously helpe the deafenesse. This was told mée for a great secret: and I haue tryed it to be an excellent thing in such a case.

8

To sée Munckes in ones dreame, doth pretend death or calamity: to sée fat Oxen betokens plenty of things, to lose an eye or a tooth, signifies the death of a friend, or of a kinseman, or some other euill lucke, to dreame to be dumme, foreshewes speedy gladnesse: to sée Oxen plowe, betokens gayne: to enter into waters, betokens euill. Artemidorus.

9

This following makes a soft beard, and doth beautifie the chin with a fine haire. Take Butter without Salt, the iuice of a red Onyon, the greace of a Gray or a Badger, the roote of Bryony, of Bétes, of Radish, and of white Lillies, whereof make a Liniment, and anoint the chin often therewith, being shauen, Mizaldus.

10

Put vp an old Gander into a house, and let him bée there three dayes without meate, then cast vnto him péeces of an Eele newly killed, then gather the dung that comes from him, after he hath eaten the péeces of the Eele: which dung being layde to any Impostume or swelling: is a present remedy therefore,

11

He that slépeth in a Sépes skinne, shall sée true dreames, or dreame of things that be true. Mizaldus.

The

12

The braine of a Weasell dryed, and drunke with vineger, doth helpe them that haue the Falling sickenesse. Mizaldus.

13

Iupiter and Venus or the one of them in the eight house, not Combust, nor Retrograde, doth signifie the childe then borne, shall dye naturall, and no violent death. Taysnier.

14

Take a little sticke, and tye about the end thereof old Oken leaues, then cut them something round, and hold the same leaues in your mouth as deepe and as farre in as you may suffer it well, (holding the sticke betweene your teeth) and so hold your mouth ouer a Porrenger or a dish and there will great abundance of humors auoid out of your mouth: and within a while Therewme. wash in faire water the said leaues on the sticke, and then hold it in your mouth so againe. Do thus for the space of halfe an houre, and vse this three or foure times a day, for three or foure daies together: or vntill you haue auoided as much watery humors as you thinke good. This is the best and the presentest remedie for helping of the Rewme, that euer I knew or heard of. I had it of a Gentleman, that esteemed it as a Treasure. And whosoeuer proues it, shall finde it an excellent thing.

15

Mirabolanes ebeluli, preserued with his Sirrop, vsed dayly, and eaten: preserueth your mouth excellently well.

16

This following is an excellent Gargarisme to purge the head and the brest. Take of Staueſacre, three drammes, Peliter of Spaine and Mustard seede, of either two drammes, long Pepper, Ginger, and Allongem, of each one dram, make powder of them that are to be powdered, and stamp the rest, and mix all well together, and put as much thereof as a Beane in a little linnen cloth, and tye the same fast with a thread, that it may be round: then hold the same in your mouth, and champe it softly betweene your teeth: and it will bring forth water and fleame abundantly. Vse this daily vntil you thinke your head be well purged.

If

17

If the Lord of the Ascendent be in the eight house, receiued of the Lord of the eight house, so that he receiue not the Lord of the eight house, it signifies that the sicke party shall escape without all hope. Iatromath. Guat. Ryff.

18

Earth wormes sift and cleansed, and washt from their slimy and earthly matter (halfe a dozen of them, at the least) and cut in peeces or chopped, and a good messe of pottage made thereof with Otemeale and water, and so much euery day eaten by them that haue the blacke Iaundies, for the space of twelue dayes or longer: no doubt it will perfectly cure them thereof, though it bee neuer so long rooted, or thought to be past cure. Or else a spoonefull of the powder made of them in March, or any other time, when you can get them taken euery day so long in a little draught of any drink: doth likewise perfectly cure the same. This is very true, and hath beene oftentimes proued. It hath helpt some in fower or fiue daies. 19

Olibanum (which is a kinde of Frankincense) in powder mixt with as much of Swines greace, and boyled together, wherewith if childrens heads that are full of lice, or that are giuen to breede Lice, be anoynted, they shall afterwards be free from Lice. This is better and more safe, then to vse oyntments mixt with quicksiluer, which is very dangerous: therefore let Mothers or Nurses rather vse this.

20

Whereas euery Beast (the act of generation ended or done) is wont to be sad: only the Cock reioyceth, for he sheweth his gladnesse then by crowing.

21

If Mars be in the eight house, and in a humane signe, or in the second face of Taurus, or in the first face of Leo: It doth shewe the childe then borne, shall dye of iron. Taisnier.

22

It is proued by experience, that to vse customably in the dinner, and immediatly before Supper, half an ounce of the flower of Cassia newly drawne, doth forbid the engendring of the impostumation of the stomacke. Truely I say vnto thee, that who doth

doth vse such taking of Cassia, shall be preserued from euery euill affection of the stomack. Emperica bened.

23

Wine of the decoction of Tormentill, drunke daily without any other drinke, and the hearbe thereof sodden, and euery euening plaistered ouer the eyes, the space of three or foure moneths or more, restoreth the sight, yea to those that haue their eyes as though they did see, and yet are blinde, and see nothing at all. Petrus Hispanus.

24

Andreas Mattheolus knew a woman, that euery day for a whole yeares space, was greeuously troubled with the paynes of the Mother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white Wine, wherein an ounce of the roote of Briony was heated: and she vsing this medicine a whole yeere in such sort, she felt no more harme thereof.

25

If you will destroy or put away warts, cut off the head of a quicke Eele, and rub the warts all ouer well with the same blood then as it runnes from the Eele: then bury the head of the said Eele deepe in the ground, and when the head is rotten, then they will fall away. I thinke the Author hereof is Iohannes Baptista Porta. Mizaldus.

26

About the rising of the little Dog, (being in Summer) an old Cocke doth lay an Egge, round speckled, and of diuers colours: whereof many do thinke that the Basiliske, or Cockatrice doth come (which is a most pernicious and venemous Serpent,) especially, if that Egge be sit vpon and hatched by a Toad: Which whether it be a fable or not, let others iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon, betokens that the childe then borne, shall dye of a roape, or be hanged. Taisnier.

28

The iuice of Colewoorts, put or snuft into the nosethrilles: do purge the head marueilous well, and helpes the ancient paine of the head. Often proued,

29

Blacke sieges like to filthy blood, are wonderfull euill, whether they bee with an Ague, or without an Ague. And the darke-

colour they haue, the worse they be: but if these signes come through a Purgation, they be more laudable. And although they be of diuers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proued thing for the Collicke, Strangury, and the Stone, take the seedes of Time, Parsley, Fennell seede, Spicknard, Annis seede, of Commin seede, Sinamon, and Galingale: of each halfe an ounce, Gromell seede, and Liquorice, of either of them an ounce, and beate them all to powder, and drinke halfe a spoonefull of the same powder in Ale, a little warmed, and walke vp and downe an houer after, before you eate or drinke any other thing. Doe thus fiue or sixe dayes together at the least and you shall finde it of a notable operation. This was taken out of a learned practisers Booke: besides since it hath beene many times proued.

31

Young children, whose gummes are anointed with the braine of an Hare do breede their teeth easily. Mizaldus. And it hath been proued with the braine of a cunnie.

32

A Walnut put fast in a Chicken, that it fall not out in the rosting thereof: it makes that the same Chicken will be the sooner roasted. Mizaldus.

33

If a round large vessell, with one hole in the top thereof, be filled full with quick Lime and Brimstone, of both equall portions, and then the hole well stop't, that no ayre nor any thing may goe out, and so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the said water hot a long time, or for many dayes. Proued of many saith Mizaldus. And I found the same also in an old written Booke.

34

Horses dung mixt with meate that is giuen to be eaten of mad Dogs, will take away their madnesse from them: (As it is thought,) Mizaldus.

35

If a wormе that is found in the Grasse, before it touch the ground, be hanged aliue at a womans necke that is with child,

it

it is thought she shall keepe the childe vntill the due time of the birth. Plinius. As Mizaldus.

36

If one giue any thing for Warres, to them that haue them, be it neuer so small a thing, as three or foure haires, (a rag of linnen Cloth, or some other thing of no value the sooner it will rot, so much the better,) & let the party that would bee rid of the Warts, wrap the same in some thing, and put it into the ground and couer the same with earth againe. Truely, as the same thing doth rotte in the earth, so will the warres weare and consume away. This is perfectly proued.

37

If Mars be in Gemini, and the Sunne in Pisces, in a quartile aspect, in the day time, or the Moone in the night time: (it doth signifie that) the childe then borne will be hanged. Taysnier.

38

They that vse to receiue three Pilles made of Aloes De succo citrino, made in powder, (which is to be had at the Apotheraries) and mixt with the iuice of Colewortes of the vignes of a Beane; shall neuer be troubled with paine in the head. Petr. Hisp.

39

A Strange medicine for the Gowte. Take a good handfull of Arsesmart, and wrappe and tye the same in a Burre leafe and lay it first in colde ashes, then compasse the same with hot embers and coales, and so roste the same well: then apply the same rosted Arsesmart to the greued place, and vse thus euening & morning for two or three dayes: and thou shalt find a present help thereof. This was told me for a great secrete, and as a proued thing.

40

If you put or drop salt within a Nut, quick Brimstone, Salt peter, and quick siluer; the same being put into a loafe of bread, and then the same loafe of bread put into some hot place, where it may heat, as soone as it waxeth hotte, you shall see the loafe of bread so leape, that it will be very pretty sport to them that sees it. Mizaldus had this of one that proued it.

41

A most excellent Oyle of Saint Iohns Worte, is made as followeth. Infuse or steepe for the space of three dayes the tops

of Saint Iohns Wort, in pure and excellent Wine, then in a double vessell let them heat easily ouer the fire, and then straine them easily: then againe put as many of the tops of Saint Iohns wort in that strained liquour, as you had before, and let them steepe therein three dayes or three nights as before, then heat and straine them as before, then adde thereto three ounces of Turpentine, and fiue ounces of old Oyle, and of Saffron the weight of xvii. Barly Cornes: mixe all together, and then seeth all together in a double vessell, vntill the wine be consumed, and that that remaines, put into a glased or leaded vessell, and keepe it safely for your vse. This Oyle is of a marueilous vertue and propertie, as well chiefely against venemous Vlcers as many other diseases and cold griefes: well knowne to many Women. Mizaldus.

42

If you rub slightly any kinde of Beasts or Cattell, with the iuice of Goodes, in hot weather, no kinde of Flyes will then hurt or molest them, nor yet annoy them. A thing desired of many and very necessarie for such as rides in the hot wether. Mizaldus.

43

If Mars be opposite to Iupiter, and the one of them be the Lord of the eight house: (it is like) the Child then borne shall die by the commandement of the Iudge. Taisnier.

44

The leaues of wilde Iuy sod in wine, and layd vpon any canker, doth kill and heale the same. Tortula.

45

This water following is very precious for frantick and mad men, proued very often. Take of the flowers of Rosemary, of Burrage, and of the rootes of Bogloss, of each halfe a pound, of Saffron two drams, of Quinces foure ounces, of the best White Wine, two pintes, mixe them all together, and then let them stand so the space of a naturall day: after that bury the glasse body wherein all the same is, in horsedung for fiftéene dayes: and then take it out and distill a water thereof according to arte, two or three times ouer. Keep this water as the apple of your eye, for it is very precious and well proued in all melancholy sicknesses very effectuously, and in the paine and trembling of the heart the quantity to be giuen at one time is a dram, which is the weight of

of lxxij. barly cornes. If you proue it, you will praise it. And this is in the newe Iewell of Health, with many other moe excellent things.

46

They are not like to lose their sences, nor their vnderstanding, in whose Natiuity the Moone doth apply to Mercury either by coniunction or by aspect. Iatromath. Guat. Ryff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then hold some thing that is very dry, and will take fire easily, nye to the same glasse, betwéene the glasse and the Sunne, and it will set the same thing there holden, on fier. Which is very strange to behold. And the rather, because fire a hot & dry element, is procured out of water, a cold and moist element, Iohan. Baptist. Porta.

48

Didimus writes, that Shéepe are woont to followe them that stoppe their eares with their wooll.

49

If any doth aske thée (hauing knowledge in Astrology) what hée did sée in his dreame: marke the Ascendent, when the question is made: and if thou doost finde Saturne in the Ascendent (or first house,) tell him that hée did sée in his dreame Religious persons: as Fryers, Hermites, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that hée saw in his dreame, Captaines, Knights, Murtherers, Théeues, Harnesse or Battels, or such like. If the Sunne be in his first house, he did sée Gardens, Trées with Fruites, Gold or a King. If Venus be in the Ascendent, hée did sée a faire Virgin, or some eating or drinking, or one lying with a woman, or that haue things wherin they are delighted, or els to play, or to walke abroad, or white or red garments. If Mercurie be in the first house, then he did sée handsome and eloquent men reasoning, or Palaces decked with Curtens and ritch hangings or Cloathes, Bookes or writings of saluation, or of accomptes. If the Moone be in the first house, hée did sée Riuers or water, or precious stones, of some that did eate or drinke, or his Mother, or his Awnt, or his Mothers Sister. This saith Haly Abenragell. But Messanala, and Alhaylat and Abrier Fotsall haue said, Looke in the signe of the ninth

house from the Ascendent, and if thou doest finde in the same house any of the seuen Planets, iudge that the vision or dreame was of them as is before, when they are found in the first house. And adde to the signification of the Sunne, (that is, if the Sunne bee in the ninth house,) that he did see himselfe flying betweene heauen and earth, or that he did see a great light: and if there bee no Planets in the ninth house: then marke him that is in the first house, if none bee there: then marke who is in the third house: if none bee there: then looke in the fourth house, if none be there: looke in the seuenth house: if none bee there, then looke in the tenth house. And iudge according to the signification of euery planet and thou shalt be certified God willing, Haly Abenragel.

50

Against the quarten ague, take all the Wine that the partye makes at one time in his fitte, and kneade flower therewith: and when the same is baked, then giue it to a Dogge of the same house. And when you haue done this thrice: the party will bee whole, and ridde of that disease. And in his steade the Dogge will be sicke. But for a man that is sicke, a Dogge must be chosen. If a woman, a Bitch must be had. This was taken out of an often proued experiment of an Italian, by the report of Mizaldus.

51

Whosoeuer desires to see the Sunne Eclipsed without hurting their eyes: Let them beholde the shadow thereof in a vessell, wherein Oyle is put: Where they may beholde and see it without danger. For a fattye humor is not easily troubled. And what shapes or formes it doth receiue, it representeth the same truely. Mizaldus.

52

A Lamen, or thinne plate of Gold, borne on the seame of the braine, doth strengthen the braine. The same hanged against the Region or place of the heart, doth helpe the beating of the hart and encreaseth gladnes. And if it bee put vpon the reines of the backe, it strengthens the reynes, and easeth the same, and ceaseth the paines of the backe. But Mizald willeth that the same plate be beaten and made of pure and fine Gold, when the Sunne is in Leo called the Lyon: And Iupiter and the Moone beholding each other happily, Herm. Arnoldus villa nouanus & alij.

If

53

If the Lord of the Horoscop be in the seuenth house Combust, and the Sun hath no essentiall dignity in the same: the hee (that is then borne,) shall perish by the hands of many, which will rise against him. But if the Sunne haue then any power in the seuenth house: hee shall dye by the Kings commaundement. Taysnier.

54

It is proued and a secret: that if three graynes of Mastick be giuen to the patient to be swallowed euery night at his going to bed, it doth preserue him from the paines in the stomacke, and doth cure him. Emperica benedicti victorij. I know by proofe, it helpes the stomack meruellously.

55

This water following, breakes the Stone in the bladder, and in the Reynes. Take of the iuice of Sarifrage, two pintes, of Gromell, and of the iuice of Parcely of either one pinte, of the best Vineger of a pleasant Wine, eight ounces, distill all these together, and let the liquour distilled be kept in a Glasse with a narrow mouth: Of which, minister in the morning one ounce at a time, as much at noone, and as much at euening going to bed. This is a proued water, as saith Fumanellus.

56

To dreame that Eagles flye ouer your head, doth betoken euill fortune. To dreame that you see your face in the water signifies long life. To follow Bees, betokens gaine or profit, to be married, signifies that some of your kinsfolkes is dead: to dream that you worship God, signifies gladnesse, to looke in a glasse, doth portend some issue or a childe: to haue Dyle powred vpon you: signifies ioy. Michal Scotus and Artemidorus.

57

If you would haue Copper to melt quickly, and runne easily, put the hoofes of a Horse into the same, betweene the melting and powring out thereof. Mizaldus had this secret of an expert Italian.

58

Goates will not stray nor wander, if you cut off their beards. Florentinus.

If you put a Toade in a new earthen pot, and the same be couered in the ground in the mids of a corne-field, it is said there will

will be no hurtfull tempests or stormes there. As Archibius did write to Antiochus King of Syria. Plinio Authore.

60

If the Lord of the eight house be found in the twelfth house, with an euill Planet, or in his euill Aspect, (it shewes,) the child then borne, will die a captiue, (that is) in prison, or as one that doth fly away. Taisnier.

61

Whosoeuer anoints their belly with this ointment following it easeth the paine of the head, it purgeth the stomache, it comforteth the appetite, and clarifieth the eyes. Take of the iuice of Smallege two ounces, of the iuice of Mercury foure ounces, of Gose greace and Hens greace, of either of them a pound, of Rosen two ounces, of Pastricke, and Frankincense, of either fiue drams, of Cassia fistula two drams, and put thereto iuice of Walwort, and of the inner rinde of Elderne, and mixe them all well together, and make thereof an ointment. This if it be well made, is a very good thing.

62

The Squinancy, or any other paine of the throat will be helpt with this following. Marke where a Swine doth rub him, and then rubbe your hand on the same wood, post, or stone, with which hand rubbe your sore or swolne throate. And as some say that haue proued it: cut off a piece of the same wood, where the Swine did rubbe himselfe, and rub the swolne or grieued place therewith. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person grieued or diseased. This is a very true and often proued thing.

63

Take a pinte of white Wine, one handful of Woodbine leaues, or two or three ounces of the water of Woodbine, and a quarter of a pound of the powder of Ginger, sæthe them altogether vntill they be something thicke, and anoynt a red pimpled face therewith fiue or sixe times, and it will make it faire. Proued.

64

Ludouicus Viues doth write, that within the memory of his Ancestours or Fathers, there was a Sepulchre or Tombe

pluckt

plucke vp wherein a burning Candle was found, made (as was witnessed by writing) fiue hundred yeeres before. And when it was touched or handled, by and by it was resolued into powder. Iohannes Langius. 65

If you would haue a deepe Well made, it is best to digge the same when the Sunne is in the last parts of Virgo, before the Autumnall Equinoctiall, (which is about the beginning of September, or immediatly after,) for then through the great heat and drinesse of the Summer the earth wants raine. Mizaldus had this of one that was skilfull in such things, which was a master Carpenter. 66

If any be bitten or stricken of a Scorpion, which shall eate Basill the same day, he shall be made whole thereof. Aphri. reports it. 67

If any fall sicke in the houre of the Sunne, he will haue a strong Feuer or Ague: And many times shall be vexed in his minde: which shall bring no small hurt vnto him. Hali Abenragel. 68

The iuice of Coriander, giuen to them that haue the Falling Euill to drinke: will not suffer the humour to ascend into the head, and it worketh great helpe to the diseased. This was written in an old Booke.

69

Whosoeuer is brought weake, either by some grieuous sicknesse or disease, or long continuance, or by woundes receiued, or any other way, and thereupon haue a Siege of Melancholy, like to blacke blood, he shall doubtlesse dye the next day after. Hipocrates in suis Aphor.

70

A sawsleame or red pimpled face, is helped with this medicine following. Take Enula Campana, foure ounces, and seeth it with vineger, till the vineager be sodden in, then stampe it small, and then put thereto quicke siluer & brimstone, of either foure drams, and Barrowes greace, foure ounces, and beate them altogether, and make thereof a plaister, and lay it to the infected or spotted place in the Face all night: and on the morrow wash it off with warme water. Doe thus fiue or seuen nights, and it will helpe it without doubt.

71

The first seede that the Hee, or Male Piony brings forth (being round and blacke,) doe marueilously recreate or helpe those that haue the falling sickneſſe: If some thereof be stampt and taken with Oximell scilliticke, which is to be had at the Apothecaries: and with the Sirrop of Stricados, and a little Nutmeg which Lemnius doth witneſſe for a very truth.

72

Whosoeuer is stricken or hurt of any venemous worme, or other thing: or else bitten with a mad Dog, let them take heed diligently that the same thing that did hurt them, see them not vntill they be perfectly whole. For the Hebrew Phisitions say that the party hurt, shall then dye, or else be in perill afresh: yea though they begin to ware whole when they see them. Mizaldus.

73

One handfull of Basill, with ten Sea Crabs, stampt or beaten together, doth make all the Scorpions to come to that place, that are nye to the same. Aphri. as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house it signifies, the child then borne, shall die in prison. Taysnier.

75

Wine wherein the rinde of an Ash tree hath beene seeth drunke fasting, five or seuen mornings together, doth perfectly helpe them that are tormented with the paines of the splene (Which makes one to haue a great paine in the left side, and their most griefe is after meat.) And if you anoint the grieued place, so long with an ointment called Dethea, euery morning and euening, it is an excellent thing likewise.

76

Behold a singular Dyle or baulme drawne out of Ware and Turpentine, which driueth and mightily pearceth where the same is applyed, taken out of the secrets of Fallopius. Take of the purest and clearest Turpentine that can be gotten, one pound and fiue ounces, of new yellow Ware that is odoriferous, twelue ounces, of Nutmegs and Cloues: of either one ounce, of common Bdes, five ounces, beate all these well together, then put the same into a Retorte, fenced with Lute of wisedome, and

so

set in ashes, and distill it with a slow fire at the first, and after encrease the fire vntill all be distilled, which gathered, distill the second time in a Glasse body with an head and receiuer, putting vnto it before the distilling foure ounces of the powder of Wicke or Tiles. Which diligently luted in the ioynts, maintaine fire vnder it, vntill no more will come, then haue you purchased an Oyle of a Rubine colour, which worketh miracles in wounds, especially where sinnewes be harmed. This also helpeth any manner of Rume proceeded of a cold cause, it helpeth besides the cough, by anoynting the Region of the Brest therewith: and it is also of great importance vnto many other greefes, inuented and proued by the aboue said Author many times. This excellent Oyle I had out of that worthy Booke, called the new Jewell of health: which many perhaps shall read in this my booke, that otherwise should neuer haue seene that booke. Which makes me describe herein some notable things therein vttered.

77.

A notable and often proued plaister, to destroy any impostume swelling, and stitch, in what place of the body soeuer it be: is now described as followeth. Take of the Roote of Hollyocke, (cleane washed and cut in peeces,) two good handfull, and seethe the same in faire water, vntil the said root be something tender. Then take out the said root, and put into the same water, of Fenecréeke and Linseede, of either one handfull, (something stamped and bruised,) and seethe them together vntill the water be roping like birdlime: then stampe the said root of Hollocke beforesaid. And put it to the said Fenecréeke and Linseed, with an handfull of Barly meale, and fry them together with Boyes greace, and Barrowes greace: and need be, you may take Sheepe suet,) then lay a plaister thereof to the sore, or grieued place, as hot as the party may suffer it: and let the same lie twelue houres vnremoued at the left, and after apply another plaister of the same thereto, in such order, and within nine plaisters it will worke the full effect. It hath helpt and dissolued the Pleurisie, with the applying of three or foure plaisters. A thing of small cost, and great vertue.

78

When the Lord of the ascendent is impedite or infortunate of the Lord of the second house: it signifies that the [illegible] shall

shall not be healed, and with great expences of money, or else dye. And vniuersally, marke what Planet doth infortunate the Lord of the ascendant. The sicke is like to haue harme, or hinderance by such things, as that house doth signifie whereof that infortunating Planet is the Lord or significr. Iatromath. Guar. Ryff. 79

Egge shells dryed and beaten to powder, and giuen in white Wine, breaketh the Stone. It is a tryed medicine, as one affirmed to me. 80

Sugar, (especially Valentia Sugar,) made in powder and put into a wound or cut, doth not onely cleanse all corruption from it, and consumes all superfluous flesh or matter in it, but also heales it marueilously. If you list you may mixe a little fresh butter therewith, whereby it will not be of the lesse vertue. This is a sure, excellent, easie, and a ready medicine, who list to try it, shall finde it a singular thing.

81

A certaine wench was borne within fiftéene miles of London, who within a yéere and a halfe after her birth did begin to eate earth, stones bricke, and grauell: and so continued therein, (hauing all her delight in eating of such baggage) also she did eate the woollen slæues that were on her armes, besides that she did eate a gloue. And on a time her mother did feed her with milke: there chanst to fall a great piece of soote, out of the Chimney into the said milke, which soote, the said childe tooke out of the dish with her fingers, and did eate it most grædily. She abhorred then bread and butter, & other such naturall food. Whereby she was marueilously consumed with a flure, and she yet liueth, hauing nothing on her but skin and bone. I sawe her in June 1577. She was borne in Charsey, within two or three miles of Staines, at which time she was full three yéeres of age.

82

It is said, that Mise dung, with the ashes of burned Wasps, and of Hasell nuts, and a little Vineger of Roses put thereto, doth trimly decke a bald place with haires, if the same place be often rubbed or anointed therewith. Mizaldus.

83

If any Beast of the female kinde doth pisse vpon the wine of a Wolfe

Wolfe newly made: the same Beast shall neuer conceiue, Pythagoras.

84

Ætius giues counsell, that that Dog be buried or put into the ground in any wise, which is dead by taking his disease from a man: for it is certaine (saith he) that dangerous and many effects (the man being escaped,) are turned or ouerpowred into him.

85

The troublesome or vnpleasant noyse of Frogs in the night, will cease: if you set a Candle burning on the bancke-side nie the water where they be. Or else many lights according to the greatnes of the place where they be. Africanus Geopon. And this was proued at Paris, by the meanes of a President there, that therewith was troubled. Mizaldus.

86

It is the opinion of many, that an hearbe called Leucanthus, that is white Thorne (euen as the Bay tree,) is neuer stricken nor touched with lightning, nor is not touched with any euill from Heauen.

87

Zael saith, that he hath proued in many Natiuities, where the Mone is in Virgo, opposite with the Sunne: that the Child then borne, hath bene drowned.

88

Sixe cloues of Garlicke stampt and strained into a draught of Rhennish wine and so drunke: is a present remedy for the Collicke, Stone and Strangury. An excellent tryed medicine, if you take it three dayes.

89

Make pouder of the flowres of Elder, gathered on Midsummer day, being before well dryed, and vse a spoonefull thereof in a good draught of Borage water, morning and euening, first and last, for the space of a month: and it will make you seeme young a great while. This I had out of an old written booke, as proued.

90

Take Horseleaches, and lumme them to powder, & mixe them with Eysell, then 'vse to rubbe the place therewith where you would haue haire grow no more: and there will no haire grow in that place. This was a secret of a notable Practiser.

91

Whosoeuer vses to drinke butter milke, they will be laxatiue, although they be very much bound, and cannot goe to stoole: proued.

92

They are like to haue the falling sicknesse, in whose Natiuities the Moone and Mercury doe not beheld the one the other. Or where neither of them doe behold the ascendent; and whereas in the day time Saturne is the significr of the qualities of the mind, and then being in an Angle, and Mars in Natiuities of the night.

93

That young Beasts be not hurt of their fetters, or that being hurt of them, they may be cured: Tie vnto their neckes a Date stone bored thorow. Mizaldus.

94

If you giue to them that haue the falling sickneſſe, this medicine or antidote following three dayes, whiles the Moone is coniunct to Iupiter, it will helpe him. Take of Mace, the seeds of Piony and the roots of the same halfe a dram, the leaues of Gilliflowres, and of Primroses, (which some takes to be Daisie) one dram, stamp them and giue it to drinke with white wine, the party being fasting. Mizaldus.

95

A certaine Country man did sleepe open-mouthed in the fields, a Serpent crept in at his mouth, and so into his body: but after the same man cured himselfe thereof with eating of Garlick. But he infected his wife with poyson, by hauing to doe with her carnally, whereof she dyed, which was very rare and strange. Volateranus.

96

Powder made of the stone of a Swallow, giuen to drinke to them that haue the Falling sickues, healeth them without doubt, for it is a sure experiment. Petrus Hispa.

97

If you would know whether a Woman be conceiued with Child or no: giue to her two spoonfuls of water, and one spoonfull of clarified Hony, mingled together to drinke, when she goeth to sleepe: and if she feele gripings and paines in her belly in the night, she is with childe, if she feele none, she is not. This is very true and often proued.

Be

98

He will neuer be poore, of whose Nativity Iupiter is ruler, or Lord Gelienarrant: the Author of which worke is vnknowne.

99

This following will take spots out of the face, & beautifie the same. Put seuen whole Egs in most pure and strong Vineger, and let them lye therein so long, vntill their shells be as soft as their inward skins, and mixe thereto foure ounces of Mustard seed, before made in powder (or stampt) then stamp or grinde them together, and therewith let the face be anointed. This hath beene proued. And Torrula affirmes it also for the like purpose.

100

Greene Nettles layd in the vrine of one that is sicke, and so steeped therein for the space of xviij. houres, if after the same time they be taken out green and fresh, it betokens the sicke party will recouer of that sickneſſe: if they be withered, it is a great token of death. Mizaldus.

The end of the fifth Booke.

The sixt Booke of Notable things.

1

If you would haue any Beast, or any part of the same, (of what colour soeuer he be) to be turned into white, shaue off the haires, and smoak the same that is shauen with the fume of brimstone, and white haires will grow there. You may proue the same in flowres. Mizaldus.

2

The Berries of white Thorne, taken with white Wine, is of great force, for destroying or expelling of the Stone. It is knowne by the practice or experience of the Country men. Mizaldus.

3

In a question of a vision or dreame, marke the Lord or the Alumten of the Ascendent, and the Moone, and consider if thou findest either of them in the ninth, or third house: but if you finde none of them there, then marke, if thou finde either of them

them in the Ascendent or first house, or in any of his angles: and if you so find either of them, and the same be separate from a good Planet, and applyed to a good Planet: It signifies that the dreame is good and pleasant, and of a good signification, and is of the condition of that good Planet, to whome he applyes: and the profit or commodity of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth behold with a good aspect. But if it be separate from an euill Planet, and applies also to an euill Planet: then the vision or dreame is euill, and to be feared, and is of an euill signification. Which euill and harme shall be according to the nature of the Planet, to whom the same applies, and according to the nature of the house wherein he is in the figure, and according to the nature of that euill Planet. But if it be separate from a good Planet, and applyes to an euill Planet: say that the vision or dreame was good and pleasant, but he hath an euill signification. But if it be separate from an euill Planet, and doth apply to a good Planet: say that the vision or dreame was foule and euill, but it hath a good signification, and the profit or successe thereof, will be according to the nature of the Planet, to whom he doth apply, and according to the nature of the house wherein he is in the figure, (As we haue said) Therefore according to this way and rule, consider the visions or dreames: and conferre one to another, and thou shalt be certified, God willing. Haly Abenragel.

4

It is proued, and a secret; that if you giue to them that haue the Yickon, euery morning three houres before meate, one roote of greene Ginger, and immediatly after drinking two draughts of Malmesey, you shall see that he will be soone cured. Emperici Benedicti victorij.

5

A sword wherewith a man is killed, the blood being cleane wipt from it, and put into a hot fire, which being taken out of the same doth manifestly shew the murder: for so farre as the sword was in the wounded person, so farre it will be of a contrary colour to the sword. It was told me that a Bishop did try it to be true, by one of his men.

If

6

If the blood of a Cocke be dryed, and made in powder, and mixt in Wine, wherein there is water, it makes the water swim aboue. This was the relation of a learned Munke. Mizaldus.

7

Planten hath a maruelous vertue, to deliuer them of the plague that are infected therewith: giuen any manner of way. Proued.

8

The more liuely and quicke that a Horse is, the more deepe he will thrust his nose into the water, when he drinkes. Plinius.

9

Swine & Elephants doe hate white garments, Buls and Oxen hate maruelously garments that be of purple colour, which many vnder such apparell haue sometimes proued to their great griefe. Plinius.

10

If the Lord of the eight house, be in the eight house, or behold the same happily: the childe then borne will die in his Country, or nye the same. Taysnier.

11

The white of an Egge, and the iuyce of Pelitory of the wall, well beaten together, and skimmed: and then one drop of that liquor put into the eye, doth heale the web in the eye. This is true and proued.

12

A proued Oyle which is very good for the Dropsie, called Ascites, if all the belly or paunch be anoynted therewith. Take of Turpentine one pound, of Frankincense, Mastick, Mirrh, of each two drams, Landanum, one dram, Nutmegs, Cloues, Galengal, Zedoary, of each one dram and a halfe, of the iuice of Wallwort, and the iuice of Cucumber, (called Cucumus asininus) of either one ounce: Let them be powdred, that are to be powdred, and let them be mixed together, and put them in a Limbecke, and let an Oyle be distilled thereof, and it is a most secret thing, not onely to take away the swelling of the belly in the Dropsie, called Ascites, but also any flegmaticke swelling of any other member of mans body, and it is maruelous for the paines of ioynts, and members of a cold cause. Emperici benedicti.

13

A certaine Butchers wife being with child, as she was stirring the blood of a Beast newly killed, a little thereof did chance to sprinkle, or spurt on her face: which she with her hand suddenly wiped off, and then wiped the same hand on her left thigh: Who after being brought to bed of a Boy, the same Boy had, and hath the like marke, or blood-pot on the left thigh. They that knew both the Father, Mother, and the Child, told this for a very truth. Therefore it is not good to hit a woman suddenly, being with child, on the face, or otherwise: lest the child she is withall, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time, (that is) the Sunne in the day, and the Moone in the night, and the Alumten of the Ascendent, are both impedite, or evill affected of the Lord of the eight house, or of the Lord of the fourth house. Iatromath. Guat. Ryff.

15

If you will take the haire from any place of the body, & would have it to grow there no more: stampe Ants Egges with the iuice of Henbane and Hemlocks, or with the blood of a Bat, or Reremouse: and anoint the place therewith. Mizaldus.

16.

To catch Crowes.

If you cut the liuer of a Beast in pieces, and put into the same pieces, the powder of Nux vomica, called the Spuing Nut, (which is to be had at the Apothecaries,) the same pieces being strowed or laid in an open place, where Rauens & Crowes may resort thereto: the Crowes or Rauens that eate thereof, cannot flie away: whereby you may take them easily. This I know to be certaine and true.

17

The little Bird called Linaria, begins to leaue singing, and also to be sicke when the Starre called the little Dog, doth rise, and will plucke off her feathers. Which chanceth about the middest of July: as we haue proued by one another, (saith Mizaldus) the space of ten yeeres: And thereupon haue shewed to many, that then that Starre did surely rise. And in a Larke wee haue obserued the same, (saith he,) in the rising of Arcture with the

the Sunne. And it is not to be doubted, but that other Birds, and liuing things, haue their peculiar Starre, whereby they are moued to sing, or to hold their peace, to sadnesse or gladnesse, which I desire the diligent searchers of secrets to obserue. Thus much Mizaldus. All liuing things haue their Starre.

18

The Lord of the Ascendent in the twelfth house, in a humane signe, without the beames of good Starres: the Child then borne, will be imprisoned. This is true and often proued: and also Taysnier affirmes it.

19

This following is a sure and proued Medicine for the Tooth-ache. Take a handfull of ground Ivy, as much of Spearmint, and as much of Salt, stampe them all a little together, then put all the same into a pint of Vineger, and seethe all well ouer the fire, then straine it well, and put the same into a close glassen vessell, or bottle: and when you will occupy it, take a spoonefull thereof, and put it into the side of the mouth that aketh, and hold downe your cheeke, that it may descend to the rootes of the aking teeth, and it will take the ache and paine away presently. This was taught me by a woman, to whom many resorted for helpe, who vsed onely this medicine therefore. Tooth ache.

20

An Ointment made of the Oyle of bitter Almonds, Hunny, the rootes of Lillies and of Mare: is an excellent thing to anoint the face withall, to get away wrinkles, spots, and other deformities of the face. Mizaldus.

21

You may take Foxes with this Oyle following. Anoint the soles of your shoes, with a piece of fat Swines flesh as broad as your hand, newly rosted, or a little broyled at the fire, when you goe out of the Wood homeward. And in euery of your steps, cast a piece of the Liuer of a Swine rosted, and dipt in Hunny, and draw after your backe the dead carkas of a Cat, and when the Fox following thee, comes neere vnto the Steps, be sure to haue a man nye thee with Bow and shafts to shoot at him: or by some other meanes to hit him. Mizaldus had this of an expert Hunter. A Trayne for a Foxe.

22

Women that haue double apples in their eyes, or scales, doe euery where hurt with their looking. Which is called of

some ouerlooking. Cicero.

23

Bodies that are stricken with Lightning, doe remaine vncorrupt: therefore in ancient time they did neither burne nor bury the bodies of such as were stricken or killed with Lightning: whereupon it is plaine to all men, that the same bodies are not corrupt as others. Mizaldus.

24

If the Lord of the eight house, be in the third or ninth house: it signifies, the child then borne, shall dye among Strangers, or out of his native soyle. Tayfnier.

25

Wormswood newly stamped with the white of an Egge, and laid ouer the eyes, taketh away the blood and redneſſe thereof: of what humour soeuer it come. This hath beene often proued.

26

If one doe take this confection following fasting, he shal neuer fall into the paines of Collicke nor Illiac. Take the outward rindes of Radishes, being taken or pared thick, two pound: white Hunny foure pound: let them boile together, vnto the consumption of halfe the Hunny: then put thereto of the powders of Sinamon, Cloues, Nutmegs, Mace, blacke Pepper, of each two drams: mixe them together and let them be put vp in a cleare vessell, and let the Patient take and eat euery morning halfe an ounce of the said rindes of the Radishes. Benedictus victorius Fauentinus.

27

If you take the powder of Brazel, & mingle it well with milk, but so that it be very red, and put therein either straſſe, wood, or bone, letting it lye therein eight dayes: it will make the same wood or bone red for euer. I had this out of an old written booke.

28

To dreame that you goe ouer a broken bridge, betokens feare: to haue your head cut off for a haineous offence, signifies the death of friends: to make cleane the hands, betokens trouble: to see hands filthy or foule, doth signifie losse and danger: to see Lambs, signifies griefe or paine: to take flies, signifies wrong or iniury. Mizaldus.

A Garla

29

A Garland made of Iuy leaues, and laid vpon womens paps, or dugs, that hangs flagging downe: it gathers them together, and makes them round. Iuy leaues stampt and applyed thereto, workes the like effect. Mizaldus.

30

A Tode being stricken of a Spider, or of a Serpent, doth helpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode being on the ground, hard by a wall, a Spider did suddenly strike the said Tode on the backe: Which when the Tode felt, beginning to swell, did eat of Planten nye vnto the place. Whereof being well, the Spider againe did poyson the Tode with her venome as before. Which done, the Tode preserued her selfe with the said Planten as before: but one that chanst to behold the same, did then cut vp the said Planten, and toke it away from that place. Which Tode the third time being stricken or rather poysoned of the Spider, as before, immediatly searched for the said Planten, (for as it should seeme) there was no more Planten nye to that place, which when shee could not finde, did swell so sore, that soone after shee did burst withall. The party that did take away the same Planten, & did see this strange and marueious matter, did tell me this for a very truth. Whose credit I know to be such, that I am bold here to place the same, hauing such good occasion. And I heard that a noble man of this Realme, did see the like.

31

Whosoeuer is sore grieued with the Stone, and cannot make water, let them drinke a spoonfull of the powder called Puluis duiriticus, in a draught of white wine, (which you may haue made at the Apothecaries) aboue it three or foure mornings together, or something lesse if you list. Giue halfe so much to a child, and without doubt it will make them auoid the Stone, & to make water presently. I haue proued it oftentimes to be a soueraigne thing in this case. And there was one from whom I had it, that got therewith aboue a hundred pound by the yeare. If it be truly and well made, you will praise it well as I haue done, & because it is such a notable thing, I would haue it better knowne, and more vsed.

32

Make Oyle of Paper, by burning faire paper on a cleane pewter dish or sawcer: or hold a piece of faire paper folded on a knives point, and set fire on the nethermost end thereof, and hold the same nye vnto the sawcer, & out thereof will come a little moist Oyle, and be on the sawcer. Take a little thereof on a cleane feather, and put it into the eye that is sore or dimme of sight: and it will helpe the same marueilously. It hath beene proued in many to be excellent. And Euonimus doth praise it therefore.

33

If the Lord of the Ascendent be in the eighth house infortunate it signifies that the sicke party will kill himselfe through euill guiding him, Iac.

34

A Spirit came nye vnto M. Brutus, leading an Army of men from Asia; when Brutus asked him who he was: he answered, I am thy euill Angel, whom thou shalt see in the fields of Philoppis in Thessaly, and there Brutus dyed in conflict. Plutarchus.

35

Agrimony sod in red wine, wherewith if wounds bee washt, it cleanseth all filth and corruption from them. And the leaue of Agrimony beaten, or stampt, and tyed on wounds that be ill ioyned or knit together, by and by doth open them. A Spaniard told this to Mizaldus.

36

He that receiueth a summe of money in the houre of Venus, he will spend the same with Women, in pleasures and wantonnesse.

37

The iuice of Rew mixt with Honey, that hath beene skummed, and a little thereof put into the eye at once, riddeth them that vse it, of an ancient dimnesse of the sight. Proued often.

38

If a woman hath not conceiued, and thou wilt know whether she shall conceiue or not, let her be well couered with cloathes, and beneath let a fumigation be made of hot things, and odoriferous, or sweet smelling: for if the smell come vp thorow her body to the nose, and mouth: be sure that she is not barren of her selfe. Hippocrates Aphor.

39

Whosoeuer is grieued and tormented with the Stone, let

t them take an ounce of the rootes of Radish, cut in slices: nd lay the same to steepe in halfe a pint of good white Wine night, then straine the same well, and put thereto of the Electuary, called Lithontriphon, of the description of Nicholas: and so lutinum, one dram, mixe them with the said white Wine, herein the Radish was infused, and let him that is grieued ith the Stone, receiue all the same at one time, and you shall see maruelous worke thereof. If need be, let him receiue the like uantity thereof three or foure dayes together. This is proued be sure and an excellent thing, for breaking and auoiding the tone, and Grauell. Be sure that the Apothecaries make it of ood stuffe.

40

A head of Garlike (the skinnes pulled off, and a little boyled) laid by equall parts to the hollow parts of the soles of eir feet, that are grieuously tormented with the Tooth-ach, pecially if it come of a cold cause, and be on the nether iaw, it ill helpe them with speed, by drawing the humors out of the les of the feet I haue knowne them that haue taken this Receipt, and haue not beene troubled with the Tooth-ach of seuen eres after.

41

That man is like to haue few children, in whose Natiuity Saturne is in the Ascendent, opposite to Venus, or if Venus be in a straine signe, infortunate of Saturne: or if Venus be in the house Saturne, especially, infortunate of him. Iatromath. Guat. R. ff.

42

If you rub or touch Warts with the leaues of a Figge-tree, e Warts will consume and vanish away: so that the said aues be buried within the earth, or ground: Some ascribes the me to the heart of a Pigeon. Mizaldus.

43

Elephants of all other beasts, doe chiefly hate the Mouse: so at if they shall see, or perceiue that a Mouse hath once touched eir meat that is before them, they loath the same, and will not et a bit thereof. Plinius.

44

If the Lord of the Ascendent be Combust in the twelfth use, he that is then borne, will dye in prison or captiuity. ayfnier.

The

45

The powder of the Berries of Briony, drunke in the water wherein water-Cresses are sod, doth marueilously heale the Strangury.

46

If any Woman great with child shall take this drinke following, euery other day in the morning, three houres before she eat any meat, beginning the same about ten dayes, or a fortnight before the time of the birth, the birth shall not onely bee made more easie, but also she shall bring forth her child without paine. Take of the great Treacle one scruple, (which is ℈ weight of 24. barly cornes, the powder of Liquice, and the powder of Cinamon, of either three graines: of good white wine one ounce and a halfe: mixe all together, and make thereof a drinke, & let it be giuen to the woman with child, in such manner as is before said. Benedictus Victorius Fauentinus, in his booke called Empe-rica.

47

This following will stop the bloody flure. Take Yarrow and Plantan of either a like much, stampe them wel together, & put thereto red Wine, and straine it well, and drinke a good draught thereof first and last, three or foure daies together: and certainely it will stay it. It is an easie and precious thing.

48

If you will proue whether a Woman be with child or no, let her make water in a Copper or Brazen Vessell, and let a Needle lie therein a whole night, that is bright and cleane, and if she be with child, the Needle will haue red spots on it: if not, then it will be blackish, or rusty. It is proued, as Mizaldus was informed.

49

If a Crow chance to eate of the rest of the flesh whereof a Wolfe hath eaten before: the same Crow will die soone after. Aelianus and Philes.

50

Neither falling sickines, neither Deuill, will infect or hurt one in that place whereas a Bay tree is. The Romanes call it the Planet of the good Angel, &c. Mizaldus.

51

Writing Inke tempered with water, wine, or vineear, wherein Wormewood hath been steeped, Spice will not eat the Papers,

&c

or Letters written with that Inke. And also clothes wherein Wormwood is layde or wrapt, is safe from moths: and if there be any there, it will driue them away. Dioscorides.

52

The houre of Mars is to bee abhord in all things, both in the beginning, and when the thing is done. Haly Abenragell. Therefore you were best to take hæde, that you take no notable thing, or great matter in hand, or begin any long iourney in the houre of Mars, if you can by any meanes know when it is. But whosoeuer puts their whole trust in God and guides their life by the rule of his holy Word, (be hee neuer so simple and vnlearned) he will so guide them, and so instruct them, that they shall auoide all such dangers, and perillous times. And contrary, the wicked learned, (yea though they knowe the times) shall not haue power to auoid them, as I haue seene in many: which afterward they did well consider, though too late. And as I haue sayd of Mars, so I say of Saturne: For there is neuer a good of them both. Yet doo I not thinke, that Saturne or Mars shewes such harme to them, in whose Natiuities they are Significrs, or beare rule in the Ascendent: but chiefly to such in whose Natiuity they are Lordes of the 12. 7. 5. or 8. house. But surely I haue markt it long, and yet I neuer sawe any notable thing begun in the houre of Mars or Saturne, that came to a good end. Which they shall well finde, that begin to set forward towards the Sea, in Saturnes houre. I speake by tryall as well as Haly doth: which I should not haue considered so much, but by his counsaile and proofe.

53

Oxen, Kine, Bullockes, or Horses, shall not be troubled with any disease, if you hang a Harts horne vpon them. Absyrtus.

54

If you ioyne a Lyons skin, to the Skin of a Wolfe or any other beast, it will make them without haire, or cause their haire to fall or consume awsy. Mizaldus.

55

Colewortes, and Rewe (called hearbe Grace,) are so contrary in nature the one to the other, that they ought not to bee sowne nigh together. Fracastorius.

56

If any Sheepe, or else hairy Beast, or else Man or Woman be full of wormes in any wound or sore, take of the wooll of the same Sheepe, or haire of that Beast, or some of the haire of the Man or woman, and hide the same before the rysing of the Sunne, under the barke of a Tree, called Trembla, (which is a kinde of blacke Poplar tree.) Doe thus certaine dayes, and thou shalt see the wormes fall out of the wound or sore miraculously: or else they will dye or leaue that place. Where be that ascribe the same to the Birch tree, and also to the roote of wilde Succory hanged at the neck in manner of a Crosse. Which Mizaldus saw obserued in a Dog, one of whose eares was almost eaten off with wormes.

57

It is proued oftentimes by experiment, that many being born in Coniunction of the Sunne and Moone, doe dye in the opposition: (that is, in the full of the Moone:) and they that be born in the full of the Moone, are dead in the coniunction, (that is in the new Moone.) Taysnier.

58

Put two or three of the seedes of Oculus Christi into your eye, and within a while after you shall not feele them. Whereby you will thinke they are not there. But at the last they will drop or fall out of themselues, compassed about with slymy matter, which hinders the sight. Which if you vse, they will cleanse and cleare your eyes marueilously. This I know to be very true.

59

If one doth buy Warts of them that haue them, and giue them a pinne therefore: if the party that hath the Warts, pricke the same pin vpon some garment that he weares dayly, or commonly, the Wart or Warts without doubt will diminish and weare away priuily, and be cleane gone in short time. This was told me for an often tryed and proued thing: yea, and by such a one as had seene the experience thereof. Also Warts rubbed with a piece of raw Beefe, and the same Beefe being buried within the ground, the Warts will weare and consume, as the Beefe doth rotte in the ground. Proued.

60

Salt Armoniack stampt, and mixt with water, doth make white

white Letters, nothing differing from the colour of Paper, but if you hold the same Paper to the fire, the Letters will waxe black. Mizaldus.

61

A thing to be marueiled at, and worthy to bee remembred doth follow, declared by Iouianus Pontanus. A certaine Caetane Woman, (saith he) was married to a Fisher, whom he did vse as his Wife, according to the order of Marriage, many yeeres (as Anthonius Panthormita, being a friend of the same Fisher, was wont to tell to the said Iouianus Pontanus, when he was young:) which Woman after she had been married fourteene yeeres, did become to be a man, and suddenly there sprung out the members of man, in the naturall place of the Woman. Which being so ashamed of her condition, as one that thought she should be mocke or laught to scorne both of Men and women, became a Religious woman, and liued in a Monastery, where hee knew her the rest of her life. And she was buried at Rome, in the Temple of Marie or Minerua. And another woman called Acmilia, was married to one Anthony a Citizen of Epula, and after she was married twelue yeeres, she was changed into a Man, and was conuersant with men, vsing then the artes and trades of men, in that Country, and married a Wife. This writes he in the tenth booke De rebus coelestibus, &c. Mizaldus.

62

If the Lord of the Ascendent be Combust in the Ascendent, or in the first house, it signifies short life to the childe then borne, Taysnier.

63

Take the inner rinde of an Oake tree, and seethe it well in faire water, and then bathe any sore old or newe therewith, haise a dozen times together, twice euery day, and at euery time when it is thus bathed, then anoint it with Butter and Brimstone mixt well together, and within nine or ten dayes, it will be whole, (God willing.) A true and tryed medicine.

64

This following will helpe the yellow Iaundice with speede. Take a Burre roote, the greater the better, scrape it cleane: then take a pot of new Ale, and put your roote therein, and the Ale to it boyle, and let it be therein one day and one night well stopped, the let the patient drinke a good draught, two or three times, and he

will be whole certainly. Proued.

65

The sick is much to be feared, if in the Ascendent, or in the eight house, or with their Lords, there be euill Starres or Planets. But if good Planets be there, it is safe enough. Iatromath. Giat. Ryff.

66

Aristotle and Auicen do affirme, that of the round and short Egge, the Cocke chicken doth come, of the long and sharpe Egge, the Hen chicken. Mizaldus.

67

If you put yellow Amber into hot melted waxe, (before wel skimmed) it will be then as soft as clay, so that you may make things thereof, in what forme or fashion you will, it will be so tractable and soft. Mizaldus had this secret of a certaine cunning Lapidary.

68

There is nothing better to driue away Serpents or snakes, then the smoke of olde Leather, or olde shoes burned, or else to bring them out of ones body, before crept into them by sleeping open-mouthed. Whereof Marc. Gatinatica an excellent Physicion doth write, that the like did happen to a certain man in his time: to whom when many medicines were giuen in vaine, the said man receiued the smoke of old Leather at his mouth by a funnel so that it went into his body, and as soone as the venemous thing in his body felt the saide smoke, it came out at his fundament. Which was a marueilous great Vyper, to the great marueil and feare of all them that were present.

69

Seethe the inner rinde of the yong branches of a Hasell tree in small Ale, vntill halfe be consumed, and let them that haue the Strangury drink a good draught thereof first and last for the space of eight or nine dayes together, and it will helpe them certainely, for it neuer failes. Therefore proue it and praise it.

70

In the first beginning of any sicknes, or at the time of a question for the state of the sick person, if the Moon be corrupt or afflicted of Saturne in the three first degrees of Scorpio, it betokenes death, Iohannes Ganiuetus.

A

71

A notable medicine for the Sciatica doth follow. Take Oxe dung and Pigeons dung, of either one pound, and mix them well together, with one pottle of white wine, and let them boyle together vntil half the wine be consumed, then straine it thorow a linnen cloth: then put thereto halfe a pound of Hunny, & twelue yolkes of Egs, and halfe a pound of melted Waxe: and mixe all together with as much Barley meale as will suffice for the making of it in a plaister, and put it hot to the painefull place. This was proued by King Henry the fift, as the writing did witnesse, out of the which I had this. Besides it hath beene since proued.

72

Let the Physicion take heede of his first visiting of the sicke in the houre of Saturne and Mars: if he come to him in the houre of Saturne, either the sicke will dye, or else the Physicion shall haue great labour, doubts, and slackneste in the curing of him. Neither shall he helpe him, except it bee euen to desperation, or out of all hope. And if he be sent for, or goe to him first in the houre of Mars, there will be chidings and brawlings betwixt him and the sicke party, and small gaine. The houres of Iupiter and Venus are much praised. The houres of the other Planets are indifferent. Iatromathematica. Guar. Ryff.

73

A grene Lizard hath a great delight to behold a man in the face, for hee will louingly fawne vpon him as a Dogge, with the moouing of his tayle. And as much as in him lyes, will defend him from a Serpent that lyes lurking in the heaubs to hurt him. Lemnius.

74

The iuice or water strayned out of Radish rootes before stamped, mixt with white wine, and the powder of Turpentine burned, or dryed in the Sun, and so receiued, is an excellent medicine to break and driue forth the stone. And it is giuen with happy successe. A thing proued, much better then gold. Mizaldus.

75

If the Lord of the Ascẽdent be found in the ninth house, he that is then borne, shall of his owne will, goe farre and long iournyes. And if there be a good Planet in the same ninth house with him, or else doth behold him with a happy Aspect, then it shall

happen well to him in his iourneys. If an evill Planet, then contrary. Tagnaius.

76

Lay a thinne piece of raw Beefe to the ſoche ad of them that have loſt their boots, and let it lye thereto all night unremoved, and it will helpe them preſently, or at leaſt within three or four ſeverall applications.

77

Eaſie the bones of Beaſts which be found in the fields, and chiefly of Horſes (becauſe they be beſt therefore) and let them be well waſhed: after let them be dryed at the Sun, then put them into a great Cambron with water, and let them ſeethe long, and gather the fat that ſwims above, wherewith anoint the gowle of Poſey, of whatſoever cauſe they come, and it will be helped.

78

Seeth Ivy, Hogwort, Wolwort, and the inner ſkinne of Glerine, in water with much Salt, and bathe therewith any Sciatica, twice or thrice a day for eight or nine dayes together and the party greeved will be made whole. This I had out of an old written Booke, wherein were many excellent things.

79

If you ſprinkle the powder of Saffron round about the wick upon the Oyle in a faire greene and bright Lampe of Glaſſe, and let the ſame burne, (ſo that there be none other light in the ſame Chambers) it will beautifie all things in the ſame place, with a faire Yellow colour. You may prove it by other colours likewiſe.

80

The dung of a Wolfe, being hidden in a Stable or houſe, where Cattell bee, eſpecially Sheepe, it will not only make them leave from eating of their meat, but alſo it will cauſe them to ſtorce up and downe, and to bleat, or to make a noiſe, and alſo to quake and trouble, as though their devouring enemy the Wolfe were there preſent. Neither will they ceaſe from doing thus, untill they ſeele or perceive, that the ſaid dung is taken away. Mizaldus.

81

There is nothing better to draw forth Thornes, pricks or any other thing whatſoever, in any parts of the body whereſoever it be, then blacke Sope applyed to the place, letting the ſame lye thereto ſwelve houres without removing the ſame.

82

A certaine noble Matrone in the parts of Spaine, had a strong imagination of a great Ethiopian, painted in her chamber, with other, in the time of the act of generation. Which Lady afterward was delivered of a Boy, like to the great Ethiopian painted, before named. Which child being borne, every one believed, that she had layne with some one of the slaves of the Sarasins, for that the child was like none of his Parents. Whereupon the ministers of Justice, with consent of her Husband, and other, did decree, that she should be burned after the moneths end. But before the ministration of this Justice or execution, certaine wise men were called, whereof one desired, that he might see the place where the Child was beget: which when hee had seene, hee considered that that generation was by the strength of the imaginative vertue: And then he said, that that great Ethiopian was the Father of the child: Bringing forth for the confirmation thereof, that place of the Bible, where Iacob put speckled Rods before the Sheepe: by which imagination the Ewes brought forth speckled Lambes, which when hee had spoken, the Lady was delivered from burning. Wherefore as I have written in other places of this Booke, men ought not rashly to mislike their wives, (having none other occasion,) because their Children are unlike to their Parents. For as you see here and in Iacobs Lambs, Imagination is of marvellous force in the time of generation, which doth not onely worke in men, but in Beasts. Gaudiosus writes this History, who as it should seeme, hath it out of Lyra.

83

The flowres of Marigolds, as also of Succory, and of certaine other hearbes, doe begin to open at the rising of the Sunne, or none they are fully and wholy opened, but they are closed, or are shut, when the Sunne doth set. Therefore some call it, and such other, Sponsus Solis, the Spouse of the Sunne. Because they steepe, and are awakened with him, &c. Mirabilis. And the dayly triall thereof affirms it.

84

If Asses doe eate much of Hemlockes, they will be cast thereby into a dead and deepe steepe, that they will seeme to bee dead.

Which

which hath deceiued the Countrymen being ignorant thereof: for as they haue beene flaying off their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe, to the great terrour of them that did flay them, or cut off their skinnes, and to the great laughing of them that did behold them, as Andreas Matthiolus, (that learned Physitian,) hath written in his commentarie vpon Dioscorides.

85

Put the ashes of a burnt Snaile, vpon the Spot in the eye: and within three dayes it will take it away. Barth.

86

If one comes to aske or enquire the Astrologian, for any thing in the houre of an euill Planet, that is, of Saturne or Mars, it is a suspition rather to euill then to good And chiefly, if that euill Planet be any where impedite, Retrograde, or Combust, or in his fall, or Cadent from an Angle. And this is to bee vnderstood likewise of the comming of any on the behalf of any that is sicke, or bringing the vrine of the sicke, or of any that doth aske counsaile, or enquire of the estate of the sicke, (though the vrine be not seene,) it is a suspition of euill for the sicke, though it be not a full testimony thereof. Ganiuetus.

87

If a woman, that is too much weakened with her monthly course, doth cast the same, or let the same run into a hole made in the ground with a three squared stake, (the same stake immediatly after being put or driuen into the same hole, and so remaine therein vnremoued:) her said flure will stay or cease, being thought before to be vncurable. An honest woman reuealed this strange secret to me, which proued the same to be true: and she learned it of a poore Woman, that required almes of her at her dore.

88

In the Lake called Larius (which now is called Comensis), certaine Fishers in the winter did draw with their Nettes to the dry land, a great sort of Seamewes, seeming to be dead, which were ioyned together with their bills or nebs in one anothers tayle or fundament: and being warmed with their guts, were found aliue. Garuas. Tibellesius.

The

89

The leaues of Docks doe loose the belly, and makes one laxatiue: but the seeds being taken, doe bind and are restrictiue

90

If Wine haue taken any tartenesse, or sowreneesse, take a pot filled with good water, and let it be well couered, then set the same pot with water in the vessell with Wine, (so that the pot stand vnder, or within the Wine,) and at the three dayes end, if the Wine haue gotten his former strength, the water will smel, and then the wine will like thee. Tarentinus.

91

A piece of raw Beefe, not too thicke, nor too thin,) being layd or steeped all the night before in good Aqua Compolita, and applyed to the temples of the forehead, without removing all the night: and thus doing three or foure nights, (doth helpe the watering and paines of the eyes, and all distillations and rumes that come from the head or braine. One told me this, which had often proued it to be most true, as a great secret.

92

When Mercury is in the tenth house not impedite, the childe then borne, willbe mighty, wise, and a great Philosopher, Cœli enarrent.

93

Anoint young Swallowes with Saffron, and soone after the old Swallowes will bring a Stone vnto them, wherewith the Dropsie will be cured. This I had out of a booke of secrets.

94

An Egge laid on a Thursday, and emptied and filled with Salt, and so set it in the fire, remaining there vntill it may be made in powder, and then cankerd teeth rubbed with the powder thereof, it both killes the canker, and the wormes that eate the teeth, and destroies them. Proued for trueth.

95

This following will destroy Ringwormes, Tetters & Scales in the handes, Take white Copprice, the quantity of two Beanes, and put it into a pinte of cleare water, till it be resolued or melted: and with that water wash the place or hands, till they be whole. Proued.

96

Stamp Parsly in white Wine, then straine it well, & drinke a

good draught thereof, and it will cause thée to make water, and breake the Stone, vse it fiue or sixe times. This hath béene well proued.

97

The wise and learned men in olde time did thinke, that a Toade put into a new earthen pot, and set it within the ground, and so couered with earth in the midst of a field, will driue away Crowes or Birds from Corne that is sowed there. But about Haruest time they will that it be digged vp, and so cast foorth of the limits of the fieldes, lest the Corne bée bitter thereby. Plinie.

98

A little piece of the Nauell-string of a childe, that is newly borne, enclosed in a Ring, and so borne that it may touch the flesh or bare skinne, is a most sure helpe and remedy, against the great paines and torments of the Collicke, Mizaldus.

99

They whose haire of the eye-browes doo touch or méete together, of all other are the woorst. They doe shew that he or she is a wicked person, and an entiser of seruants, and giuen to vnlawfull and naughty Artes: which Iohannes Indagnies saith, he hath obserued in old women being Witches, which were led to be burned, whose eye-browes were such. As Thaddeus Hageccius hath also noted.

100

Saturne in the ninth house, doth signifie feares in iourneyes, but more in the Sea chiefly, in a watry signe, and in Cancer the house of the Moone. Taysnier.

The end of the sixt booke.

The seuenth Booke of Notable things.

1

The water wherein the leaues of Planten, ẏ growes close to the ground, and nœre the roote, is sod, being drunk twice euery day, morning and euening, first and last, halfe a pint at a time, for the space of foure or fiue dayes, helpes perfectly all griefes and diseases of the bladder. A true medicine, and often proued.

2

A notable water for breaking of the Stone. Take of the iuice of Saxifrage, two pound, of the iuice of Gromell, and of the iuice of Parslie, of either one pound, of the iuice of Betony, of the iuice of Nettles, and of the iuice of Rainsens, of each halfe a pound, of strong white Vineger, ten ounces, of the flowres and seedes of Brome, and of the Rootes of Radish, of each two handfulles, stamp the last rehearsed well, then mixe the same with all the iuyces before mentioned, and thereof distill a water, with a gentle fire: of which water giue to them that haue the Stone, one ounce at one time, with Drimell Diuriticke, (which you may haue at the Apothecaries,) vsing the same nine or ten dayes (if need be:) and it will breake and auoyde the Stone wonderfully. There cannot be a better medicine for the Stone: proue it when you will. The best help for the stone.

3

In the Ilands of Ireland, and Orcades, in certaine places there, there bee certaine Trees, much like vnto willow Trees, out of which come forth certaine little haires, encreasing by little and little into Birds, hauing shape of Duckes, hanging vpon the bough by their nebs or bills: and when they are come to full perfectnesse, they fly away of themselues, or fall into the next Seas, which Birds we call Barnacles. This is related by the people that dwell there. Mizaldus.

4

If one be bewitched of any, put Quicksiluer into a quil, and stoppe it, or else into a hollow Nutshel, enclosed fast with waxe, and lay the same vnder the pillow of the party bewitched, or vnder the Threshold of the doore where he enters into the house, or Chamber. Iohannes Weckerus.

5

He that will deliuer a Summe of Money in the houre of the Moone, he shall haue much adoe to get it againe: And at last shall mistrust of the recouering thereof: but at length he shall recouer it, but not all. Abablez filius Zaed.

6

Betony stampt and made in a plaister, and laid to the eye, healeth a stripe in the eye. And if the eyes be washed with the water wherein Betony is sodden, they will be whole without dim-

nesse or other blemish. And if you drinke a Dramme of the powder of Betony, with the water of Betony, it will bring down and heale the cloudinesse and bloodinesse of the eyes. And if Betony be eaten, it dryeth vp the teares of the eyes. All this and more hath bene proued of Betony.

7

Marke on what day any doth fall sick, and number the dayes from the 1st Calends of July, (which is the 26. day of June) vntill the day when the party did first begin to be sick: and deuide that whole number by three, and then if at the last, one remaine, he will quickly escape, if two remaine, he wilbe long sicke, if three remaine, then it is to be feared he will die of that sickness. This I had out of a booke of secrets.

8

A marualous cure of a woman that was swolne, done by one John Ardern, whose words thereof were these: I John Ardern did see a certaine Woman at Newarke, whose whole body was suddenly swolne, and also the face, necke and legges, who did lye as though she were half dead: to whom I gaue the roots of Daffadill stampt, & mixt with water & Saffern, which being drunke, she was quickly whole. I wrote this out of an old written booke.

9

Take heed in letting of blood or giuing of Purgations, or strong medicines, that the Lord of the eight house be not with the Moone or with the lord of the Ascendent. Likewise that the Moon nor the Lord of the Ascendent be in the fourth or eight house, nor that the Lord of the eight house be in any Angle, and it is not good that the Moon be in the Ascendent. Iatromath. Guat. Ryff.

10

A Winde rising in the North in the beginning of the night, or in the twy-light, by and by her ceaseth, and leaueth his place. Therefore it is, that the Mariners (hauing iust tryall thereof) will not set forth in that winde, vnles it hath continued three dayes. The South winde is contrary, which if it rise or begin in the beginning of the day, it brings hope to the Mariners that it will continue, and not quickly depart out of that place. Mizaldus.

11

The skin of the right heele of a Vulture laid to the right foote, &

of

of the left heele, to the left foote, of them that are pained with the Gowt: It is said that it doth mitigate the griefe, and ease the paines. Mizaldus. 12

Lute strings or Harpe strings cut in little pieces, and cast vpon flesh newly sodden or rosted, will seeme to be Wormes. Whereby they that know not therof, will refuse the same meat. Mizaldus. 13

If the Yard doth swel and be greiuously pained, mingle ware, Oyle, and the iuice of Purslane together, & apply it to the swolne Yard, and it will helpe it. It is often proued.

14

Iohannes Ganiuetus writes, that in the yere of our Lord, 1431 the seuenth day of August (being Tuesday) about seuen of the clocke in the morning, one Master Henricus Amici, a Doctor of Physicke, borne at Burels in Brabant, did aske him for the Lord Deane of Viennens. then being sick, whether he should die or recouer that sicknes. In the figure of wherby question, he found that the Moone was going in coniunction to the Sun, vnder the beames of the Sun, which was a testimony of death with diuers other likelyhods of the same. But espying Mercury beginning to be retrograde, within one degree of the Ascendent (corruption the degree ascending) did iudge that he should shortly fall into a frensie, at the farthest within a naturall day: although he was a very wise man: And so it came to passe, For within lesse then a naturall day, he became frantick, and dyed within two daies after.

15

Take Cloues of Garlicke, and burne them in a pot all to powder, and if you vse to eat of that powder in your pottage, doubtlesse it will procure you to make water, if you are troubled with the Stone. 16

If you put the powder of Allom in water, whatsoeuer you write therewith, the writing or letters will not appeare, vnlesse you put the same paper in water, and then you may read it perfectly. Bapt. porta. 17

This that followeth is a most excellēt true and sure proued medicine for a great and old griefe and paine in the head. Take of bay Salt stamped by it selfe, as much Cummin seede stamped by it selfe, as much browne Fennell, and then stamp them all together,

then with as much pure vineger and a little Rose water, mix and stir them all together in a dish, ouer a chasindish of hot coles, and then lay some of the same hot vpon a cloth, and apply it so to the hinder part of the head at night, and tye it fast thereto that it fall not away. And also lay on another plaster thereof hot thereto the next night, & so doe nine nights together, one after another: and it will not onely helpe the same, (perhappes within three or foure times so doing:) but also it will cleare the sight, and drawe the humors, cleane away, that runne out of the head into the eyes, and dry vp the same. This Medicine neuer failes. Therefore it is a precious thing, and worthy to be esteemed.

18

A good way to get the stone called Cranpaudina, out of the Tode. Put a great or ouergrowne Tode, (first bruised in diuers places) into an Earthen pot, and put the same in an Ants hillocke, and couer the same with Earth, which Tode at length the Ants will eate: So that the bones of the Tode and Stone will be left in the Pot, which Mizaldus and many other (as he saith) hath oftentimes proued. 19

It is said, that the Female Viper doth open her mouth to receiue the generatiue sparme of the Male Viper, which he doth, by putting his mouth into her mouth, which receiued, she doth bite off his head. This is the manner of the froward generating of Vipers. And after that, the young Vipers that spring of the same, doe eate or gnaw asunder their mothers Belly, thereby comming or bursting forth. And so they being reuengers of their Fathers iniury, doe kill their owne Mother. Galen de Theriaca ad Pisonem. You may see, they were a towardly kind of people, that Christ called the generation of Vipers.

20

Seethe Sage, and drink it, either stamp it, and lay it to the matrix: for both waies it prouoketh the flowres and afterburthens. Pet. Hisp. 21

The girdle worne of a Childe, being vnder seuen yeares of age, some sayes twelue yeares of age, taken and tyed about the middle of one that hath the falling sickness, and then presently taken from the said party, and cut in nine pieces, and euery piece throwne nine seuerall waies, is a present and perfect remedy to

heale

heale and helpe the same party thereof, without saying of any words. They that told it to mée, did sée it proued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not preuaile, but at the first falling of the party.

22

The tongue of a Dog laid vnder the great Toe within the shoe, doth cease the barking of Dogs at the party that so weares the same. Mizaldus. 23

The skin of an Asse béing tand, and Shoes made of that part of the Hide, wheron the burthens did lie that the Asse carried, they will neuer teare nor be worne. So although you goe continually among stones and thornes, and with the oldnesse thereof, they will ware hard, that one cannot suffer to weare them, as Cardanus hath written. 24

To stop the bléeding of the Nose: take nine or ten fresh new Lékes, and put a thréede thorow the mids of them, but cut off the toppes of the Leaues, then hang them about the parties necke that bléedes, so that the leaues be vpward to the Nose, and the heads of them downeward. It is good also to smell to Camphire dissolued in vineger, and also to put the roote of Piony vnder the tongue. Iaco. Holle, 25

If you take of mouth glue and Alome, equall parts, mixing them together, and then powre vineger to them, what thing soeuer you shall cast into the fire, being rubbed, or all ouer anointed therewith, it will not be burned. Mizaldus.

26

Mars in the Ninth House, doth threaten in long iourneyes, chiefely on the land, feare and euill hap or successe: but not in Capricorne, séeing it is his exhalation. Taysnier.

27

It is credibly reported, that whosoeuer is sicke, and at the point of death, though they be marueilous old, lying or being in a certaine place in Ireland; the same party cannot dye, vntill hée or she shall be remoued out of this place: And many that haue bén there, béing very old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue béene out of the place, haue dyed presently. A very strange thing, if it be true.

Stampe

28

Stampe Rew with oyle of Roses, and lay the same something thicke vpon the crowne of the head, of one that is sicke the same being first shauen, and if the same party do neese within six houres after, he will escape that sicknes. If not, he will dye thereof.

29

To make a green that it will not vade away. Take the flowers of Flowredeluse, stampe them and strain them, then put the iuice thereof into gum-water, and dry it in the Sunne.

30

To make Letters of gold: Take gum of Almonds and temper it with Vermilion finely ground, let the gum be dissolued in the white of an Egge, then write therewith and it will beliko Gold. Proued.

31

If you will knowe in what yeere Wheate will be deare or cheape, and what time in the yeere, and what moneth the same will chance: Elect or chuse twelue faire Cornes of Wheat, in the Kalends of January, which is the first day of January, then sweepe the fire harth cleane, and make a fire: then take a yong wench, or boy of the house, or else one that dwels nyè you, and bid the same boy or wench lay one of the same Cornes on the same being hot and made cleane: and when that is done, marke diligently, whether the said Corne abide still in the place, or leape: If it be still, then say that the price will continue: If it leape a little, the price will abate a little: If it leape much, then perswade thy selfe, that it will waxe very cheape: if it leape towards the fire, it will be dearer in the first month, and so more or lesse, for the greater or lesser accesse of the same to the fire. Do so with the second Corne, and it will presage for the second month, that is for February: And so you may iudge all the rest. That is, the third Corne for March: the fourth for Aprill, and so for the othet. Mizaldus hath heard that it hath beene proued of many.

32

The Lyon is more fierce against Men, then women: for Nature hath taught him that women are to be more mildely vsed then Men: as Plinie affirmes. And Aristotle saith, that it is more wicked to kill a woman then a man, &c. And the Poet saith: Quod fœminea in pœna nullũ est memorabile nomen. Which is

true

true. A man also can get no praise nor honesty by beating of a woman. Which let bitterly beaters and cruell tormentors of their wives marke well and consider. Mizaldus.

33

A spoonefull or more of the powder of Nettle seed, drunke in good wine, doth allwage all paine of the spleene, and takes away the windines thereof, or the griefe of the Mother. Per. Hilq.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong Vineger, till it be tender: then fill the glasse almost full with water, then put the windie Egge into the Glasse: and anon it will be hard. Proued.

35

To roast a dish of butter. Take fine grated white bread, and mix the same well with Suger, then put a lumpe of butter upon a Spit, and turne the Spit at the fire, & still cast the grated bread and the Suger upon the butter, and it wil be a fine and trim dish of meat. Proued.

36

If a certain worme with many feet, which will become round like a pease if shee be touched, of some called a Swine-loue, be prickt with a Needle, and then any aking tooth touched with the same needle the paine therof will cease immediatly. This I got out of an old booke.

37

They are possest with diuels, that haue not in their Natiuities Mercurie, with the Moone in some aspect, if neither of them behold the Ascendent: Which is the more certain, if Saturne be there in the Natiuity of the day, and if Mars be there in the nightly Natiuity: And if either of them be in an Angle, such is the Natiuity of Diuels. Alpohazen. And they are or will be mad, that haue Mercury and the Moone in this sort, except that Saturn contrary must be in an Angle in the Natiuity of the night, and Mars in an angle in a Natiuity of the day. Iatromath.

38

There is a certaine well at Gratianapolis, which although it hath not hot or warme water therein: yet oftentimes there comes out of the same together with the water flames of fire, two contrary Elements at one time, out of one place flowing out together. Mizaldus writes this of the report of the Inhabitants of

that place.

39

If you stamp Pollicks with the whites of Egs, and therewith anoint your hands, and throw then vpon the same the powder of Allom, you may handle fire without any harme. Alber. Praise it as it praues.

40

Drinke no medicine in the houre of Saturne, neither enter or begin then any iourney on the Sea. Haly Abenragel.

41

White Wine, wherein Lapis Calaminaris is seuen times quenched, first made very hot in the fire, doth maruellously stay the running of the eyes, and cleareth the sight, if you put a few drops thereof into them, and vse to wash them therewith. This is a tryed thing.

42

If you would allure or bring Pigions to a Doue-house, take a fat Dog and slay him, and fill his belly full of the Seedes of Cummin, then rost him dry, wash also the Pigion holes in the Doue-cote with water wherewith the Cummin is sodde: but first cleanse the said holes from all filthinesse, then lay the roasted Dog vpon a broad stone in the Douehouse, and hang a great Glasse in the toppe of the Louour, and three or foure little looking Glasses within the Douehouse, by some of the holes. Also take good clay and mingle it with bay salt and Cummin, and make thereof a great lumpe like vnto a Suger Loafe, then put it into an Ouen and make it hard, and set it by the dead Dog. Beware of Owles, Buzzards, and Starlings, for the house be close that no vermine come therein, as Polecats, Wezels, or Ferrits, and you shall haue Pigions enow. Also make a Scrape by the Douehouse, straw Chaffe there, then lay therein a good quantity of Barly, but it must first be laid to steepe in Hony three dayes, and then cast it among the Chaffe, and then a great sort of Pigions will resort to the Douehouse.

43

Linseede put into the rootes of Radish, and by and by put into tarte or dunged earth: it will bring forth an hearbe like Dragons, whose taste will seeme like Vineger and Salt: therefore it is maruellously desired in Sawces: for hauing this, you nede neither vineger nor salt: as one that is chiefe of the kings Gardens told me, saith Mizaldus.

Feres

44

Foxes being sod, or cut in pieces, and then giuen to Hens or Geese amongst their meate, it makes them safe from being hurt of any Foxes after, for the space of two months. Mizaldus.

45

The seeds of Docks, tyed to the left arme of a woman, doth helpe barrennesse, sterilitie, Africanus.

46

The Moone and the Ascendent, are generally Signifiers of the whole Ship, and of the state thereof: and the Lord of the Ascendent is the Signifier of them that sayle in the same, whereof if all they be infortunate, the Ship is broken, and they that sayled in her are drownd, vnlesse some one of them be receiued, that is of the said Signifiers, and then the Impediment will chaunce in the drowning, and some climers of the Ship will escape: but if all they be Fortunate, all shall escape and be saued, that is, both Ship and men, chiefly if there be any reception. Furthermore, if the Ascendent and the Moone be both fortunate, and the Lord of the Ascendent infortunate, the Ship is safe, and the Sailers in her are destroyed: but if the Ascendent and the Moone be infortunate, and Lord of the Ascendent fortunate, the Ship is ouerwhelmed, or lost, and the Saylers in her are safe. Haly Abe.

47

Goates dung mingled with Vineger and Bran, and applied as a plaister to a sore brest, looseth wonderfully all swellings of the brest. It hath beene proued.

48

Betony stampt and applyed to any wound of the head, doth not only draw out the broken bones, but also doth heale the same with speed.

49

A speciall medicine to strengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Marigolds, Planten, Betony, Parsly rootes, and Fennell rootes, of all two handfuls: boyle all these together, vntill the wine be halfe wasted away: & then strain them thorow a cloth, and drinke nine or ten spoonfuls therof euery morning & euening for the space of nine or ten daies: and it will strengthen the backe marueilously.

50

Fine-leaued grasse sod in water, which if it be drunk and gulpt vp and downe into the throat, is an excellent help for sore throats.

51

They are diuelish or possest with Diuels, in whose Natiuities Saturne is Lord o the place of the Mone: and the Mone then vnder the beames of the Sunne: or if Mars be Lord of the place of the Mone oppolite to the Sun, especially in Sagitary. Haly Abenragel

52

To keepe Beasts safe that the blinde Mouse called a Shrow do not bite them. Enclose the same Mouse quick in Chalke which when it is hard, hang the same about the necke of the beast that you would keep safe from byting. And it is most certaine that he shall not be touch't nor bitten, as it is aforelaid. Vegetius.

53

I heare (saith Mizaldus) that it is obserued and proued, that a Cow a Ewe, a Shee-Asse, a Bitch, a Shee-Cat and such other domesticall & tame Beasts of the female kind, wil cast their Calf, Lamb, Colt or that they goe withall, if the Male, by whom they conceiued, be killed while they went with the same. Such a strong and vehement concord or agreement of nature is betweene or among them.

54

If the ninth house begin in a fixed signe or if Saturn be found in the same (except it be Aries) they that be then borne, shall for the most part see true Dreames, but if in a moueable signe, his Dreames will be without effect. &c. Tailnier.

55

A notable ointment for the head-ache, comming of any cause, wherewith you must anoint the pulses of the temples and all the forehead. Take of the iuice of fresh Camomil foure ounces, of the iuce of fresh Roses two ounces, of the iuices of fresh Rew and Betony, of either one ounce and a halfe, of the iuice of the roots of hollock two ounces, of oyle Rosate Omphacine, one pound & a halfe of the best & purest Alabaster, three ounces, powder of Alabaster finely beaten, then put into the oyle, and let it ly therin a day & a night, then mix them all together, and with sufficient white ware: make it into an ointment, which ointment, is good for any paine of the head, proceeding of any matter or cause. And it may be vsed at a-

my

ny time of the fit or paine except the beginning. Emperica Benedicti Victorij Fauenti. 56

An excellent distilled water for hearing followeth. Take of the iuice of Betony, of the iuice of Onions, of either of them fiue ounces, of the leaues of Rosemary stãped one handfull, of the oyle of bitter Almonds three ounces, and one white Eele grosse chopt and cut in small pieces: mixe them all together and distill them, and the liquor which cõmeth thereof, keep in a glasse, drop two or three drops thereof into your eare foure or fiue nights together, and it will help the deafenes. 57

It is much to be maruelled at the little bird called a Wren, being falsned to a little sticke of Hasell newly gathered, doth turne about and rosse himselfe. Cardanus and Mizaldus.

58

Thou maist make faire pictures, Vessels and many other fine things with small cost and expences as followeth. Seethe the barke of the Elm tree and the tops of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Curds of milke. Afterwards put thereto the whitest Marble that is well and finely beaten into powder, & serced: and then cast the same in what forme you will: then dry them in the shadow. Hieronymus Cardanus.

59

Hermes doth say, that an euill Planet in Cancer, doth threaten short life and continuall sickenes to the mother of the Childe then borne. 60

Brimstone stampt with wine, and plaistered ouer the Dugs or Paps of Women, breakes the hardnes of them. Idac.

61

Water Mints stamped and laide to the midst of the brow, and to the nape of the neck of one that is mad, will much helpe and releeue him. But first tickle him on the brow, and it will dispose him to sleepe: and then apply it to him as is before said. But if he be far gone, that it will not help him then take a Mouch and cleaue it in the midst, and so warme, lay the one part to his brow, and the other to the nape of his necke: and without doubt it will help him, if euer he shall haue help. This I take out of an excellent written Booke.

62

For burning with fire. Take Dyle Oliff, and put it into cold water, and stir it well together, till it be well mixed: then annoint the burned place therewith, and lay a Mowt leafe vpon it, and it will helpe it spedily. Proued.

63

Stampe Mallowes and Garlike together, and mingle it well with white Wine, then straine it well, and drinke a good draught thereof nine times, and it will make thee make water, of what occasion soeuer the same is stopt. This is affirmed for truth.

64

If you will bring forth or hatch Egges without a Hen, couer your Egges in hot Horse dung, (so that the bigger part of the Egge be vpward) but euery fifth or first day, shift them with new Horse dung, with a temperate heate as the heate of a Hen. But remember that the egges must be turned, and about the time of the hatching or when they should come forth of the shell, put them vnder a Hen. Mizaldus. 65

Although the fruit of a Medler Tree by nature be restrictiue or binding, neuertheleſſe the powder of him doth vehemently breake the stones in the reynes, and driues them forth. Which Anthonius Musa an excellent Phisicion doth witneſſe, that he hath proued with most happy succeſſe on himselfe. Mizaldus.

66

The blood of an Hare dryed and made in powder, and thrown vpon flesh newly rosted or sodden, makes the same flesh seeme to be bloody and corrupt. So that they that be present, and sees the same, vnleſſe such as know the secret thereof, will loath to eate therof. Mizaldus. 67

The ancient Wise men haue said, that he that is taken prisoner in the houre of the Sunne, shall escape within the space of one moneth: and in the houre of Venus, he shall escape at the end of forty dayes: and in the houre of Mercury, he shall haue long imprisonment, and he that is taken prisoner in the houre of the Moone, his businesse and state shall be changed, according to the applications which the Moone hath with fortunate and infortunate planets: whereby the easinesse and rownesse of his deliuering shall be esteemed. Also, he that is taken prisoner in the

houre

houre of Saturne, he shall indure long imprisonment: and he that is taken prisoner in the houre of Iupiter, he shall be deliuered quickly. And they that be taken prisoner in the houre of Mars, many sorrowes and troubles shall happen to them during their imprisonment. For he shall be put in fetters, and shall be beaten, and he shall suffer great sorrowes and labours. Haly Abentagel.

68

This medicine following, will surely heale a scald head. Take syle Oliue, and put it into a dish with faire water, and beate or stirre them well together, as you would make Butter, then take it vp, and put it into a vessell, and put powder of brimstone and May Butter therto, and make an ointment thereof, wherewith anoint the forehead, and doubtlesse it will heale it.

69

Woodbinde leaues stampt, and laid vpon warts, (vsing the same halfe a dozen times,) will quite destroy them.

70

Frauncis Marques of Mantua, did so instruct or teach a Dog, that he vsed him as a very good seruant, in calling of such of the Court as he would. Blondus.

71

Abenzeor an excellent phisicion among the Arabians, declares that once there was such a famine in the Country, that the people was driuen to plucke the dead bodies out of their graues, and did suck the marrow of their bones. A thing horrible to be heard, but more horrible to be done: from which need or hunger, I beseech God keepe vs.

72

If the seedes that are found in the round knobbes of the lesser Burre leafe, be made in very fine powder, and so giuen with a little good and pure White Wine, it purgeth the sand marueilously effectually from the reynes, but more speedily, if it be drunk with Aqua vitæ. Mizaldus had this of one that proued it.

73

If you seethe Mugwort in water, and plaister it hot vpon the Mauell and thighes of a woman labouring with childe, it causeth both Child birth and the after burthen also: but if it tarry long there, it will cause the Matrix to follow. Rogerius.

For

47

For scalding and burning that it be not seene. Take sheepes suet, and sheepes dung, and the inner rinde of Eldene, and boyle them alltogether, then straine them thorow a coorse canuas cloth, and so keep it in some cleane vessell, which when you doe vse, you must melt in a Saucer, or some other thing, and lay it on the burned place with a feather. Proued.

Scalding and Burning.

75

To draw out a tooth, fill an earthen pot with Emets or Ants and their egs, and let the same pot in hot embers so long, until all be burned into ashes: and when any doth ake, which you would draw forth without paine, then take of the same powder, and touch the tooth therewith, and it will fall out.

76

Anoint the freckled face with the blood of a Hare or of a Bull, and it will doe them away, and make the skinne faire. Proued.

Freckled face.

77

This following will helpe the hardnes of the side, called the Elfecake. Take the roote of Gladen, and make powder thereof, and giue the diseased party halfe a spoonefull thereof to drinke in white Wine, and let him eate thereof so much in his pottage at one time, and it will helpe him within a while. This was told me for a very truth.

78

Mugwoort stoeped in Rosewater, doth helpe trembling or shaking hands, if they be washt therewith. Mizaldus.

79

You shall know whether the Toadstone called Crapandina, be the right and perfect stone or not. Hold the stone before, a Toad so that he may see it, and if it be a right and true stone, the Toad will leap toward it, and make as though hee would snatch it from you: hee enuieth so much that a man should haue that stone. This was credibly told Mizaldus for truth, by one of the French Kings Phisicions, which affirmed that he did see the triall thereof.

The Stone in the Toades head.

80

Garlicke beeing sowne when the Moone is vnder the earth, and plucht vp when the Moone is aboue the earth, it is said, that then his stinking smell will be gone, Socion Grecus, and Palladius report, that Garlick will be made the sweeter, if in the planting thereof

thereof, you do set the stones of Olives round about it, Or else if you set the Garlike bruised.

81

Lay a Spunge upon any ache Goute, dipt in warme Wine of the decoction of Cummin, and it will draw out the hurtfull humors. It hath beene proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and anoint Warts therewith, and it will destroy them.

83

If you take the outward rinde of the Radish root, and the hearb Mercury, of either one ounce, of Saffron three graynes, of Cassia Lignia, finely powdred, one dram, the iuyce of Sauine, two drams, and then mixe them, and let them all be beaten together, and then tye the same in a fine Linnen cloth that is thinne, and then ioyne it to the neck of the Matrix of a woman that is in her trauell, and in the houre of the birth: (which else should bring forth her Childe with difficultie,) by and by she will be brought to bed. It is a secret. Benedictus Victorius Fauent.

84

Ye in whose Natiuity Venus is coniunct, or ioyned with Mercury, and they both being vnder the beames of the Sun, shall bee gelded. Iatromath. Guat. Riff.

85

If you plucke out one of the eyes of a blacke Dogge, whiles he is liuing, and will carry it with you, it wil make that no Dogs shall barke at you: yea, though you walke among them. But if will be more sure, if you put thereto a little of the hart of a Wolfe. Sextus Platonicus and Albertus.

86

The iuyce of Knotgrasse, drunke with the powder of seuen Pepper cornes, before the fit, doth quite put away the quartan Ague. But it is said, that the hearbe must bee gathered upon a Thursday and the iuyce then likewise thereof must be gotten and strained (the Mone decreasing, which is betweene the full Mone and the change. (Mizaldus had this out of an old booke of secrets, written with the hand of one called Ianus or Faunus.

87

A bath wherein Emmets, or Ants and their Egges, (being stampt) haue been sodden, doth quickly heale an old, and almost incurable ioynt sickneſſe. Proued.

88

If they that haue the Falling sickneſſe, doo vſe to receiue twice or thrice in the weeke, at their going to bed, one of these little pilles following, without doubt they will be whole thereof howsoeuer it comes. Take of the best Castorum, Assafetida, of either halfe a dram, of the root of Piony finely powdred one dram, Aromaticum Rosatum, two drams: mixe them together with the Syrup of Mints, and make thereof seuen pilles, (you may haue all this at the Apothecaries.) This is a proued secret. Emperica Benedicti. Falling sickneſſe.

89

An excellent oyntment for the goute. Take three pounds of Malwoot, and stampe it well, then melt one pound of May Butter, and put thereto: and let them stand so nine dayes together, then boyle the same halfe an houre on the fire, then straine it through Canuas, and so anoynt the payned place therewith. It is a notable and proued thing, not much vnlike to one in this booke, to that effect, described by Mizaldus.

90

This medicine following will destroy the itch in any part of the body. Take of Oyle Debay, one ounce, and one ounce of Quicksiluer first killed with fasting spettle, which must be a killing therein with sturring of them together, halfe an houre: Then therewith anoynt the Palmes of your hands, and the soales of the feete, and within three or foure times so doing it will kill the itch.

91

If you will make a Candle that wil not be put out, fill a cane with the powder of Brimstone and with a Linnen cloth broken in very little pieces, then couer the same with wax, and so set it on fier: and then it will not be put out, neither with Bellowes nor winde. A Candle.

92

Oyle wherein Frogges be sodden, vntill the flesh be gone from the bones, doth maruellously helpe all effects of the sinewes and the ioynts, and also all parts of the body that is cold, or benumbde, if the places affected be aneinted therewith, being first made

warme.

swarme. This is gotten out of the secretes of Ianus.

93

If you will bring into one place, or else kill all Wormes, and Beasts that are hurtful in a garden: take the belly or paunch of a Weather newly killed, with all the filth or dung that is in it, and bury the same in the place where they be, and couer it a little with earth: then within two daies thou shalt see all the wormes and vermine gathered thither: if you do this twice or thrice, you shall make all the hurtfull wormes & things to gather together there: And then you may cast earth vpon them, or else kill them as you list. Mizaldus did understand that this was proued.

94

An euill Planet in Leo, doth shew or betoken short life, of the Father of that Childe then borne. Taisnier.

95

The iuice of Betony, put into the eare something hot or lukewarme, will both put away paines and the deafenes of the eares, (if there be any) and also other impediments of the same. I haue proued this diuers times, and found it excellent good in this case. Deafnesse.

96

This water following is both proued, and precious against Fistulaes: and also it so hardeneth yron, that you may cut another piece of yron therewith, as easily as if the same were Wood. Take of earth wormes, and draw of them a water by distillation, and likewise draw water of Radish rootes, both which waters mixed together, then put therein an edged yron Knife, made red hotte: the same thus heated and quenched for three or foure times by an equall quantity, vsed at each time, and the Knife tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away yron safely and easily therewith: and this water is also marueious in Fistulaes. To harden Iron.

97

It is said, that if horses be shod with that yron wherewith one hath beene before killed, it makes the same Horses very liuely and quicke. And if of the same you make a Bitte or a Snaffle, that horse that hath it in his mouth, will be made tame & easie to be handled, yea, though he be neuer so wilde, stubborne, or giuen to biting. Rasis & Albertus.

98

If a Horse can not stale or pisse, or else doth the same hardly, or with much griefe or paine, beate his body all abouts, easily, mildely, or gently, with the bowes of Elderne full of leaue: then after couer his head, neck, and all the body with the same leaues, and it will helpe him very much. Simoneta Cardinalis.

99

A Water whereby the Phisicion doth marualles, and is reputed as a Prophet. Take the filings of Siluer, or Brasse, Yron, of Leade, of Steele, of Gold, of Spume of Siluer and Gold, of Storax, according to the riches and pouertie of the patient: first of all let them be put into the vrine of a Boy that is a virgin, the second day in warme white Wine, the third day in the iuice of Fennell, the fourth day put them in the whites of Egges, the fifth day in womans milke, that giues suck to a boy, the sixt day in red wine, the seuenth day in seuen whites of Egs, and put that onely into a Styll at an easie fire, and that that shall distill keepe in a vessell of Gold or Siluer. Silence is to be kept of the praise of this water, because it may not be bought. For his vertue doth palliate leprous persons: it heales and destroyes a pure lepzie, it wipes away, or takes away euery spot, it conserues youth, it makes the eye faire. I cease to speak of the secrets of this water: for because, I feare, lest they that haue it should be puft vp with pride. Trotula de passionib Mulier.

100

This following is a proued thing, for the sounding of the eares or winde in the same. Take Almonds and the kernels of Peaches, and let them be cleane pilled in hot water, then stampe them, and get Dyle out of them, and put of the same Dyle with tents wet in the same into the sounding eares, or otherwise grieued, which tents must be made of fine linnen Cloth, and do thus with newe Tents euery day once for the space of nine or tenne daies, and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seuenth booke.

Th

The eyghth booke of Notable things.

1

YOu shall make Vineger by and by, and if you powre pure and good Wine halfe sodde, into a new earthen vessell then well couered and stopt: and so the same Pot set in hot scalding water. To make Vineger.

2

A Woolfe first seing a Man, doth lift vp his voice, and as a victor doth despise him. But if he perceiue that the Man hath espied him first, he layes away his fiercenes, and cannot runne. D. Ambrosius. Virgil. Plato. Sextus Platon. and other.

3

There is a deadly warre betwéen the Hawke and the Eagle, who sometimes are so fast together in their fight: that they are both taken or catcht thereby. Plinius.

4

To take the Birds that eate the Séedes that are sowne: Séethe Garlike, that it may not growe againe: for it is said to profit marueilously, if it be throwne vnto them: for they that shall eate of it, will be taken with your hand. Mizaldus. To catch birds.

5

He that takes his iourny on the Sea in the houre of Saturne, hée shall haue many waues, and diuers windes, which will cast him to vnknowne places. Haly Abenragel.

6

If you giue one of these Pilles following euery night going to bed, to him that hath the Palsey, it will helpe him, for it is proued. Take of hearbe Iuy, Cowslips, Betony, of the flowers of Sticados Arabici, of each one dram: let them be dryed in the shadow, and make them in fine powder, then take good Turbith, one dram of the best Agarick, two drams, Colloquintida halfe a dram, Ginger, Galgem, of either ten graines, good and chosen Rewbarbe, one dram and a halfe Spikenard, seuen graines, the powder of Hiera simplex Galeni, halfe an ounce, Scamony prepared, one dram: let them all be made in fine powder, and with

the iuice of heatbe Iuy, make a maſſe of Pilles. The weight to be giuen at one time is, one Pill of one ſcruple. And marke, if he that hath the Palſey, take this ordinary Pyll, (not once euery day, but twice in the weeke at the leaſt:) you ſhall ſee a ſudden help in the Palſey. Theſe Pilles may worthily bee called glorious Pilles in the Palſey. Emperica Benedicti Victorij Fauētini.

7

A certaine man finding or catching a Mouſe, did hit his wife therewith on the left cheeke being with childe, who after was deliuered of a Wench: which Wench had, and it hath the mark of a Mouſe on her left cheek. This was told by a credible woman, who ſaid moreouer that the name of this wenches Father was, Thomas Buckman, dwelling at that time in Norfolk in a certain Towne called Dyſſe. This affirmes my other writing herof.

A woman with child

8

You may turne white Wine into redde, without any hurt or detriment by and by: if the powder of Honny, (that is firſt ſod into a ſtony ſubſtance, and then dryed, and ſo made in powder,) bee caſt into white Wine, and mixing it well in the ſame with rowling it vp and downe together. The rootes of any kinde of Dockes, eithter new or dryed, put into the Wine, will performe the ſame with leſſe buſineſſe.

To make white Wine red.

9

Garlick being ſtampt with Hogs or Barowes greaſe, and made ſomething thick like an ointment, doth marueilouſly helpe them that haue the cough, and haue taken cold, if the ſoales of their feete and their back bone before the fire be anointed therewith.

For the cough.

10

Whoſoeuer hath any fixed Starre, of the firſt honor, or magnitude, in the degree of their horoſcope, or in the degree of their Cuſpe of the tenth houſe, or in the degree of the Sunne by day, or in the degree of the Moone by night, he ſhall poſſeſſe greater riches & honors, then his Anceſtors haue done of the Nature of that fixed ſtarre. Indeede this is true, if that fixed Starre bee of ſmall Latitude: but if it be of a great Latitude, his ſtrength will ſmally appeare in the Natiuity of the Childe. Taſnier.

11

This water following is excellent good to cleare a dim ſight, if

two

two or three drops thereof be put into the eyes, at a time, using it certaine dayes together. Take of the water of Veruein, the water of Roses, and the water of Fennell, of each foure ounces, white strong Wine three ounces, Tuty preparate, and Sugar Candy, of either three drams, Aloes Hepatick, two drams, let all them be beaten in fine powder that are to bee powdered, and put them into Waters and Wine, mixing all together, and let them remaine and stand a whole day, then straine them easily, and keepe the liquor in a faire glasse, and use it as is beforesayd. This is a precious thing for the sight and the eyes.

12

A marueilous medicine for wounds and sores. Take a handful of Arsmart, wet in faire water: then lay it in the wound or sore. After bury the same Arsemart in some moist ground: and the saide wound or sore will afterward miraculously heale, as the same hearb doth rotte and consume. This I had of one that affirmed it to be true. I think it is written by Paracelsus. To heale a sore or wound.

13

The bodies of drowned or dead men, do fleete on the water, with their faces and bellies vpward, but dead women do fleet on the water groueling, or with their faces downeward, contrary to their procreation. But they doe fleete or swim aboue the water, out of whome the Lungs is taken, &c. Mizaldus. Drowned people.

14

The water of Marygolds doth helpe all diseases of the eyes, and take away all paines of the head. And smeake of the flowres thereof taken or receiued by a fundible into the secret parts of a Woman, or else otherwise taken, doth bring forth easily the after burthen. This secret Mizaldus did get of an old Widwife, which had neede of his helpe otherwise.

15

The head of a Gleade vnfeathered, burned and so much thereof taken with water, and drunke, as you may take vp with three fingers, helpes them that haue the Gowte. Galenus.

16

If any come or send to thee in the houre of Iupiter, it is for no harme: but rather for good. Therefore doubt it not, and though it should seeme to be some harme or losse at the first, yet at length it

it will turne to good. The oftner one tryes it, the truer hée shall finde it, so that he be not Retrograde or Combust.

17

One ferne, (called Polypodium,) stampt and plaistred vpon the reins of a woman trauailing of childe, easeth the birth of the Childe, either aliue or dead. This was told me for a great secret.

18

Take of the greace of a Swine or Hog, and rub therewith the body of any that is sicke, against the heart, or the soales of his feete, then giue that greace to a Dogge, which if he eate, the party will escape: if not, it is a token that he will dye thereof.

19

Deafenesse. This following will helpe them that bée deafe. Take a piece of greene Elme, or Ash, and lay it in the fire, and receiue the water that commeth out of the ends thereof: and take also a spoonefull of the greace of an Eele that is red beneath the Nauel: boyle all these together a little on the fire, and put it into a glasse, and whé he goeth to bed, put some therof into his eare lukewarm, and in two or three daies, he wil be whole, and heare wel, proued.

20

Tooth ache. To draw out a tooth without any paine. Take the gum of Iuy, and greene Iuy leaues, of each a like weight, and burne them to powder in a new earthen pot, & when it is made in fine powder, mix it together with the milke of Spurge, and put some therof into the tooth that you would haue out, if it bé hollow: if not, touch the Tooth therewith, and it will fall out: but beware you touch no other tooth therewith.

21

Ælianus doth report, that no sicke person of the Locranses, should vpon paine of death drinke any Wine, without the consent and knowledge of the Physicion, or any other giue it thé, without the commandement of the physicion.

22

To try whether the wine be not mixt. If you wil proue whether there be any water mixed with wine or not, put an Egge into the Wine, and if the Egge sinke into it, there is water mixt with it, if the Egge swim, then it is pure Wine.

23

If the scull of an aged man be hanged in a Doue-house:

Pigi-

Pigions will be encreased there, and will liue quietly as Albetrus and Mizaldus doe write. 24 To encrease Pigions.

The iuice of Bay-leaues distilled into the eares, doth not permit deafnesse, nor other strange sounds to abide in the eares. Pet. Hisp. 25

A Question was asked of the state of certaine person being sick, and of what condition the disease was, and whether he should recouer thereof, or not &c. It seemed at the first sight, that the party was whole for whome the question was made, because the Sun was in the tenth house, and the part Fortunate in the Ascendent, but many other Testimonies shewed the contrary: And also Mars did corrupt Venus, Lady or Alumten of the Ascendent, and Venus also was vnder the beames of the Sunne, and began to be Combust, distant from the Sunne ten degrees: for Venus was in the 28. degree of Sagitary, and the Sunne in the 8. degree of Capricorne: which two degrees in Sagitary did signifie two moneths, being a common signe, and the 8. degrees in Caqricorne being a moueable signe, did signifie 8. dayes: therefore it was to be doubted of the death of the sicke person, about two months and eight dayes: after the question was maed, as God would ordaine, and so it happened right by the appointment of God, to whom it belongs to cure infirmities and griefes, to raise vp the dead, and to moderate the earthly bodyes, by the heauenly bodies, and to dispose inferior things by meanes, to whom be glory. Amen. Gulielmus Anglicus in suo tractatu de vrina non visa. 26

An excellent medicine for the ache in the bones, or armes, or any other place of the body. Anoint the place where the paine or ache is with good and pure Aqua composita by the fire, and let it drink in: do thus three or foure times together, then at the last time while it is wet, cast vpon the wet place where the ache is, the powder of Olibanum, (which is the faireſt and the whiteſt of the Frankinsence;) and so lay a linnen cloth vpon the powder, and sewe it fast, and so let it lye three or foure dayes, vntil it be well and whole. Which will be by that time, God willing. Proued. An ache. 27

Eunuchus, that is, he that is gelded, is neuer bald nor gouty. Hippocra.

28

It is a thing worthy of memory, that Lampridius writes of Heliogabalus, the Romane Emperour: who saith, he had foure Harts in his Charret that carried him, & so many Dogs, calling himselfe Diana, and foure Tygers, calling himselfe Bacchus, and foure Lyons, calling himselfe Sibel: and hée ioyned foure women to his Chariot, as Sesostris King of Egypt did with foure Kings. O proud presumptuous Prince! he might ride a good while in that Chariot, ere it would bring him to heauen.

29

It is not good to bury any too hastily, especially, such as haue had the Apoplexy, the Falling sickneſſe, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may séeme to be dead, and yet reuiue againe within thrée daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life: lest any should falsely report, that Lazarus had had the Apoplexy, or the Falling sickneſſe, or such like, and therefore but in a traunce, or not perfectly dead: whereby the iust merit of Christs maruelous miracle thereof might bée darkened. This is the meaning of Lemnius in his second Booke of the secret miracles of Nature. Therefore it is very méete to know, whether any such be perfectly dead or not, which you may doo by holding a little burning Candle at the parties nose, whose mouth is open: or else by setting some little Cup or glasse full of water to the brim, vpon the said parties belly or nauell: for by the mouing of the flame of the Candle, or of the vessell with water, you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

30

An approued medicine doth followe for the shortnes of breath, and doth marueilously helpe the same: for if half an ounce thereof be giuen to the patient, thrice in a naturall day, that is, thrée houres before dinner, two houres before supper, & about midnight: continuing the same thrée or foure daies and no moe you shall sée the diseased healed. Take of Manna elect or chosen called Manna Granata, two ounces, the flowre of Cassia newly drawne, halfe an ounce, Penyedes thrée ounces, oyle of sweete Almonds béeing new, one ounce, the Lights or Lungs of a Fore finely beaten and

powdred

powdred, two ounces, (make the rest in powder that are to be powdred,) then mixe all together, and make thereof a Lectuary with the Sirrop of Hysop. Emperica Benedicti Victorij Fament. You may haue it well made at the Apothecaries. I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heat of Wine in the bellell, cast into the same a little piece of Cheese: and then you shall see a marueilous thing. And why that is, Georgius valla placentinus doth teach.

32

If you anoint your hands or other parts of your body with a Liniement made of Nettles Oyle, and a little Salt, it will defend the party therewith anoynted from the bitterest cold that is. Mizaldus.

33

There be branches of a Bay tree, wrapt vp or layde among cloathes and bookes, wil kepe the same safe from Moths, worms, and other corruption. Dioscorides. Against Moths.

34

If you stampe Ants' Egges, and strain them thorow a cloth, and put thereto the iuice of Swines gralle, or Knotgralle, and distill it into the eares, it helpes a long continued deafenesse.

35

A powder to conserue the sight. Take, Betony, Rewe Celondine, Saxifrage, Louach, Annis sedes, Sinamon, Eyebright, of eache one handfull, Cardamomum, Ginger, Fennell, Petroselline, Hysope, Dygany, Syler mountaine, of eache one dram, Galingal an ounce, Sugar one ounce: Let a powder bee made of these, and let it be taken continually with meat, and the sight will bee restored and kept. This powder was ordeyned by Master Gerald: whose tryall an old man did proue, which vsed Spectacles twelue yeeres, so that without them he could not see great letters: but after hee had vsed this powder onely one forty daies, he was free, in so much that all the time of his life, hee did see, and read the least letter that was. This Trotula hath written in the latter end of his Booke, De passionibus mulierum.

36

An excellent way to get out the water out of swoln legges, whereby to make them as slender as they were before. Scethe

Otes in water vntill they be tender: then let the party diseased hold his legge that is swolne ouer the vessell, that it may receiue the fume or smoake of the soode Otes, and couer the party with some thing that it may goe downe round about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil runne much water and corruption, then after anoint the place with Butter. Do thus foure or fiue seuerall times if nede be. This is well proued.

Swolne legs.

37

Two or three droppes of pure Aqua Composita, put into the eyes morning and euening, euery other day, for the space of foure or fiue dayes, will cleare the sight, and helpe the eyes, of a cold cause marueilously. An old Gentlewoman that tryed it on her sel, did reueale it to me.

38

The hearbe Dandelyon well sod in water, is counted to be a chiefe helpe for the ioyning or knitting of wounds. It is good against ruptures, or for them that be broken or burssten, &c. Mizaldus.

39

A marueilous Water that soone and easily may be prepared, more precious then Gold, is made as followeth. Put faire and cleare water into a vessell, wherein there was neuer before any liquour, or before neuer occupied: and when the water is very hot, powre it to quicke Lime, being before in another newe and cleane vessell: and let it remaine, and rest so long, vntill you haue taken all the foule spume that floates aboue from the same, and that al the Lime be settled to the bottome, and the water very cleere, then powre out the water very softly, without mouing the Lime to the bottome, and kéepe the same water in a fayre cleane glasse, or some other cleane vessell well couered or stopt, vntill you vse the same. It will scantly be beleeued, what a miraculous vertue and power it hath in all kinde of Vlcers, and chiefly such as spring of the French Pockes: For the same being bathed in moysned with a linnen cloth dipt or wet in the fayde water some thing warme a pretty while, and then a linnen cloth well wet in the same, and so laid vpon the Vlcer or sore in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filles the Vlcer with flesh, and it quite quencheth the heate or inflamations in a small

small time, not without a great miracle: for otherwise quicke Lime doth burne with vehemency of his heate. Let them inioy this most excellent Secret, which for great prayer and price to many I haue refused to vtter. Thus much Mizaldus.

40

Myrr giuen to drinke in warme Wine, the quantity of a big Nut, causeth the deliuerance of the childe, either quicke or dead. Petrus Hispanus.

41

Here followeth a blessed water for the Gowte. Take of Romane Vitrial two pounds, of distilled Honny foure pintes, distill these together, (making the Vitriall first in powder,) and when it is distilled, adde to the same the third part thereof, of Aqua vitæ, rectified: which diligently mixed keep to your vse, and anoint the sore or grieued place therewith: doo this morning and euening, vntill you feele your selfe well, which will be (God willing) within seuen or eight dayes at the furthest. I wrote this out of an old Booke. I think it be also in the newe Jewell of Health, which is a worthy Booke and full of many strange and excellent things.

42

The smoak of Ivy burned, doth driue away Bats or Rere-mice, from that place, where the same smoak is.

43

If any doth aske thee, (hauing knowledge in Astrologie) for any thing wherein he hath a hope to haue: marke if the Lord of the eleuenth house apply to the Lord of the Ascendent, or the Lord of the first house, to the Lord of the eleuenth house: iudge that he shal haue the thing which he hopes to get or haue, and he shal come to it. And if the Aspect be of a Trine or Sextile, he shall quickly and easily and by a good meane obtaine it: but if it be by a quartile or opposite Aspect, he shall get it with tediousnes and labour. Furthermore, if thou doest finde the Lord of the eleuenth house in an Angle and receiued: then iudge that hee shall haue the thing which he so hopes to haue, euen as he desires. Haly Aben.

44

A piece of the roote of Crowfoe, either put into the hollow tooth, if there bee any, or applyed to the tooth that aketh, will helpe the same presently. A sure proued and often tried medicine.

45

Whosoeuer hath a sorenesse in the throate, or else any hard swelling there, called the Squinancy, or Angina, and perhaps thereby doth hardly draw his breath, let them apply this following often times in a day, and it will soften it and resolue it; for it is proued. Take of the rootes of Hollock cut in small pieces, and made cleane, Camamill, the flowers of Violets, the flowers of Hallowes, with the rootes, of each one handfull, let them boile all in a sufficient quantity of water, until the water be consumed: then put to the same, the flowre of Barly, Linseede, and Fenecreeke, well stampt and beaten, of each one handfull, the greace of a Hen, one ounce, oyle of Camamill, and oyle of sweete Almonds, of either a like much, which will be enough to make the plaister fat. This I knowe to be an excellent remedy in this case: which I learned of Benedictus Victorius Fauentinus, in his Booke called Emperica Benedicti.

46

This medicine following, will helpe any paines or weakenes of the backe. Take a quarte of Malmesey, of Balm, Nep and Maydweed, (which Maydweede is a stinking hearbe, hauing a flower like a Daysy,) of each one handfull: stampe the hearbes well, and straine them well into the Malmesey, or put some of the Malmesey in the stamping, to them, and straine it into the rest of the Malmesey, and drinke a good draught thereof euery morning fasting, and at night when you goe to bed: and within three or foure dayes it will helpe you perfectly, God willing. A notable and often proued medicine.

47

Drinke the iuice of Centory, once euery morning, foure daies together, and it wil make thee to sing cleare, and speake with a good voice. It clenseth the brest marueilously. Often proued.

48

Mints doth abhorre yron, as Rew doth Basill: for if Mints be giuen to one that is wounded, he will not easily ware whole: if Mints be mixt with Milke, and after taken from the same, and the Rennet or Chessip put in the same Milk, the same Milk will neuer gather together, or come to crud. Floren. in suo Georgico.

Whosoeuer

49

Whosoeuer falles sicke in the houre of Saturne, his infirmitie or disease will be prolonged, (or he will be long sicke) and after will dye (of the same sicknesse.) Haly Abenragel.

50

Fill a hollow tooth with Crowes dung: and it will breake the tooth, and take away the paine. Pet. Hisp.

51

Guido Bonatus, writes a strange thing, which he found out by the science of Astrologie, in the Reuolution of Henry the Emperour: who had of the said Emperour a yeerely stipend, for that he was a man of famous knowledge: which Emperour had many Astrologians, as well Physicions, as other in his owne house, who for a certaine yeere did trauell for the Calculation of the Reuolution of the sayd Natiuity of the said Emperour. And euery one of them did draw out a Figure thereof alike, and they found Mars in the same figure of the Reuolution in the Angle of the earth, which is the fourth house vnder the earth: and they iudged Mars then to be of an euill influence, and thereby they iudged that the Emperour that yeere should haue hot Feuers of the nature of Mars. And they agreed all in that opinion to the Emperour. Guydo Bonatus being there, had drawne the Emperours Reuolution likewise, and he found Mars going towards the fourth house, being then of an euill influence, iudged thereby that poyson should be ministred to the Emperour to kill him. Therefore he counsailed the Emperour, that if any did whisper, or had any priuy talke together, or were found meeting or hauing conference together in his Court, they should be apprehended. Or if any should come to the Kitchin not wont, or appointed, that some faithfull man of his Court should watch the same. Which charge was committed to the Master of the Emperours Houshold: which being very diligent therein, espyed and found two Knights of the Emperours Court, that were very busie in talke together, and had not onely mutuall conference together, more then they were wont: but also oftentimes required to come into the Kitchin. Whereupon the Master of the Houshold committed them to prison, and then one of them called Iohannes Franciscus, was sore tormẽted, but yet he would confesse nothing.

So

So that they deuised a letter in the name of the said Iohanne s Franciscus, confessing therein the matter, and shewd it to his fellow: which when he saw, straightway said, that the said Iohannes Franciscus was the chiefe procurer thereof, and entised him to it. Which uttered, they had their desire, wherefore they were secretly executed. Iohannes Ganiuetus likewise describes it.

52

A certaine Woman that vsed Mizaldus for her Physicion, had a belly did so swell, that it seemed she was not able to carry her burthen: from whom (about the end of nine months) there came an euill shapen masse or piece: whereunto were two eares like the handles of a cup fastened, like armes, with feeling: after that there did fall from her wombe, a monster with a crooked bill or beake, with a long and round necke, with brandishing eyes, a sharpe tayle, maruelous quicke of foot: and so soone as it saw any light, it filled the Parlor or place with noyse, and so did runne from place to place: but at the last, the Women following it, did smother or choke it to death with pillowes. After, the Woman almost worryed, not without great danger of her life, did bring forth a Boy, which was so tormented of the monster, that they had much to do ta Christen it with life. Leuinius Lemnius is the Author.

53

If Saturne be in the tenth house in a watry signe, and hath any dignitie in the Ascendent, the Childe then borne will bee a Shipman or a Sayler, or else he will abide gladly on the water, and will delight in fishing. Taysnier.

54

Culuer dung sodden in Wine, til the wine be consumed, and then emplaistred hotte to the Gowt, healeth the same perfectly. Vse it morning & euening foure or fiue dayes together. Pe. Hisp.

55

To restore the deafe to hearing, Take the root of Houndstoung out of the earth, and make a hole in the roote, as long and deepe as you can, and fill the same hole with Salt, and couer it well that nothing can come within it: then set it in the earth againe as it was & couer it with earth, and let it be there so three dayes, at the three dayes end take it vp, and that which you finde therein, keepe it in some cleane glasse, and put some thereof in-

to

to the deafe eare. Let him vse it euery euening at his going to bed, vntill he heare clearely: which will be within a fortnight at the furtheſt, (God willing,) And when you doe it into his eare, let him lye in his bed that the liquour may enter. This I had out of an old written Booke. Praiſe it as it proues.

56

Take two little pieces of a good Licorice (the barke ſcraped away, of the length of a pin, and of the bignes of two Barly ſtrawes, and put either of them into your mouth, betweene your gums and your cheekes, that is, on either ſide one, and ſo let them lye all the whole night. Vſe this euery night for a fortnight at the leaſt, and without doubt it will ſtop or ſtay the Rewm. For it conceales the thin Rewm into thicke Fleame: ſo that you may ſpit it out. This helpt one that was without all hope to be helpt.

57

To helpe the Pocks in the eyes. Take Saffron, and lay it in a Sawcer with faire water, and let it ſtand whiles it be yellow, and then drop ſome of it into the eye with a feather: and it will deſtroy the Pockes, and ſaue the ſight. This I had out of an old book.

58

When thou doſt finde the ſeuenth houſe, and the Lord of the ſame to be afflicted or impedite, in the time of the queſtion for the ſicke, change the Phyſicion, for he ſhall not profit the ſicke party, either through his owne error, or through the negligence of the ſicke perſon, or through them that bee about the body. The houſe is afflicted, if Saturne or Mars be therein, or being beholden of their quartile or oppoſite aſpect: and contrary, if the ſeuenth houſe be well affected, as if Iupiter or Venus is there, take the Phyſicion to whom you make the queſtion, or whom you are determined to take: for he ſhall profit the ſick much, and hee will quickly cure the ſicke to his great praiſe. Therefore marke the firſt, or ſuddaine calling or ſending for the Phyſicion: for if at that time the ſeuenth houſe, and the Lord thereof be euill affected, the Phyſicion then called, or ſent for, will not profit the ſicke: But it followes not therefore that the ſicke ſhall dye. But the Phyſicion, if he take him in hand, ſhall goe away without honour. Therefore as ſoone as thou art called to goe to the ſicke, take counſaile of thy Ephemerides, and the celeſtiall Fi-

grace being erected, marke whether the seuenth house be well or euill affected: and so thou mayest either refuse, or take the sicke in hand. Iatro. G. Ryff.

59

Put the powder of red Coxrall in the hole of the tooth, and it will fall out by the roote. Petrus Hispanus.

60

An excellent Medicine, and a noble restoratiue for Man or Woman that is brought very low with sicknesse. Take two pound of Dates, and wash them cleane in faire Ale, then cut them and take out the stones and the white Skinnes, then cut them small, and beate them in a Morter till they begin to worke like waxe, then take a quart of clarified Honny or Sugar, and halfe an ounce of the powder of long Pepper, as much of Mace, of Cloues, Nutmegs, and Sinamon, of each one dram as much of the powder of Lignum Aloes: beat all these spices together, and seethe the Dates with the Sugar or Honny with an easie fire, and let it seethe, and as it seethes, cast in thereto a little powder, by little and little, and stirre it with a Splatter of wood, and so doe vntill it come to an Electuary, and then eate euery morning and euening thereof one ounce at one time, and it will renewe and restore againe his complection, be he neuer so low brought. This hath bin proued, and it hath done good to many a man and woman.

61

A Noble Receit for the black Iaundise. Take a gallon of Ale, a pint of Honny, and two handfuls of red Nettles, and take a pennyworth or two of Saffron, and boyle it in the Ale, the Ale being first skimmed, and then boyle the Honney and the Nettles therin all together, and straine it wel: and drink euery morning a good draught thereof, for the space of a fortnight. For in that space, God willing, it will cleane and perfectly cure the black Iaundise.

62

Whosoeuer in the first nine dayes in May drinks euery morning fasting a little dish full of the iuice of Betony, it will do him maruelous much good for the gowt: Which he shall perceyue the next yeare following, (if he liue so long.)

63

Whosoeuer hath the Plurefy, or, is stuffed in the stomack with rough or hard fleame, let him take a scruple, that is, the weight

of

of xxiiij. Early Cornes of the powder of the Kéedes of Nettles, with the Syrrop of Violets, and swallow the same, as by licking it by little and little, and hée shall spit out the viscous and fetch hum or easily. A secret of a Paristan Physicien.

64

Goates will giue much milke, if you tye Dittany about their bellies. Affricanus.

65

If Saturne be in the tenth house, in an earthly signe, and hath power or dignitie in the Ascendent, and is Orientall of the Sun: he that is then borne, will be a Easter Carpenter, or else he will delight in Carpentership: but if he be Occidentall, hée will be a cleanser of Wells or pits, or else a digger. Taisnier.

66

If the griefe of the gowt or ache be too outragious, take of Opium, one dram, of Saffron two drams, mingle them with foure or fiue yolks of Egs, and plaister the same vpon the griefe: for it mightily asswageth the paines, and dissolueth the corruption.

67

A most approued medicine for the Emerods or Pyles. Take two or thrée Brickes, and burne them red hotte, and put them in some Pan vnder a close stoole, and sprinkle them with Vineger, and let the party grieued sit vpon the said stoole, that the fume thereof may ascend vpward to his Fundament. Doe thus thrée or foure times if néede be, and certainely it will helpe it.

68

If you will make Birds drunk that you may catch them with your hands, take such meate as they loue, as Wheate or Beanes, or such like, and lay the same to stéepe in Lees of wine, or in the iuice of Hemlocks, and sprinkle the same in the place where the Birds vse to haunt: and if they doe eate thereof, straightwayes they will bée so giddy, that you may take them with your hands. I wrote this out of an old written booke, wherein I know many true things were written.

69

A present helpe for a woman that trauelleth of Childe. Take Hisop, Veruein and Dittany, of each one handfull, stampe them small, and temper them with old Ale, then straine it, and wring out the iuice, and giue a good draught thereof to her that

trauelleth of Childe to drinke, & she will be deliuered with spæde, and the Childe saued and she both, so that the child be aliue when she drunks it.

70

A true medicine for the gowte: Take the iuice of the flowres of Broome, and the iuice of Scali cœli, and Honny as much of one as of another, and sethe it all together, till it bee of the thicknesse of Honny, and anoint the gowty place therewith. I knewe (saith the writer hereof,) a good Priest in London that healed all men & women therewith for the most part, that came to him. This, for the great good likehood of the medicine, & for the faithfull affirming, I thought good to register it among the rest.

71

If of one pound of Ware, two ounces of quicke Brimstone, and as much of quick Lime, (putting thereto a little ounce of the Dyle of Nuts,) a Candle be made with a wæk of Bumbast, and so put into the water, as soone as euer the quike Lime begins to burne, it will moue the rest of the things, apt for the fire, to burne, euen in the midst of the water. Mizaldus.

72

A Ram will not put nor runne at one, if his hornes be bored thorow, nye vnto his eares. Mizaldus.

73

Whosoeuer falles sick in the howre of Iupiter, he will recouer his health quickly. Haly Abenragel. This haue I proued to bee true many times: and in the houre of Iupiter is an excellent houre to doe any thing, or to take any good thing in hand.

74

A little Gunpowder put into a piece of fine linnen cloth, and the same put into the hollow tooth, or holden betweene the teeth, so that it touch the aking tooth, it puts away the tooth-ach presently. This is very true.

75

If you distill hearbe Iuy, & giue the water therof to be drunken of them that are grieued or tormented with the gowt, anointing also therewith the gowty or grieued place, it will heale or helpe them assuredly. Great warrantize was made of this medicine, where I had it.

76

A speciall medicine for all sudden sickneese, and especially of the stomack or brest. Take a spoonfull of Aqua vitæ, and put ther-

in halfe a spoonfull of the powder of Licorice, & let it remain therein three howres, and drinke it fasting, or at euen when you go to bed. It is a soueraigne thing for the stomack or breast.

77

Lay Saffron on the Nauell of them that haue the yellow Iaundise, and it will helpe them. This was affirmed to me as proued.

78

This following is an excellent medicine to purge the head of naughty humors, and to helpe the headache, the swimming of the head, and megrim. Wash the roots of Beetes, and cut away the vpp. most barke, then stamp the same, and wring out the iuice thereof, then snuffe some of it out of a spoone, into your nose, and a marueilous effect will follow, and a speedy remedy thereof. A Gentleman a friend of mine told me this, as a proued thing in this case.

79

Cockes that eate Garlicke, are most stout to fight: therefore trauellors doe often bite thereof, and also such as follow warres: because it increaseth agility, strengtheneth them, and makes them bold. It is giuen to Horses with bread and Wine, at the houre of battell or conflict, to make them more fierce, liuely, and to suffer more easily their labour and trauaile. Mizaldus.

80

There were young Mice found with the Persians, in the bellies of Mice, that had young Mice in their bellies. Aristoteles as Mizaldus writes.

81

If the feete of a great liuing Tode be cut off, the Moone voyd of course, that is, aspecting none, and hastens towards the coniunction of the Sunne, and hanged about the necke of him or her that hath the Kings Euill, it so profits, that oftentimes it deliuers the party from the disease. Hieronymus Caican.

82

If Iupiter be in the eleuenth house well affected, and not retrograde, nor combust, nor in his fall, as in Capricorne, but in Cancer, Sagitary or Pisces, it signifies the childe then borne, shalbe fortunate, happy, and haue a common loue in all things, chiefly if he haue any dignity in the Ascendent, or the place of the sunne, in the Natiuity of the day, or in the place of the Moone, in the Natiuity of the night. Taisnier.

83

This marueleus Water following, will recouer the sight agayne hindred of any cause: wherewith Constantine the Emperour receiued his sight. Take three drams of Tutie, made in very small powder, as much of Aloe Epaticum in powder, two drams of fine Sugar, fiue ounces of Rosewater, as much of pure white wine, mixe all together, and put it in some cleane vessell of glasse, and being well closed and stopt, set it in the Sunne a month together, stirring it together once euery day: then take of the same water foure or fiue droppes in your eyes morning and euening, and with this continuing a certaine space, it will cause the sight to come againe as faire as euer it was before. This I knowe is proued for an excellent water for the eyes, for it cleareth them marueilously. I knew one that could not threed a Needle without spectacles, which put not past two or three drops of the same into their eyes at night, and the next morning the same party did see well to threede a Needle without Spectacles.

For lost sight.

84

To make a light that neuer shall fayle. Take the Wormes that shine in the night, called Glowormes, stampe them, and let them stand till the shining matter be aboue, then with a feather take of the same shining matter, and mingle it with quicksiluer, and so put it into a Vyall and hang the same in a darke place and it will giue light. This I had out of an old book, which is not much vnlike the description of Mizaldus.

A prettie kinde of light.

85

If the Liuer of a Mouse be giuen in a Fig to a Swine, that Swine will follow the giuer thereof. Mizaldus.

A Hog.

86

The sound of an Eccho is thought to driue away Bees, therfore their Hiues ought to be plaste where the Eccho or the voyce doth not sound againe. M. Varro.

Euill for Bees.

87

Whosoeuer takes his iourny in the houre of Iupiter, he shall haue good gaine in his substance, and in his business: and he shall haue profit and gladnes in things vowed for. Haly.

88

If a Spider be put in a linnen cloth a little bruised, and holden

to

to the Nose that blædes, (but touch not the nose therewith, but smell to the same,) by and by the blood wil stay, and the nose wil leaue bleeding. This is very true, for the venomous Spider is so contrary, and such an enemy to mans blood, that the blood drawes back, and shunnes the Spider presently. A maruelous thing. To stoppe bleeding.

89

Write what you will on faire white Paper, with the iuice of a red Onyon, well mixed and tempered with the white of an Egge, which being dry, will appeare as though it were onely plaine Paper, without any writing. But if you hold it against the fire, you may then easily read it, or perceiue the Letters.

90

To gild Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therewith, so that the same before be well burnished all about, that you would haue gilded, and let it after dry in the Sunne, foreseeing that there come no dust thereto, and when it is dry, gild vpon it as you would doe vpon Siluer. To gild.

91

Séethe an Egge in strong Vineger vntill it be very hard, then let the same Egge lye three dayes in Vrine, then dry it, and it will be maruellous hard. Or let an Egge lye three dayes in Vineger, then dry the same at the Sunne three dayes, and it will be very hard.

92

Cast brimstone in a Chasingdish with hot burning coales, and hold a red Rose ouer the smoake thereof, and it will be white. To make a red Rose white.

93

To separate Gold from any thing gilded. Séethe pure sulphure viue (called quick Brimstone) in water, vntill halfe the water be consumed, then wet the part gilded with that water, then dry it at the fire, then strike the same gilded place with a little yron, and the gold will fall from it. This I had out of an old written booke.

94

To proue or finde out the euent of any that is sicke. Count the daies from the beginning of his or her sickneſſe, and take the roote of an hearb which hath so many leaues, as the number of the same daies be: tye it or hang it vp, and if the disease be curable, the party will be much recreated. If not, then the party will be sad. But if you can not finde an hearb that hath so many leaues,

put

put the roots of diuers herbs together, the leaues whereof together doe perfectly make vp thenumber of the said daies, from the beginning of the parties sickenes, and vse them as before. This Mizaldus had of an Italian. 95

Against the bloodie Flixe.

The blood of a Hare dried doth help and stay the bloody flix, or any other lax, though it be neuer so sore or extreme. So doth the bones of a man or woman made into fine powder, and taken in red Wine. 96

An easie plaister for the Gowte, but not a little effectuall, because, I (saith Iohn Arderne) haue oftentimes applyed it as wel to women as to men, and haue taken away their great paines, with once applying it as well in the feete as in the knees, and other ioynts. But take heede it be not perceiued of the patient, nor of any other: but it ought to be kept more secret & deare: and let it be reuealed to none: but to thy sonne, or to any well-beloued friend. I doe thinke it preuailes aboue all other medicines for the gowte, and easeth the paine sooner: and ought to lye fiue or sixe daies without any mouing of it: if it can be so applied, it is made thus. Take of blacke sope as much as is sufficient, wherunto adde of the yolkes of raw Egs, halfe as much as the sope, and mix thē well together in a dish vntill the sope hath lost his proper colour: which done, lay thereof vpon fine flaxe, and spread it like a plaister, and then apply it to the grieued place, then take the whites of Egs mixed with Wheate flowre, and wet a linnen cloth well in the same, and lay the same vpon the said plaister, and tye it wel vpon it, that the plaister remoue not away of all the said time, vnlesse there be some great occasion. This is proued.

Against the Gowte.

97

If you sethe the Barly, dry Beanes, and Liquorice cut in pieces, of each a like much, all together in faire water, and drinke a good draught thereof with some Sugar euery morning fasting, and at night when you goe to bed, fiue or sixe daies together, or more, it will destroy an Impostume, and shal thereby auoid or cast out the same. Proued. 98

To breake an Impostume.

He will be a good Physicion, in whose Natiuity Mars ♂ Venus are corporally, or by any good Aspect coniunct. Euen so if Venus ♀ Mercury be ioyned, or in coniunction together. Also he will be a perfect Physicion in whose Natiuity Mars ♂ Venus are coniunct

iunct in the first house. Iatro. 99

A very little bird called Aegithus, doth marueilous disagree with the Asse, who in thorny places doth scratch or rub his vlcers or sores: whereby he doth destroy or breake the nests, of this Bird: whereupon it comes, that as soone as the bird heares the voice of the Asse, she doth not onely cast the Egs out of her nest, but also her young ones (if she haue any,) doe fall from the same astonied with feare. So that the said bird flyes vnto the vlcers or sores of the Asse, and pricks and thrusts at them with her bill, that she may driue him away from thence. Aristotle, Plin. & Oppianus.

100

If the Lord of the Ascendent be combust in the fourth house, or in the eighth house, it signifies, that he that is then borne, shall dye in prison. And if he be combust in the fifth house, in a watry signe, it shewes he wil be giuen to be drunk. In the first house, it shewes that he will dye of a long sickneſſe. Taisnier.

The end of the eighth Booke.

The ninth Booke of Notable things.

1

FIll an Egge full of the iuyce of Egremony, and giue it vnto the patient to drink, whom you suspect to haue drunken poison, and it will mightily purge vpward all the poyson, and with a wonderfull facility healeth the biting of serpents and other venemous beasts. Petrus Hispanus.

2

This Oyle or Balme following is of a marueilous vertue against trembling and the Palsey, and it helpeth the memory, anointing the hinder part of the head therewith. Which a most singular Physicio kept priuy to himselfe for a time, as a most precious secret: which in the end reuealed it to the Author. whereof the making followeth. Take of Galbanum one pound, (in another place I haue read it halfe a pound,) of Gum, Iuy, three ounces: these finely beaten apart, mixe together, which after

put into a Glasse body with an head, and distill it in Balneo Mariæ. After it is distilled, mixe therewith one ounce of the Dyle of Bayes, and one pound of good Turpentine: then let the whole be distilled, and separate the water from the Dyle, and keepe the Dyle as a precious Baulme. The vse of this is, that the patient vexed with the Palsey, Conuulsion, the Crampe, and trembling of members, be laid vpright, and the Dyle temperately hot, must be powred vpon the belly, into the hollow and bottome of the Nauell, and you shall see after, a marueilous working, that may rather be counted diuine then naturall, and very much helpeth the Palsey, and strengtheneth the memory, vsed as before. A certaine Practicioner applyed one drop of this Dyle on the patients forehead that had the Palsey & another on his Nauel, & hee incontinent arose as amazed, and was, after one houre, deliuered of the grieuous paine of a wound in a certaine place of his body, and the shrunken sinewes being anointed with this Dyle, the patient was suddenly healed, &c. This Dyle helpeth deafenes and any sickneſſe proceeding of a cold cause, and helpeth besides the losse of smelling. Arnoldus de villa noua, I take to be the Author hereof.

3

The Hoofe of a Beast called Alces, which is a wilde beast like a fallow Deere, hauing no ioynts in his legges, hath a marueilous vertue and strength against the falling euill: for a little piece thereof enclosed in a Ring, and the same Ring put vpon the finger next the little finger, so that the same piece of the hoofe be turned toward the palme of the hand, it doth recreate them marueilous much, that are fallen, and immediatly makes them rise vp. A little piece of the same bare, and put in the hand, by and by closed into a fist, suddenly it driues away the disease, and raiseth the party that is fallen therewith. Which Lemnius saith he proued once or twice. And Mizaldus saith that he proued it, putting in a little piece of the same in the left eare, (mouing it, as scratching a little) of one that had the Falling sickne, and it had very good successe, and it was counted for a miracle. Iohannes Agricola doth say the like is done, if a little piece of the same Hoofe bee hanged vpon one that hath the same disease, so that it may touch the skin. I doe heare, saith Mizaldus, that scrapings or filings thereof, are giuen in Polonia for the same disease. The Hoofe of the right hinder

hinder foote is to be chosen. But you must take héed of false deceiuers, which sell the Hoofes of Oxen or Kine, for the true Hoofes of Alces.

4

It is a most sure and proued remedy, as well in curing of spitting of blood, as also in preseruing from the same: euery day in the morning fasting to eate a scruple, which is the weight of foure and twenty barly cornes of Rubarbe rosted at the fire, Emperica Benedicti Feuentini. Spitting of blood.

5

Bay Salt well beaten into powder and sifted, and incorporated or mixed wel with the yolke of an Egge, and so laid vpon any Carbuncle, Plague sore, Botch, Byle, or impostume, assuredly (by the grace of GOD,) it will draw to it selfe all the venome of the Plague, or the Sore, and breake any Byle, or other thing, so that in short time the same will be healed. A tried thing. To breake Byle.

6

If the forehead of the sick ware red, and his browes fal downe, and his nose ware sharpe and cold, and if his left eye becoms little, and the corner of his eye runne, if he turne to the wall, if his eares be cold, or if he may suffer no brightnesse, & if his womb fall, if he pull strawes or the clothes of his bed, or if he pick often his nosthrils with his fingers, and if he wake much, being a yong man, being an old man sléep much, these are most certaine tokens of death. Tokens of Death.

7

Pottags made of the leaues and rootes of Strawberies, being eaten fasting certaine dayes of them that haue the Iaundise, doth helpe them perfectly. This was the secret of a certaine Monke, wherewith he got maruelous much mony. Iaundise.

8

A Serpent doth so hate the Ash tree, that she will not come nye the shadow of them. And therefore she goes farre from them, both morning and euening: because then they giue the longest shadowes. And Plinie saith that he hath proued it, that if one cõpasse a place about with the branches of an Ash tree, so that there be a fire, and a Serpent enclosed in the same, the Serpent will rather goe into the fire, then he will séeke to escape ouer, or thorow the said Ashen branches, &c. Mizaldus. Ash tree an enemie to Serpents.

9

If the Lord of the Ascendent be found in the twelfth house, he

he that is then vsing, shall procure his owne enmitie. Taisnier.

10

Iuniper berries are medicinable against poyson: for there is none of like operation vnto it. And Dioscorides saith also, that they do helpe against poysons, and stingings of Serpents. Pet. Hisp.

11

To try whether precious stones be pure or not. Heat plate of Iron on the fire, then anoint the same with Oyle, and cast or strew on the same, the powder of Glasse, whereupon lay quick burning coales, and then hold the stone that you would try, a good while ouer the same coales, that the stone may bee hot, not touching the fire, and then if the stone lose his colour, he is not good or pure, but if he keepe his colour, he is then perfect and right.

12

As principall a medicine as euer was ordayned for the bone-ache, either in Woman or man, in what place soeuer it be. Take a pennyworth of Aqua vitæ, and another of oyle de Bay, and mix them well together, and anoint the grieued place therewith, not by the fire, & it will driue away the paine for euer, vsing it often. But you must warme the ointment a little in a Saucer, before you lay it on, and chafe it well, vntil it be dryed in, and couer it warme at all times vntill it be whole. Thus I found it written.

13

Egremony, Mugwort, and Betony, both leaues and roots, stampt with old Greace and Vineger, or Veriuice, and a plaister thereof applyed to the grieued or sore pained back, will quite put away the paines and griefe thereof, so that you vse it thrice or foure times. A sure and proued medicine.

14

If you will catch Moles or Wonts, put Garlick, Leekes, or an Onion in the mouthes of their holes, or in their entrings into the ground, and you shall see them come, or leap out quickly, as though they were amazed or astonied. Albertus.

15

If the Fistula be outward, put into it the iuice of Culuerfoot: for it healeth it. If it bee inward, drinke it, and it healeth also. This is true, for it hath been proued.

For

16

For them that haue surfeited, or eaten too much, let them stamp Betony, and temper it with hot Water, and a little wine, then straine it well, and drinke a good draught thereof morning and euening fast and last, three dales together, & it will throughly help them, God willing. This was told me for a trueth.

17

The two hornes of a Snayle, borne vpon a man, will pluck away carnall or fleshly lust from the bearer thereof. I had this out of an old written Book. But how true it is, I know not.

18

For all euils of the stomack, & for them that cannot eate: Take an hearbe called Centory, and seethe it well in stale Ale, and when it is well sodden, then stampe it, after that seethe it againe in the same Ale, let there be two handfuls of Centory, to three quartes of Ale, and let them seethe as is before said, to three pintes, then put thereto one pinte of pure Honny, and boyle them together, and keepe it in some cleane vessell, and giue to the party grieued, three spoonefuls thereof fasting euery day, till he be whole and well: for it driues away all the fleame and corruption from the stomack, & makes him haue a great desire to his meate within foure or fiue dayes. Often proued.

19

The powder of Betony put in Wine, that is, a spoonfull of the powder to a draught of Wine, a little boyled on the fire being drunk, doth presently help such as haue drunk poyson before. And whosoeuer drinkes the same in a morning fasting, no poison taken after, the same day, can hurt him. This is a proued medicine.

20

The dung of a Cat dryed, and so mixed with strong Wineger, that it may be something thick, and ther with any hairy place rubbed oftentimes, or anointed in a day, it will cause that haire will growe no more in that place. Proued of a Countryman. Mizaldus.

21

If the Lapwing doe sing before the Vines doe bud, it is said that it foreshewes great plenty of Wine. Mizaldus.

22

Whosoeuer deliuers a sum of money in the house of Iupiter,

he shall receiue it againe well with gaine. Haly Abenra.

23

This potion or drinke following is wonderfull, and very often proued of me, sayth Petrus Hispanus: for it killeth the Fistula, in what place soeuer it bee, and draweth out the corrupt and broken bones. Take the rootes & leaues of Plantan, Strawberry leaues, the leaues or seedes of Hempe, the leaues or seedes of Mustard, the tops of sharpe Docke, red Colewort leaues, and Tansey: let them all seethe in a good quantity of white wine: after strayne all the whole, and put into the straining as much Honny as shall be thought meete: giue thereof vnto the patient early and late, vntill such time as the cleare potion or drink come forth by the mouth of the Fistula: which alwaies must be kept open with a siluer Pipe put into it, and keep vpon it alwaies a red Colewort leafe. It is of a wonderfull operation, Pet. Hisp. And I my selfe haue proued it, and healed in such manner as is before declared: it is a precious thing.

24

Dragons bound to the priuities of a Woman in labour, causeth her to be deliuered incontinent. But there must be had taken that it be quickly remoued, lest it draw forth the Matrix withal. Pet. Hisp.

25

Here followeth an excellent Oyle which maketh faire colour in the face. Take of Almonds scraped ten pounds, of red Saunders in powder fiue ounces, of Cloues one ounce, of white Wine foure ounces, of Rose water three ounces: these, after they be grossly beaten together, let them lye in a Marble morter close couered, for eight or nine dayes, beating the same ouer once a day: then beate it all in an earthen vessell, vntill it begin to fume and bee thorow hot, and after that put it into a newe square bagge of Linnen cloth, then put the same bagge into a Presse, betweene two smooth plates of yron, something hot: for out will come a red Oyle, wherewith women may anoint their faces: for it causeth a comely red fine beautifull skinne. A secret, and practised of fewe. This is in the newe Iewell of Health: a Booke of much value and small price.

26

The greace of an Eele, and the iuice of Singrèens mixed together,

together, of each a like much, boyled a little, and a little thereof put into the deafe eare, nine nights together, will bring the hearing againe, as well as euer it was.

27

Take salt Armoniacke, Allom, and Salt Niter, of each a like quantity, with a little filings of Siluer, let all bee mixt together, then put them vnto the fire, that they may be hot: and when they shal cease to smoak, then with the same powder alone, or else mixt or moistened with the spettle of your mouth, let copper or brasse be rubbed therewith: and straightway it will haue the colour of Siluer.

28

Serpents being within a Circle made of Betony, they cannot go out of the same, but rather will dye with beating themselues. Plinius.

29

If the Lord of the second house be in the twelfth house, enmities will come many times to him that is then borne, for mony or through mony. Taisnier.

30

Plantan stampt, and the iuice wrung out, and put into the hollownesse of an Vlcer, with a spowte, healeth the same. So doth Betony stampt, & applyed to a Fistula, healeth it. Petrus Hispanus. The iuice of Cinquefoyle, doth heale the Fistula likewise, if it be put into the same with a spowte.

31

To separate Gold from any thing that is gilded. Take Borace and temper it in water, then boyle it ouer the fire, and with the same water anoint the thing that is gilded, and cast thereon a little of the powder of quick Brimstone: after put it into the fire that it may be made red, then quench it in running water, and you shall finde the gold in the bottome of the vessell.

32

For any paines of the eares, and for them that cannot heare. Take a great Onyon, cut a hole therein, and set it in the embers to rosse, then fill it full of Oyle Olliue, and euer as it dryeth, fill it vp againe till it be roasted well, then take away the vppermost skin thereof, then straine the Onyon through a cloth, and keepe it in some close glasse, and when you will occupy thereof, put some of it into the whole eare, and let him lye on his sore eare when:

when he goes to bed: and if he vse this nine nights at the fur-thest, it will helpe him. Proued.

33

For the Fundament that goeth forth. Take the toppes of red Nettles, and stamp them in a morter, then put it into an earthen pot, then put thereto a good portion of white Wine, and set it ouer the fire; and let it sæthe till halfe the liquour be consumed, and giue the party diseased a good draught thereof something hot to drinke morning and euening, first and last, for the space of ten daies. And also apply the hearbes something warm to his Fundament: and it will helpe him perfectly. Proued.

34

For the eyes that be chased and the liddes turned vp, bleared eyes. Take Arnement, Honny, and the white of Egges, of each a like much, temper them wel together: then take flare & lay the same thereon, then apply the same vpon the sore eyes, and it will draw the euill blood out of them, and perfectly heale them. This Medicine hath bæne proued.

35

It is said that a Hart doth so abhor a Ram, that he cannot abide the sight of him. Aristotle, Pliny, and other.

36

When foure or fiue Planets bæ coniunct or ioyned together in the Ascendent, or first house, of any Childe that is borne, that Childe will not liue long. Expositer doth say, The King of our Cittie did call me, because one of his Women had borne a Sonne, and the Ascendent was the eighth degræ of Libra, the terme of Mercury, & Iupiter was in the same, and also Venus, Mars and Mercury: and the company of the Astrologians did mæt together there, and euery one of them did tell his opinion, and I held my peace. The King sayd vnto mee, Say what thou canst: why dost thou not speake? To whome I answered, Giue me respit for thræ dayes, for if your Sonne shall passe the third day, you shall sæ a great miracle of him. And after 24. houres was ended, the Childe did rise vp to sit, and he spake and gaue signes with his hand, whereof the King was greatly afraid. And I sayd, that he would speake some prophesie, or some miracle. Then the King went to the Childe, and wæ with him, to heare what

hæ

with him, to heare what hee would say. And the Infant sayd, I am the Infortunate borne Childe, and I am borne to shewe the losse of the Kingdome of Azdexit, and the destruction of the people of Almanaz. And straightway the Childe fell downe, and died. Hale Aben.

37

This following is a secret, and an approued thing for the Palsey, whereof if you giue thrice in the day to him that hath the Palsey, halfe an ounce, that is, in the morning three houres before meate, and two houres before Supper, and at his going to Bed, it will help him thereof. Take of the new and fresh braine of an Hare, broyled or fried, one pound, the iuices of Sage, of hearb Iuy, and the iuice of the root of Acorns, of each three drams, of pure Sinamon, Cloues, black pepper, of each halfe a dram, Turpentine washt with the water of hearbe Iuy, three ounces, Sugar dissolued in the water of hearbe Iuy, as much as doth suffice: And thereof make a Lectuary according to art, and know that it is maruelous. Emperica Benedicti Victorij Fauentini.

38

To help swolne leggs. Take Mallowes, and seethe them in water, then stampe them well, and straine them: then put thereto Barrowes grease, and fry them together, vntill it bee something thicke, and like an oyntment: lay some thereof vpon a cloth, and make a Plaister, and apply it to the sore and swolne legge, and lay a new plaister thereto twice euery day, morning and euening, three or foure dayes together: and by that time it will be assuaged, and as small as the other. This was told me by a Woman that had tryed it many times.

39

One neuer hath the Gowte, vntill he hath knawn a woman carnally. Hippocrates.

40

Alexandrinus Iouinus Pontanus doth say, that he saw a man was grieuously stung or stricken of a Scorpion, which presently was deliuered and helped thereof, with drinking of Frankincense, wherein was sealed the Signe of Scorpij or of a Scorpion: being after made in powder. But it must be grauen in the stone of a Ring, (Scorpio ascending) the Mone then being there, and placke in the Angle, and the Frankincense must be sealed with

that seale, when the Mone is in Scorpio, and found in an Angle. And let it be giuen in powder as is before said, either in water, or in white wine, or in any other méete liquour.

41

Here ensueth the making of a miraculous Oyle, called Oyle incombustible. Take of white Sope the best that may be gotten: and after you haue beaten it well and fine, put it into a great Retort, on which powre so much weight of Aqua vitæ seuen times distilled ouer, then set the Retort into ashes, firing a large receiuer to it, and very well luted in the ioynts: This done, make vnder it a soft fire in the beginning, and encrease the fire by little and little, vntill all be issued forth that will come, which together will be an Oyle and Water, then draw away the receiuer, & separate the water from the oyle, which Oyle is incombustible and miraculous in sundry matters, in the worke of Alchemy: for this greatly auaileth in fixing the medicine Volatile, and serueth well to incorporate with all metals, and seasoneth such as be crude, and likewise sweeteth when they be eger. This also dissolueth all paines and swellings caused of grosse and clammy humors, and healeth in a manner all sorts of wicked Vlcers. And in this, (saith the Author) I conceiued a great delight, as to work such a masterie, to see so many strange fumes and varieties: but a more pleasure I took in the practice, as to see how the same auailed in euery matter whereto it was applyed. By which I proue this to be a diuine substance, and an oyle worthy of eternall memorie. And this was the greatest secret, with which that singular Matheus the Hungarian did so many great maruels in Padua: for he healed with it the Goute, the quartane Ague, the paine of the French disease, and the dry scab on the head, with sundry other griefs, for which while he remained in Padua, he was highly esteemed & wondred at. And at the last in his departure from Padua, he reuealed it to me, that the onely medicine which he vsed to all the griefes, was this Oyle and none other. The making of which, he vttered vnto me at his departing: which before he would not teach to any man. And the same I haue many times made, and haue also seene such strange practices of it, that to repeat them, I should scantly be beléeued. Hæc de secretis Falopij.

To

42

To put a Schedule, or little writing in an Eggs, lay an Egge certaine dayes in strong Wineger, untill it be soft, and write your name or what you list in a piece of paper, and fold the Paper as hard together as you can: then with a Rasor cut the said Egge in the toppe finely, and aduisedly: thorow the which put the little Paper into the Egge circumspectly, and then put the Eggs into cold water, and immediatly the shell will be hard as it was before. A proper secret.

43

The quieter Beasts haue the lesser Galls: the fearefuller, the greater hearts: the lighter the more leaping, the more Liuer: the merrier the more pleasant, the greater Splene: and the greater voice, the more Lights: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet Iras,
Splen ridere facit, cogit amare Iecur. That is,
The heart doth burne, the Lungs do speake,
the Gall to ire doth moue:
The Splen or Milt doth make vs laugh,
the Liuer makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substance, signifies the childe then borne, shall wastefully consume and spend his goods, or signifies the losse thereof, and that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderful profit in medicine, especially, against hollow wounds and vlcers, Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable: yet some do witnesse that such a Fistula may be cured by Agrimony alone, by often vsing it, either in drinke or powder. Filipendula is good for the same, & the grains or little round things, that are found in the end of the roote. Cordonius alleadgeth Agrimony to be the best and surest medicine for the curing of a Fistula.

46

For the web or spot in the eye. Take the great bone of the Gose wing, the older the better, for though it be a yere old, it is not the worse, breake it, and take out the marrow that is within it:

then put some of it vpon the web, or spot, and it will break it, and saue the sight. Proued. 47

The vertues of Tormentil. This hearbe comforteth the sight, and cleanseth the body of diuers maladies: the powder thereof is good to clarifie the sight of the eyes, though one be blinde. And this hearbe is vsed on this manner. Take the Hearbe with the roote, and sethe it with white Wine, till the third part be sodden away, and giue him that is blinde, to drinke of this liquour nine dayes in the morning cold, and at night blood-warme, and within that time he will recouer his sight (by Gods grace.) But if the sight of the eye be hurt, take also the hearbe and stampe it, and sethe it in white Wine, with a little water put into the Wine, then lay or spreade the hearbes on a linnen cloth, and binde it vpon his eye or eyes, and it brings a wonderful helpe, if thou stampe this hearbe with the roote, a good quantity, and put it into a little vessell full of Wine, and let it remaine therein three monethes. Whosoeuer drinkes often of this Wine, though hee hath beene blinde nine yeers, he will recouer his sight again. This I had out of an old written book, which doth much agree with Petrus Hispanus in this case: whose minde thereof I haue mentioned in another place of this booke.

48

If the part of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the part of Fortune, and the Lord of the house of substance be euill affected of euill Planets, or of the beames of the sunne, which destroyes and scatters, it signifies that he or shee that is then borne, shalbe poore, a wretch, and that he will not bee able to get his owne liuing, and that he is like to liue of Almes. Haly. Abenragel.

49

This following is a secret and approued medicine for them that are short-breathed, very good for the poore, because it is not costly. Take of the rootes of Hollyocke dryed in the shadowe, one pound, made in fine powder, clarified Honny, foure pound: sethe them ouer a fire, and stirre them together vntill it be in the forme of a Lectuary, whereof let the patient take often, and he will be whole. Emperica Benedicti Victorij Fauent.

A

50

A perfect and most sure and proued remedy, and a rare secret for the helping of Womens brests that be swolne, and full of paine: which was reuealed vnto mee by an old Woman, who said that the Lady Owen, Doctor Owens wife, vsed it to women in this case very much, who kept it as a good secret. The medicine followeth. Stamp or bruse nine little wormes, of some called Swine lyce, (which commonly will be found betweene the barke and the wood of old or dry trees, which haue many feete, and being touched, they become as round as a Button,) in eyght or nine spoonfuls of drinke, let them remaine therein all night, and the eighth morning straine the same drinke, and let the diseased woman drink the same a little warmed, at one draught, and then let her lay to her brest, a two or three fold Linnen cloth warmed: the next morning, let her take eight of the same little wormes in drink, in such order as before, and the third morning, seuen, and the fourth morning, sixe, and so euery morning following one lesse: decreasing one euery morning, vntill nine mornings be ended, on which ninth morning she must take but one of them, as it will fall out by the decreasing one euery day: and if she be not then throughly whole of her brest, let her encrease euery morning one immediatly following, vntill she hath receiued nine at one time, according to the order before appointed. A rare and notable thing, if it be true: for I neuer proued it.

51

For the swelling of armes, legges, or feete. Take Linseede, Wheate bran, Brookelime, Chickenweede, Groundsell, of each one handfull, and one pottle of white Wine: seethe them all together, till it be thick, and lay a plaister thereof to the place that is swolne, as hot as the party can suffer the same: and it will take it away, and help him within three or foure plaisters. Proued.

52

To help a stinking breath that comes from the stomach: Take two handfuls of Cummin seed, and beat it to powder, then seethe it in a pottle of white wine, vntill a quart thereof bee wasted away: then giue the party a good draught thereof, first and last, as hot as he may suffer it, and it will make him haue a sweete breath within fifteene dayes. This is proued.

53

Marke what Planet is ruler of the twelfth house, and the day that beares the name of that Planet, will be vnlucky to the childe borne at that time, and many times will haue mishaps of that day. Which by long experience is found true.

54

Put the feete of Hens in hot embers, till the scales or skinne thereof be separated and shrunke from the Legs: and with the same skin warme, rub Warts three or foure times or more, and it will driue them away. Petrus Hispanus.

55

If you will doo away or consume a Wen, doo as followeth: binde fast the Wen, then take Verdigrase, Brimstone, Sope, oyle of Egs, Allom and Hony, of each a like much, and temper them together, and lay it thereto, and it will doo away the Wen, and heale it.

56

A singular Oyle and very rare, which causeth a comely face, and maketh the person merry which vseth it, yea, strong and hardy to fight: the making thereof doth follow. Take one pound or two of Hempseede, which after the finely beating thereof, sprinkle and wet it with a little Wine, then put all the same into a new earthen pan glased, and set it ouer the fire: heate it so long, vntill you cannot suffer your hand in it, after put the same substance hot into square bagges, which wring hard out, in a Presse, and an Oyle will come forth very profitable: whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleasant and merry: and if a Souldier drinke it, it will make him both fierce and hardy to fight, without any feare or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comely to see to, and in this manner you may draw out an Oyle out of all seedes. This is in the newe Jewell of Health.

57

A notable and often proued medicine for a Sciatica, ache, gout, or other paine or griefe. Take a pinte of pure Aqua Composita, one Beasts gall, and one ounce of Pepper beaten into powder, boyle them all together, vntill halfe the Aqua vitæ be consumed: then lay some thereof in a cloth like a plaister, and apply it something hot to the grieued place, & let it lye twelue houres vnremoued,

ued, and do thus foure or fiue times if need be: for it is a sure helpe.

58

A precious water for eyes that be faire and cléere, and yet are blinde. Take Smalledge, red Fennell, Rew, Verueyn, Bettony, Egremony, fiue-leaued Grasse, Pymperuell, Eyebright, Sage, Celendine, of eache one quarter of a pound, wash them cleane, and stamp them in a faire Brazen Morter, or in a pan, then take the powder of fiftéene Pepper Cornes finely searced, and a pinte of good white Wine, and doe them to the hearbes, and also take three spoonefuls of life Hunny, and fiftéene spoonefuls of the Urine of a Boy that is an innocent, and mixe them all together, and boyle them ouer the fire a little while, and strayne all thorow a cloth, and kéep it in a glasse well stopt, vntill you occupy it: and with a Feather doe it into the sore eyes, and if it dry away, temper it with white Wine againe. This is a medicine for all manner of euils of sore eyes, to make a man see, if euer he shall see, within fiftéene dayes on warrantize, by the grace of God. This I took out of an ancient written book.

59

Euery one that is borne, whose degrée of the seuenth house is the terme of an euill Planet, he shall dye a feule death. And if it be the terme of a good Planet, he shall dye a faire and good death. Haly Abenragel.

60

If you rubbe Warts with Egrimony, stampt and mixt with Vineger, and also plaistred vpon them, it taketh them away cleane. And also if Purslaine be rubbed vpon them, it pulleth them vp by the roots. Petrus Hispanus.

61

For the Codds that be swolne. Take the powder of Cummin seede, Barly meale, and Hunny, of each a like much, fry them together with a little Shéepe suet, and binde the same as a plaister all about the Cods, and it will helpe. Proued.

62

This following will breake a Byle, Botch, or a Fellon. Lay first thereto some Posset curd, and let it not be remoued of twelue howres, and that will gather the matter together, and make it tender. But if once applying of the Posset Curd doe it not, then apply thereof to it twice or thrice: then take vnquencht

Lime,

Lime, and cast vpon it some faire Spring water, and mire the same with black Sope, and lay to the sore a piece thereof, according to the greatnes that you would haue the hole of the sore, and when it is broke, then wash it in white Wine a little heated: and so heale it with Butter and powder of Sugar mixed together. This is a sure and approued thing.

63

A Noble Secret for all incurable aches and paines in the ioynts whersoeuer they be. Take all the whole horne that a Buck casts off, the later the better, cast away the scalpe, take nothing but the horne, cut the same in shiuers or pieces, then seethe the same in a gallon of faire water, vntill all bee come to a pinte, or something more: then cast away the pieces of the horne, and then let that in the vessell stand vntill it be cold, which then will be like a Jelly: and when you will occupy thereof, warme some of it in a Sawcer, or some other conuenient thing, and then anoynt the grieued place therewith by the fire, morning and euening, and let it drinke in by the heate of the fire: and it will help and heale it thoroughly for euer, (God willing) within nine or ten dayes. This is very true, and well proued: which a friend of mine told me, that helped himselfe of such an ache therewith, that neither counsaile of Physicions, practice of Surgions, nor yet the long vsing of the Bathes could ease: whereby he spent much mony in vaine, vntill a Wench by chance told him this excellent remedy. Which as she said, a Nobleman of this Realm did learne beyond the Seas, who hath reuealed it since to the great commodity and helpe of many.

64

For swolne and sore throates, a rare and sure remedy. Rub your hand on the bare earth or ground, and then therewith rub the sore or swolne throte, if presently you do thus three seuerall times, the swelling and paine wil marueilously goe away. This was taught me by a friend of mine, that did know it too bee true by proofe.

65

An excellent remedy for a great heat and pricking in the eyes. Fil an Egshel newly emptied with the iuice of Singrene, and set it in hot embers, and scum off the grene baggage from it, and then it wil be a water, then strain it, and keep it in a glasse,

and

and put some of it into the hot eyes, foure or fiue nights together and it will cease the burning and pricking thereof quickly.

66

He will scantly or neuer dye an euill death, that hath a good Planet in his eighth house. Haly Abenra.

67

A wonderfull drinke against bruisings, and it helpeth such marusilously that are bruised through falling. Take Egremony, Bettony, Sage, Planten, Iuy leaues, Roseparslie, stamp them together, and mixe Wine thereto: giue the patient it often to drinke, till he be whole. A true & tryed medicine. I thinke that Pet. Hisp. hath the same. 68

If you burne foure ounces of Turpentine, vpon a hot or burning plate of Iron, vntill it may be made in powder, and then mixe two drams thereof, with foure ounces of the water of Saxifrage, and giue it twice in a weeke, earely in a morning, to them that haue the stone in their Blather, and so continue it two months, he shall not onely be preserued from breeding of the stone in the Blather: but also it will burst and driue forth the stone bred there already. This is proued, and a secret, and is to be kept well in minde. Emperica Benedicti Victorij Fauentini.

69

If Lauender be well sod in water, and then strayned, and halfe a pinte thereof drunke dayly first and last, for the space of a fortnight, it will heale them that haue the Palsey. This was found in an old written booke. 70

An excellent and speedy remedy for many diseases, and chiefly for the stomack. Mixe two spoonfuls of Sallet oyle with two spoonfuls of pure Aqua vitæ, and drinke all the same in the morning at one time: doe so fiue or seuen mornings together. It is a notable and often proued remedy.

71

For the Strangury a strange medicine. Take a pinte of good Aqua Composita, and put a good handfull of Iuy leaues therein, and keepe the vessell well stopt, and the Iuy leaues will consume therein, vse to drinke of the same three or foure spoonfuls at one time, morning and euening, first and last, fiue or sixe dayes together: and you shall see a marueilous help thereof.

72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pound of good blacke Sope, one pinte of good Aqua vitæ, halfe a pinte of Sallet Oyle, and a quarter of a pinte of the iuyce of Rew, sæthe them and stur them all together ouer an easie fire, vntill it be something thicke, and that it may be made in a plaister: then spread some thereof vpon a piece of Leather, and apply it to the ach or pained place, and let it lye thereon vnremoued three dayes and three nights, and if the paine be not then gone, then apply such another plaister therto, and remoue it not of so long, and it wil help it certainly. This was told by one that knew it often proued.

73

The powder of white hard Sugar, put into a blood shotten eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a little Rose-water into the eye. This I haue proued oftentimes to be true. Yea, and I think if it were vsed, it would consume the web of the eye, at length.

74

Haly saith, that he that begins to set forward his iourney in sayling, or enters to goe to the Sea in the houre of Saturne, he will be drowned: or else will be lost by the inuasion of Pirates, or other: or else the fiercenes or great raging of the Sea wil throw him to the land where he shall suffer shipwrack: or else into farre Ilands he shalbe carried, (perhaps vnknowne to him.) Which of truely hath alwaies hapned to that ship that then sets forward as the book of Nature did containe: which as he hath diligently proued, and read, which chiefly entreats of the iudgements of houres. And the said Haly saith further, as followeth: When a certaine Ship did set forth or forward in the houre of Saturne, I sayde to one of my fellowes, which vnderstood something in this Science, All these men are giuen to be lost. And within a while after they all perished. Thus much saith Haly. And in the beginning of long iourneyes as well by Land as by Sea, in this houre I haue knowne much harme and mischiefe to follow: which although many doe not, nor wil beleeue to be true, because they know neither this excellent Science, neither the proofe of these things: yet many that be wise and learned, and that haue paied

full

full dearely for the proving thereof, doe think this no lye. But if some of them did knowe the same houre, and should practise some such like thing therein, the euent thereof would teach them, I thinke, not to be so incredulous. I know (I thank God therefore) that no harme shal happen to the children of God: for he wil so guide them, that neither man nor Deuill, nor any other thing can destroy them, though in this world they may seeme to hurt them. And as he doth preserue them from harme, euen so he appoints them their times to walke in, and the beginning of their iournies: Assured I am, and fully satisfied, that he by his diuine prouidence, makes them auoyd that houre, and other euil times: and the wicked and vngodly haue hapned of that time, to their destruction. Therefore for my part, I attribute nothing to the time, but all honour to God, that made the time: whose glory and power is to be extold, that foreshewes such things to man, by such houres or times.

75

Blacke Sheepes woll, mixt and chafed by the fire, with fresh butter, and the deafe eare stopt therewith at night, and thus vsed nine or ten nights together, it helpeth deafenesse perfectly, and spéedily. A proued thing.

76

Here followeth a notable and excellent Aqua vitæ. Take Galengale, Cucubarum, Ginger, Putmegges, Cloues, Sinamon, of euery one an ounce, fresh Sage, foure ounces, water that is distilled fiue times out of pure and good wine, ten ounces: put them all together, and let them remaine so in a close cleane vessell three daies: then distill the same, and kéepe that that is distilled in a cleane and close vessell. Whosoeuer drinkes a Nut-shell full of this water euery day, it wil preserue their bodies marueilously, and kéep them from many diseases, and bring them to old age. It is said that M. Gallus, Physicion to Charles the Emperour, vsed this water, and liued a hundred and foure and twenty yéeres. Georg. A lapide deuised this water.

77

If you desire to haue sweet water forthwith, or by and by, put two or three droppes of Oyle of Spike, in a good deale of pure water, and chafe it together in a Glasse with a narrowe mouth. Euonimus.

78

An excellent oyle for cold aches. Take the wood of Iuy dryed, cut the wood in little pieces, and of the berries, and gum of Iuy, of each a like weight: let them be put in an earthen vessell, bored thorow in the bottome in two or three places: and then let an other pot be set vnder it in the earth, and ioyne the bottome of the vpper pot vnto the mouth of the nether with clay or paste, and the vpper pot must stand wholy aboue the ground: then make a fire on euery side, and the Oyle will distill blacke into the nether vessell. This oyle before all oyles ceaseth the griefs of the ioynts of a cold cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Author hereof, as appeares in Euonimus.

79

If you put out the white of an Hens Egge, and fill vp the same egge with the iuice of flowerdeluce, and mix the yolke and it well together, then warming it a little in the hot ashes, and so giue it in the morning to them that haue the Dropsie, it will auoide downeward the Dropsie water aboue measure. This is proued to be true. Much like vnto this, Benedictus Victorius Faventinus writes this for the same cause: but he appoints the iuyce to be giuen with Mellirate.

80

A proper practice to make a Capon to bring vp young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then setting young Chickens vnder him, he will marueilously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the more willingly to cherish, bring vp, and feede, yea, and to loue them, as the Hen would doe naturally. And the reason thereof is, for that by pricking of the Nettles, he is the rather desirous to couch on the soft downe and feathers of the young Chickens, sitting vnder him. This I had out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Aeschilus was foretold by an Astronomer, that he should be killed by some ruine, or something that should fall vpon him vpon a certaine day or time: who (to preuent the same,) did walke abroad a certaine space about the warned time, and would

by

by no meanes come into any house, thinking thereby to auoyde the danger, vnlesse the heauens should chance to fall: but mark how hard it is to auoide Fate or Gods determined appointment. About the said time foretold by the Astronomer, an Eagle did flie ouer his head, from whom a stone did fall vpon Aeschilus head, and killed him. Whereby we may not onely see that mans wisedome and policie is not able to frustrate Gods prouidence: but also that there is a maruelous certainty in the Astrological foreshewing of euents, especially by directions: which Cyprianus Leouitius seemes to affirme by this and other notable examples. And sure I am by many proofes and trials, that the euents will assuredly happen at the time promised by directions: that when the Significator comes to the very place and minute of the Promissor, accounting for euery degree betweene them one yeere, and euery minute aboue fiue dayes, if the Significator be to be directed by the direct Ascensions: but if the Significator be to be directed by the oblique Ascensions, (or else Intermixtim) which is not very easily or soone done, then they signifie sometimes more, sometimes lesse, according to their swift or slow ascending, which directions to be infallible, the learned and expert herein cannot chuse but affirme. For that they are found as perfect by proofe, and as true by triall, as the breake of the day doth assure vs of the rising of the Sunne.

82

In Lamberge a towne of Schelesia, as Iohannes Langius writes, a certaine Woman great with childe did follow a Priest that had newly washed or bathed his feete: who being taken with such a longing or lust with the sudden sight of his bare foote, that she priuily behind his backe, did hold his legge with her hands, and out of the same pluckt a piece of flesh with her teeth: Nothing regarding the cry of the poore Priest, which cryed out both of God and Man.

83

If the foote or legges of an Oxe, Cowe or Horse be swolne by chance, marke the ground where the same swolne leg or foote doth stand, and take or graue vp with a knife or dagger, a turfe or piece of earth in the same place where the same foote did stand, and hang the same Turfe or piece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or dry weather,) if not, then hang it in some Chimney where fire is made, and af-

ter as the turfe or earth doth dry, so will the swelling cease and the paine go away. This I haue proued to be true diuers times. And it is practised of many, especially, for Oxen or Kine. But the suddaine swelling and griefe of my Horse legge hath bene helpt therewith, within two or three dayes, and by none other meanes. Who list to proue it, shall finde it true: although it be farre vnlikely.

84

The water wherein Lauender is sod, doth quite put away any spot or staining in any cloth, Cap or Hat, if the stained place or spotted be washed or rubbed therewith. It is very true, proue it who list.

85

To make any fowle, of what condition the same be, to haue the feathers all white. Take the Egges of what Bird or Fowle you will, role them in the iuice of the herbe called Mouse-eare, or in the iuice of Houseleke, or otherwise in oyle (after the minde of Cardanus,) and after put the Egges againe in the nest: for after the hatching, the feathers will growe white. This is taken out of the Naturall & Artificiall conclusions of the Schollers of Padua, translated into English by Thomas Hill.

86

If the figur of a Lyon be graued in a thin plate of Gold, when the Sunne is in Leone, (that is the signe called the Lyon:) so that the Moone behold not then the first house, nor the Lord of the Ascendent behold Soturne or Mars, and the Moone then separate or rather free from them, it doth put away the intolerable paines and torments of the backe: if it hang at the reynes of the backe, or touch the same. And if Tropisks be made of the powder of pure Olibanum and Goates blood, and after sealed with the same Lyon, and after dryed, and then being dissolued in white Wine and drunke fasting, it worke a maruelous effect against the stone of the reynes and of the Blather. Andreas Cordubensis to Gregory the Bishop of Rome.

87

This confection following is a most excellent medicine and remedy for many inward effects: especially, for all flures of blood from whencesoeuer they flow, and also other flures: moreouer, for them that haue great paynes in their backes, and also paynes in their Liuer, or whose Liuer is not altogether well.

And

And Galen the Author hereof sayth, (belike for the excellency thereof,) Giue not this, before thou hast receiued a reward therefore: the making whereof doth follow: Take of Sinamon, Cassia lignea opium, of each two drams, Mirrh, both Peppers, Galbanum, of each one dram, let them be stamped, and then mixed with a little clarified Honny, and made in a lump or masse, giue thereof at night two round Pilles, something bigger then Pease, in the soft of a rosted Apple, and let not the party drinke of two houres after, and if his griefe and paines be neuer so great, he will be in marueilous ease and quietnes, within an houre or two after, and so remaine the most part of all the night: yea, and perhaps sleepe soundly and well. You may giue it two or three nights together, if the party be strong, but if he be very weak, giue it euery other night, three or foure times: and if the party be in extreme paine, then giue it when you list. But if the stomack be full of meate or fleame, it wil shew the lesse effect. Whosoeuer shall proue it, shall finde it a worthy thing. I haue proued it aboue a hundreth times.

88

A fine way to make Cozall by art, which followeth. Make the Hornes of Goates (first shauen or scraped,) into powder, and let the same steep in strong Lee, made of the Ashes of the wood of an Ash, fiftéene dayes together: after ward take it out of the said Lee, and mixe it with Cinabrium, dissolued in water, and hang it ouer an easie fire, vntill it be thick, and if it haue then the colour of right Cozall, make it in the forme or fashion you thinke good, dry it, and publish it according to art. This doth Mizol. describe.

89

The iuice gotten out of a red Onyon, and three or foure drops thereof put into the deafe eare cold, three or foure nights when the party goes to bed, helpeth the deafnes be it neuer so great or ancient. Feare not, though it put you to much paine at the first time: for at the second time it will be more easie. This was taught me by one that knew it by proofe.

90

To make a woman that hath a dead childe within her, immediatly to be deliuered thereof. Take the quantity of an Almond of a Bulls gall, mixe it with two spoonefull of Wine, and let her

drinke

drinke it: and she shall auoide it straight, Iacobus Weckerus.

91

Deuide an Apple in the midst, and in the one halfe of the Apple in the midst of it make a round hole, by cutting a piece out of it, then into the same hole put a blacke Beetle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Beetle, to the marualle of them that behold it.

92

Take an Apple of Colloquintida, and lay the same to steepe in water a whole night, and after boyle wormewood in the water: which water being cast about the Chamber, killeth all the Fleas therein. Also anoint a staffe with the greace of a Hedgehog, and lay the same in the midst of the Chamber, and all the Fleas there will come and cleaue to that staffe.

93

A certaine young Gentlewoman or Lady, trimming and dressing her selfe, holding then in her mouth a few Pins, was suddenly and priuily strucken betweene the shoulders, by a certaine Ruler or Prince, (being her Louer,) wherewith she was so suddenly feared and amazed, that she swallowed the pins which she did hold in her mouth: which pinnes she auoided in her vrine within two dayes after without any harme. Iohannes Langius.

94

If Roses and Lillyes be sown ny together, or that they touch one another, the flowres of them will smell the more pleasantly, and will growe the better, Mizaldus.

95

One Apsius got much money with this most excellent Oyle following, and was marueilously esteemed therefore: after whose death the King of Spaine did giue vnto his wife fiue hundreth Crownes, for the vttering and disclosing the making thereof, as is manifest in a booke made of the same at large by one George Baker, in the English toũg: which hath manifestly shewed his honest heart and naturall loue to his Country. The same Apsius in his life time, and his wife after his death, did helpe all wounds, old vlcers, aches, paines of the back & Emrods therewith, & it is marueious good for the gowt, the making of the oyle is thus. Take of the most purest and oldest white Wine, one quart of the

the oldest oyle Olliue three pounds, Carduus Benedictus (called the Blessed Thistle) Valerian, and the lesser Sage, with the flowers, if you can get them, of each a quarter of a pound, of the leaues and flowres of Saint Iohns Wort, halfe a pound, let the hearbs and flowres be infused or steeped in the said wine and oyle 24. houres, then the next day let all be put into an earthen vessell leaded, or a vessell of brasse vpon an easie fire, vntill the wine be consumed, mouing it still being ouer the fire: then being taken from the fire and strayned, put thereto of Venice Turpentine, a pound and a halfe: then let all boyle together a quarter of an houre, then put thereto Olibanum, fiue ounces, Myrrh three ounces, Sanguis Draconis, one ounce, and let all boyle vntill the Myrrh be dissolued, then put it into a vessell of glasse stopped, & let it stand in the hot Sunne ten dayes, before you vse this oyle: you must wash the sores or wounds with white wine, wherein must be the powder of Olibanum. I haue written this here, because I think, thereby many shall haue knowledge of this precious Oyle, which otherwise should neuer haue heard of it.

96

A sweete water and vnknowne, whereof one part mixt with ten quarts of pure water, maketh the whole most sweet. Take Nutmegs, Cloues, Galingale, Spikenard, graines of Paradise, Mace, Sinamon, of euery one an ounce, pund or stampe them all, adde thereto twenty graines of Muske, or lesse, as you delight in the smell thereof, powre into them a pound and halfe of Rosewater: let them so remaine together in a close vessell foure or fiue dayes; then put thereto thrice as much Rosewater, and distill all the same in a Pot or Kettle full of water, seething as in Balneo Mariæ, and keepe the distilled water in a glasse well stopt, to the vse beforesaid. Euoni.

97

If an Egge be painted with sundry colours, and the same set vnder a Henne which sits to bring forth Chickens, she will hatch thereof a Chicken, hauing the like feathers vnto the colours painted on the Egge. Thomas Hill, out of the naturall and artificiall conclusions of the Schollers of Padua, affirmes this.

98

If one make a little rope of the guts of a wolfe, and then bury

the same vnder the Sand or earth, there will neither Horse nor Sheep goe that way, though you beat them with a staffe. Albertus.

99

It is said that a Hare doth liue ten yeares, the age of a Cat is so much, a Goat doth liue eight yeares, an Asse thirty yeares, a Sheepe tenne yeares, but the Wellweather many times doth liue 15. yeares, a Dog 14. but sometimes 20. a Bull 15. but an Ore, because he lacks his stones, doth liue 20. a Swine and a Peacock 25. a Horse 20. and oftentimes 30. there haue beene Horses that liued 50. yeres, Pigions liue naturally 8. yeares, a Turtle and a Partrich 25. yeres, and also a Ringdoue, which oftentimes liues 40. yeares. Mizaldus.

100

The body of a Birch tree, cut or scorched, the spring time going before, doth yeld great plenty of water, which water beeing drunke, hath a maruelous strength to breake the stone in the reines. Matheolus vpon Dioscorides writes it.

The end of the ninth booke.

The tenth Booke of Notable things.

1

There is an euident familiarity betweene the Oliue tree, and the Wyrt tree, for as Andronicus reports, the branches of the Wirt tree doe pleasantly extend or spread by the Oliue tree, and the rootes of them doe mutually embrace each other, nor any other plant but the Wirt tree wil grow wel, nye the Oliue tree. This also Mizaldus doth affirme.

2

The smell of Bitumen raw, or the smoak thereof burning, receiued by the Nose of such as are grieuously tormented with the paines of the mother, is a present helpe or remedy. It is most certainly proued. Wherefore many Women which are grieued with that disease, doe hang it about their necks in wooll, that they may driue away their fit by the oft smelling thereof. Mizaldus writes this. And the learned Doctor Monardus affirmes the like thereof.

The

3

The Sparrowe Hawke is a fierce enemy to all Pigions, but they are defended of the Castrell, whose sight and voyce the Sparhawk doth feare, which the Pigions or Doues know well inough: for where the Castrell is, from thence will not the Pigions go (if the Sparhawk be nigh) through the great trust she hath in the Castrell her defender. Iohannes Baptista Porta hath written this.

4

The leaues of a Willow tree, as also the barke thereof sod in Wine, doth helpe them that haue the gowt, if they be fomented or bathed therewith.

5

Stoflerus an excellent Astronomer, knowing by his Nativity, that he should be in danger to be hurt about a certaine day or time, kept himselfe then within his owne house, assured that it was strong inough. The same day or very nye vnto it that the event should hap, certaine of his learned friends & he, as they were reasoning together, did vary in some certaine opinion, about the tryall whereof as it should seeme, he reached to take downe a Booke off his, shelfe (being placed there among diuers other,) when through the lacke of a naile, the whole classe or shelfe where the Booke was, fell vpon his head, and wounded his head very sore. Which doth not only shew the worthines & excellency of Astrologie, especially in a learned and skilfull person therein: but also our folly in flying from Fate, for that our Wisdome doth leade vs into it, when most of all we meane for to shun it. Therefore perfect prayer passeth policy, in preuenting of perils.

6

Three halfpenny weight of the powder of an Adamant stone, drunk with the iuyce of Fennell, drawes the water from them that haue the Dropsie. And the same stone put to the head, takes away quite all the paynes thereof. Iacobus Hollerius an excellent Physician affirmes it.

7

It is a manifest thing and proued by dayly experience, that the bodies of them that be murthred, when they be found, if any of their kinred bee then present, or the party or parties that killed or murthered them, or was the cause thereof, immediatly blood will burst forth suddenly, either of the wound, or nose, or out

ſome other part of their body. I would alleage here a great ſort of examples for the verifying thereof, but I omit them: for it is a thing found true by dayly experience, beſides that Lucretius, Philip Melancton, Iohannes, Langius, and Leonius Lemnius write thereof.

8

Pieces of Amber being put or tyed to the hinder part of the head, doe helpe the running or watrineſſe of the eyes, with a marueilous ſucceſſe: and hanged about the necke, doth hinder diſtillations, that they goe not downe by the throate, Mizaldus. Beſides that, it is proued to be true.

9

A certaine Woman went with a dead Childe in her wombe aboue foure yéres, which by the counſayle of learned Phyſicions and expert Surgions, was drawne from her piecemeale, and the mother did not onely liue, but alſo conceaued another Childe, as Mathy Cornace a noble & learned Phyſicion hath affirmed, who was preſent when the ſaid Woman was cut for the getting out of the ſaid dead Childe. Mizaldus reporteth this.

10

If Eeles be ſuffocated in Wine, whoſoeuer ſhal drinke of that wine, though they haue béene very much giuen to wine before, and could ſcantly abſtaine from the ſame, they will loath wine, and not be deſirous to drinke Wine after. The gréene Frogges which vſe or leape about Springs, if they be ſuffocated in wine, worke the like effect. Mizaldus.

11

If Mus aranëus called a Shrew, I take it to be the blind mouſe, doth chance to goe ouer any part of any beaſt, that part of the beaſt will after be lame. This I know to be true.

12

Whoſoeuer would haue a very white and delicate Skinne, let them boyle or heate Lytarge of Siluer in Vineger diſtilled: and waſh therewith their Skin which they deſire to haue fayre, trim and white. This I took out of Mizaldus.

13

In the time of Traiane the Emperour, a certaine man hauing a diſeaſe called the Diſſury, did piſſe with much adoo, a knotted Early ſtraw. Anthonius Mizaldus hath written this. And I knowe

knewe a Gentleman, that after his death being opened, had a pigions feather sticking in his heart: which feather was shewed me by the Surgeons that did cut and open him.

14

Otes sodden and the hotte fume thereof close received on any lame members, either armes, legs or any other: the said members put and holden a good while in the same sodden Otes, when they may be suffred therein, and the same order used foure or five times, if neede be, doth helpe them perfectly that be lame. This was told me for a very truth by them that knew it, & saw it tryed.

15

The tooth of a man hanged at the necke of the party that is tormented with tooth ache, doth take away the paine thereof, especially if a Beane be put thereto, wherein there is a hole bored, and a Lowse put therein, and the same Beane wrapt in a piece of silk, & then hanged about the parties neck, as is before said. Mizal.

16

The whitest Frankincense made in very fine powder, and drunke with Wine, (if it be in cold weather or in winter,) or in water wherein Reysons are sodde, if it be hotte weather, (or in Summer,) in the encreasing of the Moone, at the rising of the Sunne, at noone, and at the setting of the Sunne, doth marueilously helpe and encrease the memory, and is very profitable for the braine and stomack. Rasis the Author hereof, by the report of Mizaldus.

17

Any part or piece of the Bone of a mans Arme, with the highest part or end of a Goose wing, being carried or borne of them that haue the quartan Ague, doth cure the same. Mizaldus fathers this of Geber.

18

If one that hath the Dropsie or Jaundise, shall drinke their owne vrine for certaine dayes together, it will helpe marueilously. This Hermes saith. But Benedictus Victorius Fauentinus in his practices affirmes for trueth, and saith, it is certainely proued, that five ounces of the vrine of a Boy not polluted, and of a sanguine complexion, mixt with halfe an ounce of good white Sugar, being drunke euery morning early fasting, for the space of ten dayes, doth helpe certainely the Jaundise, and also much drunke at once, a moneth together in such order, doth helpe the

dropsie perfectly. 19

Stoope a thread in oyle of Brimstone mixt together, and compasse a glasse with that thread in that place where you would haue it broken euen, or parted, and after kindle the same thread with fire, and doe thus so often vntill the place of the glasse be hot, and after compasse the same with a thread wet in cold water: and it will part so cleane asunder, as though it had bin cut with a sharpe-pointed Diamond. 20

If they that be swolne and are full of Dropsie, do lye three dayes and nights in their beds well couered round about in sodden Barly, it helpes and cures them perfectly. This was proued by them that came very much swolne from Ginny. And one of them that was helpt therewith, reuealed it vnto me: which I am content to publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth, that certaine wormes are bred in the bowels or guts of the Hart, and they are destroyed by the eating of serpents, which the Hart doth allure with the breath of his nose to come out of their hole or denne: and lest the poyson of them should hurt him, he goes apace to some fayre Spring of water, and whiles all his whole body is therein vnto the lippes, little drops or teares distill out of his eyes, which at length encreaseth to a thing, as bigge as a Walnut, and are in manner of a stone, and when he perceiues he hath thereby auoyded all the poyson, and being come forth of the water, with the rubbing of his eyes at a tree, the same lump or Stone (being a hinderance to his sight,) he gets away. Which matter or Stone is a thing most effectuall against any venome or poyson. Many Physicions of great authority and antiquity, are witnesses hereof. Iulius Scaliger, and Amatus Lucitanus doe boast that they saw such a thing, and they affirme that it may be giuen effectually with a little wine to them that are infected with the plague: for by the strength and helpe thereof, so much sweate will come forth of the body, that you would thinke the whole body will turne or consume into moysture, with which once giuing, all the poyson or venome is thrust out of the body. The Arabian Physicions call the Stone, Bosoard: And thereof Alexipharmaca, a remedy against venomes, Bezoardica. This Anthonius

thonius Mizaldus writeth. These Besaar stones, being of a most excellent, notable and precious vertue, are now gotten in Peru, in the West Indians, and found about ten yeares past, in certaine kinde of Beasts that goe in the Mountaines of that Country, which are much like to sheepe or kids that are in the Portingal Indians, by a worthy Spanish Gentleman, called Peter de Osima, who killed some of those Beasts purposely, for the said Besaar stones, which he thought to finde in them: but although he looked and searched therefore in the belly, and in other places of one of the greatest and eldest of them: yet he could finde none of them, neither would the Indians tell him in what place of the Beast they were, saying they knew no stones, being loth he should knowe that secret. But at the last an Indian Boy, of twelue yeares of age, told him where to finde them. Wherefore the other Indians would haue killed the Boy, because the Indians doe much esteeme those Stones, for they doe offer them vnto their gods, or before their Idols, as one of the most precious things they haue. So that by the said boyes reuealing, the sayd Gentleman found the Stones in a certaine little purse that the maw of the beast hath, wherein the hearbs doe lye when he sheweth the cud. The said Gentleman giues a marueleus commendation of them in a Letter, which he wrote to Doctor Monardus an excellent learned Physician of Siuill in Spayne: saying, that they are marueleus good against all venom, and against all sorts of poyson, as well in meates as otherwise, and to euils of the heart, and to expell and kill wormes, and that they haue healed such diseases with this stone, that it is wonderfull to be seene, both of Ladies, Gentlemen, and many others; naming many of their names in that Letter: saying further, that as a newe thing all such take it in powder, as haue diseases which cannot be healed by medicine, and many do heale: and so with many other things he praised God, for the great benefits receiued by the vertues of this Besaar Stone. And the said Doctor Monardus hauing receiued of the said stones from the sayd Gentleman, doth marueilously praise and extoll the said stones in a worthy worke or booke made by him of certain Trées, Dyes, Plants, and Stones of wonderfull great and marueilous effects, whose very words thereof, (as much as shall seeme needfull therefore) I here doe vtter.

vtter. If I would (saith he) put here the great effects, and the diseases which the Stones of Peru haue healed, that they which doe come from thence doe tell me, and that Gentlemen doe write me, it would make a great Booke. I will put that onely which I haue experimented, and the effects that I haue vnderstood that they doe, and these that haue past by my hands, whereby all credit may be giuen vnto it, and as a thing certaine: seeing that there is experience of it, with all assurance and trust, it may bee vsed. Our Occidentall Besaar Stones haue great vertues, principally they doe remedy many persons which be sicke of the heart, for the which I haue giuen great quantity of them that haue beene brought me, and they haue made maruelous effects: so much, that to many persons which did swound, by taking it away from them, they were deliuered from death. It must be giuen when they did swound, and before it come, taking it in the morning fasting with Rosewater, if the party haue great heate, if not, then with the water of Flowers of Orenges, the quantity of foure graines, euery time made in powder. In all kinde of venome it is the most principal remedy that we know now, and that which hath done best effect, in many that haue beene poysoned, which haue taken it, as well by venome taken at the mouth, as by biting of venemous wormes, which are full of poyson. It doth truly a marueilous and manifest worke vnto them that haue drunke water standing in a stinking Lake, beeing infected with Beasts or vermine which are full of poyson, and being swolne immediatly after they had drunke it, by taking of this Stone three or foure times, they were remedied, as I haue seene them after, &c.

In Pestilent Feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Physician should procure in the like diseases. And although he doth take away the cause, and doth withdrawe the putrifaction, yet if hee doe not extinguish and take away the malice, the cure is neuer at an end. For that is it which killeth, and doth the principall hurt. And where there are certaine spots in the body like vnto flea-bitings, which doe appeare in the like Feuers, the Besaar Stone of our Indians doth make marueilous effects. Of those which they haue brought mee, I haue spent the most part, in giuing them for the like diseases, and surely

it

it hath remedied many with maruelous successe, and in that which some of them haue bene spent by me, hath bene in soundings. and surely I haue sene in these Stones the effects so great, that it semeth a thing of wonder. And especially, I haue sene these causes more remedied in women, then in men: it is a maruelous thing to be taken, and it hath done manifest effects: where there is melancholy humor, it doth repaire him much. And it doth in him and in all things which doe result of him a great worke, be it vniuersall or particular, in the head, or that as they call Mirarchia, and also in them that haue Leprosie: of the Arabienssor, Elephanciacis, of the Grekes. It doth profit much in Scabbes in itchings, in Scruinesse, and in all parts of the body that is infected, it maketh a very good worke, and doth remedy the euils manifestly. For that the Stone hath propertie to heale them, I haue giuen it in quartane Agues, and although it taketh not away the quartane, it taketh away the accidents of it, the faintnes and sadnesse, and the griefe of the heart: which in these Feuers are common. Surely they doe sele with the vse of it notable profit, in all large and importunate diseases, &c. It is good to cast into Purges, some graynes of it, that if the purge doe carry venomous medicines, it may rectifie and amend them: And if not, it giueth force and strength to the heart, and they worke the better. In the Orientall Indians, they haue a custome to purge themselues two times euery yere, and especially, the Noble people of estimation. And after they haue purged themselues, they take euery morning fasting, foure graynes of the Besaar Stone with Rosewater, or with water made for the purpose, and they say that this doth conserue the youth, and doth strengthen the members, and doth preserue them from diseases. And it is a good vse, for it cannot but doe them much good. I haue giuen it to many people, and especially to Children and boyes, that are tormented with Wormes: and I haue sene such workes as are not to be beleeued, if they were not sene. This and more hath Doctor Monardus written to his sayd booke of this Stone, and other worthy and wonderfull things, which Booke is diligently and truely translated into our English tongue, by one Iohn Frampton Merchant: Which Booke is tituled and called, Joyfull newes out of the new-found World, who deserueth great thankes, and

continuall commendations, for publishing such a common commodity to his Country. 22

A Water which will heale certainely the Fistulaes. Take two pound of water that is distilled out of good white Wine, as you still Aqua vitæ: put thereto of the water of Sage, and of the water of Rosemary, of either fiue pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one ounce of Sage, and as much of Rosemary, & when they are kept together eight dayes, straine it and vse it in curing of Fistulaes, Euonimus. In which Booke are many excellent things. 23

If you lay the wicke of a Candle to infuse or steepe in the oyle of Hempseede, and after make a tallow Candle thereof, which if you doe light after it be cold, the same Candle will not goe out with any winde, so long as the whole Candle lasteth. And in like sort may lights be made to serue in the night time, if that fine linnen rags be first soked in the oyle of Hempseede, and dipped into molten tallow, being so bound or wrought on a staffes end, or otherwise lying in an Iron or plate at the end of a staffe. This is taken out of the naturall & Artificiall Conclusions of the Scholers of Padua. 24

The young Swallowes of the first brood that a Swallow hath, being cut and opened before the full of the Moone, two stones will be found in their mawes: whereof one is of one colour, the other is of diuers colours: if these stones (so that it be before they touch any ground,) be wrapt or inclosed in a Harts skinne, and bee tyed to the arme, or about the necke of them that haue the Falling-sickues, it doth heale them of the same disease. Mizaldus writes this by the report of an Italian, which affirmed to him that he had proued it to be true.

25

Whosoeuer shall, especially the first Friday in May, and euery other Friday in May, before the rising of the Sunne, graue vp two turffes of new growne grasse with the dew vpon the same, and then doth tye the grasse sides of them together, and shall then lay the same in the water in the side of a Pond, or in some other water, so that the vehemency of the water doth not remoue the said turffes from the place, where they be layd, and so letting

letting them lye there vnremoued nine or ten dayes: if at the ten dayes end, he shall take vp the same turfes, and wring or lose the same, he shall finde a great sort of young Eeles within the same, although there be not one Eele in the same water at the laying there of the sayd turfes: And then if he tye the sayd turfes with the young Eeles together againe, & lay them againe in the same water, a great increase of Eeles will after come thereof. This was credibly told me for a very truth, of one that did try the same. I think they braid of the same below.

26

The Vine tree doth not agree with the Bay tree, for with his odor or smell he is the worse, wherefore when the branches of the Vine drawes nere to the Bay tree, he will draw backward, flying the smell of his enemy. Euen so the Butte is enemy, or doth not agree with Lentils. Iohan. Pet. Port.

27

An Image of a Ram grauen or molten in Gold, the first degree of Aries ascending, and Iupiter plaste in the same, not impedite by an euill Starre or Planet, so that the Mone and Venus behold him friendly; is a maruelous helpe and remedy to them that haue a continuall head-ache, (if they weare the same Image of Gold.) Laurencius Miniatus, by the report of Iunianus Pomanus, did with the same helpe a friend of his of a continuall head-ache. Mizaldus.

28

If you will colour or paint the bristles of a Swine with diuers colours when they be wel washt and sod in Nilum-water, let them be put whiles they be warm, in water coloured with Saffron, if you will haue them yellow: or in the iuice of Elderne or Walwort berries, if you will haue them of a blue colour: or in water mixt with Flos æris or Verdegrease, if you will haue them of a grene colour, and so of other colours. You may proue them with the feathers of Birds. Mizaldus.

29

The powder of Earth-wormes, of Fire tung, or of a Harts tooth, put into the holes of teeth that be wormeeaten, doth pluck them vp by the rootes, or makes them fall out without any other Instrument.

30

If the stone that is found in the head of a long Snaile be made in fine powder, and blowne in the eye, it puts quite away all the spots thereof, and it destroyes the Web in the eye, and any other euill in the same. Mizaldus affirmes this.

31

In the Winter time, a spoonefull of Aqua vitæ swœtned with good Sugar, with a little piece of the purest white bread put into it, lest it should trouble the braine, or do some harm to the Liuer, is healthfully giuen to grosse and flegmatick bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulnes, and a losing almost of the sences, and from the Apoplexy, which is a ceasing as wel of the inward sences as of the outward, and from cold diseases. Lemnius.

32

To make a Candle burn vnder the water. Take waxe, Brimstone, and Vineger, of each a like much, boyle all these together ouer the fire, vntill the Vineger appeare all consumed, and then after of that that remaines, make a Candle, and you shall see the proper effect as aboue is written. This is taken out of the Naturall and artificiall conclusions of the Schollers of Padua. Translated by Thomas Hill.

33

Take a Ring that is hollow round about, into which put quicksilver and stop the same fast, that it run not forth, after heate the Ring somewhat in the fire, which being hot, lay on a table or stole, and soon after it will leap or daunce of it self vntill it be cold. Proued.

34

Quench hot Iron in the iuice of Hemlockes, three or foure times, letting it remaine therein euery time vntill it be cold, and the Iron will be soft. Also Cardane writeth that if you take Oyle, putting it into molten Leade, seuen times together, and after quench Iron red hot in that Oyle foure or fiue times together, it will make it soft.

35

A certaine Woman with Child, seeing a Bakers shoulder naked or bare whiles he did put bread into the Ouen, did long or desire so much to eate of the said Bakers shoulder, that she abhord or loathed all other meate. Her husband hauing pitty of his louing Wife, did agree to giue the Baker certaine money for e-

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nery bit that his said wife would bite of his shoulder, and the same Baker suffered the sayd woman to haue two bites at his shoulder: but when she began to bite the third time, he was so grieued with paine, that he would suffer her no more to bite at his shoulder. Immediatly after the woman trauayled, and brought forth three Children, two of them aliue, and the third dead. Iohannes Langius is the Author hereof.

36

A notable distilled water as followeth, worthy to be compared to gold. Take one part of Gentian, and two parts of Centory, stamp them together, and put wine to them, and let them soke together fiue dayes, then distill them, keepe the water distilled in a close cleane vessell: this water drunke morning and euening, preserueth the body from all kinde of diseases, it putteth away all Impostumes, it maketh good colour, it resisteth the Plague, it healeth the sicke of the Ptisicke, it auoydeth the stuffed stomacke, it breaketh the Stones in the reynes, it separateth and putteth away the watery humors of the Spleene, it helpeth forward the flowres, if it be drunke nine dayes together in the morning, and purgeth the belly: also it purgeth all choller, and all corrupt blood, it healeth all wounds within the belly, it cleareth the sight, it cureth poysoned bitings. To the healing of the wounds, the powder of Centory ought to be put to them, Iulius his booke of waters. Euanimus describes this, which is a worthy worke.

37

Put Quicksiluer in a Bladder, and lay the bladder in a hot place, and it will skip from place to place without handling.

38

An excellent water for purifying or cleansing the skinne of the face or other parts of the body, which is a secret and vnknowne. Take fiue new-layd egges, halfe a pound of Malmesey, a young Pigion not wholy fethered, halfe a pound of new Cheese, cõming from the presse made of vnskimmed milke, eight Drenges, Dyle of Tartar three ounces, one ounce of Cerusse made in powder, gum of Arabicke, and Mastick, of either halfe an ounce, water of Beane flowres, eight ounces, Rice foure ounces, steeped first a whole day and a night in halfe a pinte of Cream: cut the Drenges in pieces, and stampe them a little, then put all to-

gether with the Creame and Rice also, and distil the same also with an easie fire: & kepe the water therewith distilled in a cleane close stopped Glasse, and vse to rub or wet the face therewith euery euening before you goe to bed: and euery morning wash it cleane with water distilled of Beane flowers. Vse this for a fortnight or three wekes together, and you shall finde it a notable thing.

39

To make a Glew to hold or ioyne things together, as hard or fast as a stone, and an excellent secret. Take vnslacht Lime, and quench the same with Wine, and beate the same into fine powder, mixing therewith both Figs and Swines grease, and after labour them well together: for this (as Plinie writeth) passeth the hardnesse of a stone, with which ioyne broken pots or any thing together. Also take Greeke Pitch, Rosen, and the powder of little stones, these mixe together, and when you will occupy of the same, then heate it ouer the fire, and worke therewith (that is, ioyne any thing therewith) and it holdeth them together as hard as any Paile. Also take of Spuma ferri, one pound, of Tyle shardes in powder, two pound, of vnslacht Lyme foure pound, of Dyle of Linseede, as much as shall suffice to prepare, mixe and worke them together: this Glew is marueilous strong, which neither feareth nor yeldeth to water nor fire. This is of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

40

An Angelike water of a marueilous vertue against blearednes of the eyes, Canker, and burning with fire. Take three ounces of vnslacht Lyme, and halfe a pound of Reyne water, let them stand together in a vessell of Glasse or Tin three dayes, then mix and stirre them together, and let them settle againe a whole day and a night, in a vessell well couered, afterward strayn them tenderly through a Linnen cloth, vntill it be cleere, then put into it ten drams of Sall Armeniacke, the whitest you can get, beate it finely, and let it be dissolued with long standing, and oft mouing in the sayd water. And when it is settled, strayne the cleane water that standeth aboue certaine times, or else distill it by a filter. This water healeth the spot and web in the eye, if you drop three drops thrice euery day into them, continuing so vntill the eyes

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be whole, it taketh away also the teares of the eyes, the rednes and the bleerednes of the eyes, and also the Canker and burning. It taketh away all spottes and staynes of the cloth, both of Silke and Woollen, if they be washed with it a little warmed. Furnerius by the report of Euonimus. Besides I haue proued it in the like case: Therefore I am bold to say it is an excellent thing.

41

An excellent water called the Golden water, a Balme and a blacke Dyle doth follow. Take of pure Turpentine, seuen ounces, wash it well with white Wine, after take good white Hunny 3 pound, clarify it with a little white wine ouer an easie fire, and take off the skim still from it: then put the Turpentine to it, mixing them well together: Then powre thereto of Aqua vitæ foure pound, and mixe them well in a body of Glasse, luting it (or stopping it well,) then take Buglosse, Borage, Balme, Sage, Lauender, of each one handfull, Worminood one dram, Rosemary two handfulls. Then take wood of Aloes, Xilobalsamum, the three Saunders, of each one dram, Mace, Nutmeg, Sinamon, Galenga, Cloues, Cucubes, white and long Pepper, Saffron, Spykenarde, Graynes of Paradise, Cardomomum: of each three drams, Zedoary, halfe an ounce, Squinant, halfe a dram, the pilles or rindes of Limons, the seeds of Limons, Sticados Arabike, of each one dramme, Calamus Aromaticus, halfe a dram, Carlinæ cardopacij, two ounces, Bistort, two drams, the roote of Flowre Deluce, halfe an ounce, Bayberries, Valerian, Polypody, of each halfe an ounce, Licorice, Annes seedes, of either halfe a dram, of Radish, two ounces of Coriander corred, halfe an ounce Syler mountaine, one dramme blanched Almonds, halfe a pound, small Reysons, halfe a pound, being washt with Wine. All these (being beaten or strayned) put into the said body of Glasse, to the Hunny and other things: and if there be not inough of Aqua vitæ, put thereto more, and let them stand so seuen dayes well couered and stopt: then after distill the same in Ashes with an easie fire, (all being well luted) for the space of foure houres, (lest the Hunny boyle,) then there will come out a cleare water, then encrease the fire, and when you see the water yellow, then put to another receiuer of Glasse, which you must lute also with the beake of the Styll, and keepe

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the first water by it selfe, and encrease the fire vntill there come no more yellow water, and when you see it come blacke, then take away the receiuer, and put another thereto, and lute it likewise, and when you see a smoake come, then it is inough, and keepe also these three seuerally, and let the Styll stand vntill it be cold. In the first water put Folij Indi, fine drammes, Amber halfe a dram, Mosche, halfe a scruple, which is twelue graynes, and also fictæne leaues of Gold. If you will vse it for the head, take one ounce of the water of Bettony, and of the first water one spoonfull: mixe them together and drinke it all fasting. The vertue of this doth strengthen all the members. Take one ounce of Malmesey, or of other good Wine in a little Glasse, and put one spoonfull of this first white water thereto, mixe them together, and it will be white as Milke: which drinke with a fasting stomacke, and neither eate nor drinke of two houres after: and it will preserue all thy members. For a cold Liuer take a spoonefull of the white water, with an ounce of the water of Sage. For the brest, and the cough of a cold Rewm, take it with the water of Isope, Louache or Fennell. For the Heart, with the water of Buglosse, Burrage or Balme. For the stomack, with the water of Woormewood. For the Lightes, with the water of Maydenhaire, or Polypody. For the Spléene, with the water of Hartstongue. For the Vertigo (a giddines of the head) or the Apoplexie, with the water of Piony, of Fennell or of S. Iohn Woort. For the Stone, with the water of Radish, or winter Cherries. For the retayning or holding of the water, with the Water of Cresses, some Parsly, or Saxifrage. For the eyes, with the water of Fennell, or Eyebright. For the retayning or withholding of Menstrues, with the water of Mugwort, or with water of Radish. For the too much fluxe of the Menstrues, with the water of Plantaine, or Nightshade. For the Matrix hurt by the Midwife, or of any cold cause, whereby she doth conceiue no more, let it be vsed without the water of Ualerian or Betony. Against the Spottes of the Face, take of the water of Pimpernell, foure parts, of this white or first water, one part: mixe them together, and anoint the Face morning and euening: and drinke it twice or thrice in the wéeke, with Endiue water. It cures the Canker, béeing anoynted therewith, and the Fistula: if a

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droppe thereof many times put into it. It helpes a cold gowte, if it be anointed therewith. For the paine of the Matrix, let this water be taken with the water of Hugwort. Also it is good against the Quartane and Quotidian Feuers. The Cytrine Dyle hath many vertues, as the Dyle of Balme: if any griefe be anointed therewith. The black Dyle is of great vertue in the Gowt, if it be anointed therewith, as the Mother of balm being white, called the Golden Water. Gratarolus.

42

Here followeth an excellent Medicine that will heale old rotten and incurable Vlcers, very quickly. Take of Turpentine three times washt, first in faire spring or Well water, and after in Rose or Plantayne water, three ounces, the Yolke of an Egge, Dyle of Roses, an ounce and a halfe, Mercury sublimate made in powder, halfe a dramme, and let them all be mixed well together, and make thereof an Dyntment, and wash the Vlcers or Sores with white Wine: then spreade some of that Dyntment or Salue vppon flare, and apply it to the fore, and dresse it with new Salue twice euery day: but before euery dressing, anoynt it with this following, three or foure Fingers breadth about the Sore. Take of the Dyle of Roses, two ounces, of Vineger halfe an ounce, of the powder of Bole Armoniacke, a little, mire them together, and anoint it as is beforesaid. And when all the rotten or putrified flesh is eaten out, then anoynt the Vlcer with Butter, and you shall see a wonderfull effect. Proued.

43

For the burning or great intolerable heate of the vrine. Take of the seedes of Purslaine, of the seedes of Lettice, of the seedes of Endiue, of the seeds of white Poppy, two ounces of euery of them, of the seedes of Henbane, half a dram, Sebasten, two ounces, Saffarne, one dramme, Licorice fiue drams, Pineapple kernels, tenne drams, fountaine or spring water fiue pound, mire them all together, and let them be sodde vntill the consuming of the third part of the water: then let it be strayned. Whereof take one ounce in the morning mixed with one ounce of Julep of Violets, and the fourth day the effect worthy of maruell, will appeare. This is proued.

44

A notable and an excellent Balme. Take of Turpentine, one

pound and a halfe, Galbanum, two ounces, Aloes cicotrine, Mastick, Cloues, Galengale, Sinamon, Nutmegs, Cubebs, of euery one of them an ounce, gum of Iuy halfe an ounce: when all is well beaten, mixe them together, and distill them in a glasse, with a slow fire first, and receiue the first water by it selfe seuerally, then encrease the fire, & a water more reddish will come, then encrease the fire more, and an Oyle will come of a red colour, receiue that as long as any will come: you must change the receiuer thrice. This oyle hath all the vertues of true Balm, for it burneth in the water, and curdeth Milke by and by: for if one drop of it warm, be put into a pinte of Milk, it will forthwith become curded The first liquour is called The water of Balme, the second, Oyle of Balme, the third, Balme artificial. The first is profitable against the running of the eares, if two droppes morning and euening be put into them: dropt into the eyes, it amendeth the bleardnes, and consumeth the teares: it doth marueilously restraine superfluous humors in any part of the body: it taketh away the toothache, if they be washt therewith, and killeth the wormes, if there be any in them. The third liquor will suffer no venom, it is an vtter enemy and destruction to Spiders & Serpents: two or three drops thereof layd vpon any venomous biting, doth make it whole straight. If thou draw a circle with this liquor, and shut a venomous Beast therein, it will dye there, rather then get out of it: to be short, it doth all the same things that Treacle doth, but all things more effectually: being powred or put vpon any Impostume, within nine dayes healeth them, and likewise a Fistula, be it neuer so euill, and also Noli me tangere. All diseases bred of fleame, and of cold humors, it healeth, if a Linnen cloth dipped in it, be laide vpon the place, where the griefe is. It putteth away vtterly the Palsey, & all trembling of members: It strengtheneth marueilously the Sinewes, it is hotter then the first or the second. If a man put a drop of it in his hand, it pearceth straight without griefe. To conclude, it doth many other things, and all diseases often of a cold cause it healeth, if they vse it right. Lullius in his booke of waters. But this is taken out of Euonymus.

45

If you take the Gall of an Ore, mans Vrine, Verjuyce, and the iuyce of Nettles, of each a like quantity, and mixe them very diligently

diligently together, and after quench Steele red hot therein, some or fiue times together: the same Steele will after become as soft as paste. This is affirmed by the Schollers of Padua in their naturall and Artificiall Conclusions, &c.

46

A most present remedy for them that are infect with the plague, for Carbuncles, pestilentiall Pustles, holy fire, and other of that kinde. Take the ripe berries of Ivy, being dryed in the shadow, then stampe them and make them in powder, of which powder take halfe a dram in two or three ounces of the water of Planten, and remaine still in the bed, vntill you haue sweat very well, and after you haue sweat, put on a cleane shirt wel aired at the fire: and if you may conueniently, let the sheets and the Clothes of the bed be shifted. There hath bene some healed with this order in one night. This is proued. Alexis of Pyemount saw one helped with taking this powder twice, that is, at morning, and Euening, hauing two Sores appearing, which with this powder, broke the next day after, and so recouered. Against the Plague.

47

Doctor Monardus, in his booke before mentioned, among other marueilous matters hath declared at large of two wonderfull and strange Stones, in these words following: They doe bring (saith he) from the new Spaine, two Stones of great vertue, the one is called The Stone of the blood, and the other is, A Stone for the disease of the Stone in the kidneies and reynes. The blood Stone is a kinde of Iasper of diuers colours, somewhat darke, full of sprinkles like to blood, being of colour red, of the which Stones the Indians doe make certayne Harts, both great and small. The vse thereof both here and there, is for all flure of blood, of what parts soeuer it be, of the nose, or of the Nostrues, or of the Pyles, and of wounds, or of that which is cast out of the mouth. The stone must be wet in cold water, and the sicke man must take it in his right hand, and from time to time wet it in cold water. In this sort the Indians doe vse them. And as touching the Indians, they haue it for certaine, that touching the same Stone in some part where the blood runneth, that it doth restraine, and in this they haue great trust, for that the effect hath bene seene. It doth profit also, hauing it holden, han-

ged or tyed in the same part where the blood runneth, so that it touch on the flesh. Of this Stone we haue seene great effects in stanching of blood. And some that doe suffer the Hemeroidall flure, haue remedied themselues with making of Rings of this Stone, and wearing them continually on their fingers, and also in Menstruall flure of Women.

The other Stone, which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like vnto Plasma of Emeralds, which is likened to greene, with a milkish colour; the greatest is the best: they bring them made in diuers formes and fashions: for so the Indians had them in old time, some like to Fishes, other like to heads of Birds, other like to bills of Popingies, other like to round Beades stones: but all pierced thorow, for that the Indians did vse to weare them hanging, for the effect of the griefe of the Stone or Stomack: for in these two sicknesses it doth maruelous effects.

The chiefe vertue that it hath, is in the paine of the Stone in the kidneyes, and in expelling of sand and Stone. Insomuch that a Gentleman which had one of them here, the best of them that I haue seene, hauing put it to his arme, it doth make him to expell and cast out so much sand, that many times he doth take it away: for he thinketh that it doth hurt him for to put out so much: and in taking it away, he ceaseth to cast any from him. When he feeleth the paine of the Stone, then putting it to againe, it doth take away the paine incontinent, with expelling of much Sand and small Stones. I haue seene it carried to persons, that haue beene grieued with great griefe and paine of the sayd disease, and putting it to them, they doe forthwith expell the sand and the little stones, and remaine cleare thereof. The Stone hath a property hidden, by the which meanes he doth great effects, to preserue that they fall not into the paine of the said diseases. And after it is come, it taketh it away, or diminisheth it. It doth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heate from the reynes of the back: it profiteth in griefes of the stomack put to it, and aboue all, it preserueth from the said griefe. My Lady the Dutches, (a Dutches in Spaine) for that she had a short time three times, exceeding paines of the Stone, she made a Bracelet of them, and she vsed to weare it at her arme,

and

and fithens e she put them to her arme, she neuer had moze paines of the stone. And so it hath happened to many other that had the like benefit, foz the which they are much estæmed, and now they be not so soone had as at the beginning: foz that these stones onely the Gentlemen and Rich men haue them. And with reason: because they do such maruelous effect. This much hath the learned Doctoz Monardus declared of the excellencies of the two afozenamed Stones, which are brought from the West Indians, with diuers other pzecious Dyles, Woods, Gums, and other things, as are most plainely and largely set fozth in this said booke with many credible pzoles: lately Englished and published in pzint by the said Iohn Frampton, therefoze wozthy of great commendation, called, Joyfull Newes out of the new-found Woꝛld. Which is of a small pzice, but yet very pzecious: foz in my iudgement, whosoeuer doth buy it, doth not pay therefoze the hundzeth part that it is woꝛth.

48

The making of a Stone, which moisted with spettle, wil burne. Take of quicke Lyme, pure Salniter, Tutie Alexandzine, not pzeparate, Calamita, of each one part, quicke Bzimstone, and Camphire, of either two parts: let them all be made in very fine powder and searced, then tye the same powder hard in a liunen cloth, then put it into a Crucible, and couer the same with another Crucible, and wzap it fast with wyers, and close it well with Lute of wisedome, that nothing may respire out: then let it be dzyed at the Sunne: which done, cast the same Crucibles into the fire of a bzicke-kill vntill the matter be well burned, which taken out, you shall finde a perfect matter of the colour of a tyle: which if it be wet oz moistened with a dzop of water, oz with spettle, putting Bzimstone to it, then it will burne: which with blowing, oz a blast, is put out. Iacobus Weckerus.

49

To make an Egge ascend into the ayze. In the month of May, fill an Egge shell cleane emptied, with Dew, and stoppe the hole well, wherein you did put the Dew, then lay the Egge in the hot Sunne about Noone, and it will be lift vp. But if you set a staffe by it, it will ascend the moze easily, Iacobus Weckerus,

50

Glew. To make a thinne Glew, a rumme secret; Take the Glew made of Fishes, and beat the same strongly on an Anuile, till it be thin: which after lay to steepe in water, vntill it become very soft and tender, which will be within fiue or sixe houres, and then worke it like paste, to make small rowles thereof, which being like paste, stretch it or draw it out very thinne: and when you will worke with it, then put some of it into an Earthen pot with a little water ouer the Embers, and skim the same very cleane, and let it so seethe a little while, then after worke with the same, keeping it still ouer the hot Embers, vntill you haue done with it, for so it fastneth and bindeth the stronger: and in such sort, that it fastneth pieces of glasse together.

51

If you would destroy Caterpillers, doe thus: Anoint all the bottome of the Tree round about with Tar, then get a great sort of Ants or Pyssemyres, and put them in some bagge, and draw the same by a Cord vnto the Tree, and so let it hang there, so that it touch the body of the tree, and the Ants letted to goe downe from the tree by the meanes of the Tar, will for want of food eate and destroy all the Caterpillers there, without hurting any of the fruit: this was told me for a very truth.

52

Make a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Batte that flyes about in the euening, and then glew or close it fast on the top, and you shall see the Batte flye away with the same egge-shel, to the great maruaile of them that knowes it not.

53

It is very euill for them that fall sicke, when the Moone is applying in coniunction to the Sunne, and worse, when she is within fiue degrees of the Sunne. This I know to bee true by often proose and tryall. And Abraham Auenestra affirmes the same, writing de criticis diebus.

54

Rub any precious Stone vpon Leade, and if then it change the colour, then it is a counterfeite Stone. If it change not, then it is a naturall and good Stone.

Staffye

55

Stampe Celandine, & lay it to any Tetter or Ringworm, or any other such like, called Imiperigo or Sperpigo, shifting it twice every day with new for the space of a fortnight: and it will quite destroy & kill them. And also it will put away any black spots with the like using thereof, in what part of the body soeuer they be.

56

Take pure Ware and fine Brimstone purified, of each a like much, melt them together, making thereof a Candle, & after take the powder of a Coale finely beaten, and as much of Brimstone in powder. These sift through a Seaue or Linnen cloth, and after heating the said Candle, smeare it about with this powder so long, vntill it haue, as it were, a thick crust round about the same, like vnto the thicknesse of a back of a Knife: which after couer about the head of it, with a Paper, and then hang the same at the mouth of a gutter that droppeth fast in a frosty euening, vntill it be couered with yce, a finger thicke: then light the same, and it will burn as it were all Ware. This is taken out of the naturall and Artificiall Conclusions of the Scholiers of Padua. Translated into English by Thomas Hill.

57

The Coniunction of the Moone with Saturne (in the first beginning of sickneſſe,) doth signifie euill and long sickneſſe. But if Saturne be of a slow course, it augmenteth the euill. If of a swift course, then it diminisheth the euill. If he be Retrograde, applying by opposition to the Sunne, after he is cured, he will fall sicke againe: but if he be Retrograde, and separate by opposition from the Sunne, the euill is diminished. Abraham Auenestra de criticis diebus.

58

A very good laratiue Drenge powder, whereof you may take a spoonefull when you need in your Pottage, or Broth: it will make you to goe to the stoole. Take of pure Turbite, one ounce, Ginger, Sinamon, Pastick, Annis seed, Hermodactils, Diagredion, of each halfe an ounce, of the leaues of Seny, two ounces, of Sugar, foure ounces, beat all into fine powder, and let them be mixed together. Leonardus Fuchsius.

59

That signe and degree wherein the Moone is in the houre and time

time of the birth of any, the same signe and degree did ascend at the very time of the conception of the same Childe. And that signe and degree wherein the ☽ one is at the time of the conception, the same signe and degree, or the opposite to the same, doth ascend at the very time of the birth, Hermes & Ptolomeus: Therefore according to this rule of the ancient and famous Authors: (Whereto Guido Bonatus, Iohannes Gauiuctus, Sconerus and Taysnierus, notable and learned Astronomers, with diuers other, doe consent and agree.) Diuers Women haue diuers times betweene the conception and birth of their Children: for the place of the ☽ one at the time of the conception, and her vncertaine course after, doth plainely manifest that some women goe with Childe not aboue 37. weekes, some others 38. weekes, and vnder: some 39. weekes, and something lesse: some againe goe forty weekes, and a few daies lesse, and sometimes certaine daies more: yea, and sometimes forty and one weeke, and one day, which is the longest time, as the learned in the same science can perfectly finde out. Wherefore they are much deceiued, that thinke euery Woman goes but iust forty weekes with Childe: which fond false opinion hath made many an honest woman falsly suspected, wrongfully slandered, and without iust cause from their Husbands separated. Therefore it were good and very meete for euery one, not to giue too much credit to this fond reckoning of iust forty weekes: which is more common then true. Which fore-described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the triall of the fidelitie and honesty of women to their Husbands, and to finde out the very right time of the Natiuity or birth, so that the very day and houre of the conception be certaine.

60

Take the stones out of Raisins of the Sunne, then stampe the same Raysins, and apply a plaister thereof to any griefe for ache, and it will ease it presently, and if you vse it fiue or sixe times in such order, it will throughly helpe and cure the same. I haue seene this well proued.

61

If you gather greene Beanes from the stalkes, when they be ripe, fully growne and ready to eate, and then immediatly cut off the sayd stalkes within a handfull of the roote, then new and

nee branches will shortly after spring out of the same. Whereupon will spring forth new Beanes, and more plentifull then before, and as good as the first. Whereby you may haue more then double increase, & two seuerall gatherings of Beanes in one yere. But in any wise, take heed that the first gathering and cutting away of the stalkes, be when the sayd stalkes be greene. I haue seene it proued, therefore I write and publish it for an vndoubted truth. It is credibly told me, that if you vse Peason in the same order, the like effect will followe. Which I beleeue to be true as well in the one as in the other.

61

Take a little Rew, or Herbegrace, and stampe the same, then straine out the iuyce thereof, and after you haue thus done, let the party that is pained with the toothach, droppe three or foure drops of the same iuyce into his eare, on that side the paine is, and let him lie on his other side an houre or two, and it will not onely take away the present payne, but also the party that tryeth it, shall neuer be troubled with the toothach afterward. This was reported vnto mee for truth, by one which had proued the same.

62

Lay a dish ouer hot sodden Milke, and there will a water bee on the inside of the dish, which water keepe in some glasse: whereof if a little be put into sore payned or dim eyes, it will helpe them marueilously. This was affirmed to me for a truth.

63

Here followeth the description of a notable Dyle of Balme. Take of Turpentine, one pound, and put it into a body of Glasse, and warme it at a soft easie fire, vntill it wax liquid, and put therein by little and little, with mixing or sturring it, the powder of Frankincense fiue drammes, of Lignum Aloes, Mastiche, Cloues, Galingal, Sinamon, Mace, Quibibs, of each one dram, all well powdred together, gum of a Figge tree six drams likewise made in powder, and all mixed together, and mixe them all with the said Turpentine made liquid, as is before sayd, and when they be well incorporated together, set on the head of the Limbecke, and lute all the ioynts of the same well, and set it in ashes, and put vnder it an easie fire. And when it begins to distil,

let it drop away a little, for the first drops are little worth, then put the receiuer to the nose of the Limbecke, and close and lute them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which keepe by it selfe. Then will come forth the second water, which is better, of a heauenly and ayry colour, which keepe by it selfe. Then receiue the third, which is the best, which will be yellow and thicke as Hunny: keepe this also by it selfe. The first of these is called The water of Balme: the second, The oyle of Balme: the third is called, Balme. His proofe to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as you doe of naturall Balme, for the saide drop will goe to the bottome of the water, and it will stand there whole, as though it were pure Balme. This is marualious, and is of great vertues, and it is called of some, Mother of Balme.

The first vertue thereof is, that it burnes: the second is, that if you wash your face and nose therewith, and that thrice in a day, it cures and helps the Rewme. It cleareth the sight, and it comforteth the Sinnewes: and if you wash therewith the hinder part of the head, then it comforts the memory, and all the vertues of the minde. This also doth purifie both Fish and Flesh, and if they be putrified or corrupt: whatsoeuer therefore is corrupt or putrified, it takes and consumes it away, and it keepes that that is good and sound, so that you may eate them as though they were new and fresh. It brings againe an appetite, it comforteth the stomacke, and if you take thereof morning and euening, it consumes the fleame in the stomacke. It helpes or cures a stinking breath, as well comming of the stomack, as of the braine: if you take foure or fiue drops thereof once a day in a little Wine. No cold venemous thing may come nere it, as Frogs, Toades, Serpents and Scorpions. If a cloth be dipt in the same, and compasse a toade or Serpent, compassed therewith, they will die, although they touch it not, and so it doth in all kinde of cold venoms: as the biting of a Toade, or of a Serpent. For it heales, if you wash oftentimes therewith the grieued place. And if you seeth an Egge in it, it will sooner be sod therein, then in any boyling water. It heales and dryes vp any kinde of Scab or tetter quickly, if you

wash

wash it therewith twice in a day: and if you put three or foure droppes of this into the eare, and suffer the same there as long as you can, it helpes and cures all noyse & soundings of the eares. If you mixe herewith an equall portion of the iuyce of Germander, and put three or foure drops thereof in the eare, foure times in the day, then it helps and cures all deafnes, of what cause soeuer it comes: watering eyes, & bleared eyes it doth cure, clarifie, restraine and comfort, if you wash them therewith twice or thrice. All Impostumes, Vlcers, and all other superfluities it doth restraine, cure, and rectifie. And it is a thing more repercussiue and consumptiue against cold humors, then the Saphire or Planten. All paines of the teeth, or running humors, it doth help, restraine, fortifie: and it makes the teeth white, if therewith you doe wash the rootes of the teeth. All wounds of the head, though they be deepe, are cured with this same Oyle, if therewith you wash it twice or thrice a day: yea, though the braine-pan be broken, so that Pia mater be not hurt. It heales and cures all Fistulaes, Cankers, Noli me tangere, the Kings Euill, and euery other eating sore, if you wash the same therewith twice or thrice a day. It heales and cures all kinde of Gowtes, if you wash or anoynt them therewith, so that they come of a cold cause: and laying also a linnen cloth dipt therein vpon the grieued place. It helpeth also all strokes with staues or other bruising, either by falles or otherwise, if you anoynt the bruised or grieued place therewith, and heales them perfectly and well. It helpes the Emerods and Fundament that goes forth, and makes it tarry in his place, if you anoynt the same therewith. It helpes the Palsie; and all weakenesse of the members, it doth strengthen, if you anoynt the same therewith. Know that it is most hot, and is of such penetration and heate, that if you put one drop thereof in your hand, by and by it penetrates the hand without any hurt. And you shall not feele any swelling of the feete or of the legges, or any paines of the ioynts, if you wash or anoynt the same therewith, and it will helpe it, if you dip a linnen cloth therein, and plaister it thereto. And briefely, if you will vse it, it profits, helps, and cures all cold griefes, and all diseases comming of a cold cause, of fleame, or of putrified or corrupt blood. It hath yet many other vertues here left out, & it is called, The mother of balme,

because it is better then Balme in many of his effects. And if you will proue that it be a true Balme, take a Chicken (the feathers pluckt off, and guts taken away,) and see that it bee well washt and made as cleane as can be, & dry the same at a soft fire, so long as you may well hold it in your hand, then anoint the same Chicken well within and without, with the sayd Balme, twice or thrice: then afterwards lay the sayd Chicken against the Sunne, for the space of two houres, suffring it a little to dry at the Sunne, and afterwards lay vp the said Chicken where you will: for it will neuer putrifie nor receiue any corruption, so long as the world doth indure. And know further, that this Oyle hath eighteene other vertues, which are written: but not here. This notable Oyle of Balme, I copied out of a very old written Booke, which came out of the Abbey of Elsam in Lincolnshire: And now by me conuerted out of Latine into English, to the profit of many, I hope.

64

A Fly drowned in water, Wine, Ale or Beere, and so throughly dead, being layd in warme Ashes: (but they must not be burning or very hot,) the same Fly wil recouer and liue again. This is very true.

65

If you do gather Roses when they be fully ripe, and immediatly cut away the new springs, tops, and the vppermost branches of that yeere, you shall haue new and fresh Roses growe againe out of the same, the same yeere, about Michaelmas. I know this to be true: and for a trueth I haue published it abroad.

66

The Indians doe vse the Tobacco (a notable hearbe) for to indure the drowth, and also for to suffer hunger, and to passe dayes without hauing neede either to eate or drinke, by any Desart or dispeopled Countrey, where they shall finde neither Water nor meate. They do vse of these little balles, which they do make of this Tabacco, they take the leaues of it, and do chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shelles of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dowe, of the which they make certaine little balles, little greater then Pease: and they put them to dry in the shadowe, and after they

keep

kéepe them and vse them, for the auoyding of hunger and thirst in their trauaile, without any meate and drinke, for the space of three or foure dayes. This Doctor Monardus hath written, with many other wonders and notable vertues thereof, in his Booke before mentioned, intituled, Joyfull newes out of the new-found World. This Tabacco is a marueilous and wonderfull hearbe, growing in the west Indians, called, The new Spaine: and through the bringing of the Séedes thereof from thence, it growes now both in Spaine and France.

67

Wormes and other venemous Beasts are driuen away from any place, with the smoak or fume of other Beasts of the same kinde, as Rasis writes.

68

Quicksiluer killed, burned Lead, the scales of Iron, or black Hellebor, mixed with some pleasant meat that Mice loue: if any Mice eate thereof, it will kill them. Mizaldus.

69

There is a certaine Gum is brought from the firme land of the Peru, which helpes the Gowte with purging the cause thereof, if you put of it as much as a Nut in distilled water, which water ought to be the quantity of two ounces, and giue the same to the patient, (the same party forbearing meate vntill the middest of the day.) This Monardus affirmes to be proued, manifesting the same at large in his book, called, The Joyfull Newes out of the new-found World. The name of the Gum he names not.

70

The Rootes of Roses or their slips with their knots, removed and set amongst Broome, will bring forth yellow Roses, Iohannes Baptista Porta.

71

That Cheese that is made with Chester or Rennet, wherein a little of the brayne of a Weesell is put or mixt, will not putrifie, neither be eaten of Mice. Pictorius.

72

There is a certaine Tree growing in Peru, a bough whereof if one doth hold fast in his left hand a good while, that would know whether one that is sicke shall liue or dye (of that disease, or at that time,) if the sicke shall liue and escape, the party that

holds the same, shall shew much gladnesse. If the sicke shall dye, then the party that holds the same, shall be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was proued true by a Gentlewoman that was marueilous sad, whiles shee did hold the same, whose husband dyed soone after accordingly. 73

A rare and strange kinde of fruite, as great as a Nut, with marualious round and hard blacke stones in them, is brought out of the new Spayne, by the report of the sayd worthy Doctor Monardus, whereof two or three with hot water, doth more effect for to wash and to make cleane clothes, then one pound of Sope doth: whereof, as well as of many other strange and most excellent things you may read, described at large in his said booke, called, The Ioyfull Newes out of the newfound World: A booke no doubt worthy of great estimation and commendation.

74

For a sore rest.

If a handfull of Figges be stampt, till the kernels be broken, then tempered with a little fresh greace, and so a plaister thereof layd to a womans brest that is sore, as hot as shee may suffer the same, it will take away the swelling and paine thereof; and if it be ready to breake it will breake it, or else not. This is an excellent and a sure tryed thing.

75

To kill the Morphew or any kinde of curuinesse in the face or body.

Take two ounces of Sulphur viue, called quick Brimstone, beat it in powder, and mixe the same well with as much of black Sope that is of the most stinking smell, and tye the same in a Linnen cloth, and let it hang in a pynt of strong Wine Vineger, for the space of nine dayes, and then vse to wash any kinde of scruines or Morphew therewith, though neuer so old or rooted, vsing eyther on the face, or in any other part of the body, with a linnen cloth dipt, or wet therein, and so let the same Vineger dry in of it selfe, and doe thus as long as the sayd Vineger lasteth: and therewith the deformitie or Morphew will be perfectly healed. And whosoeuer vseth to drinke the water of Strawberries distilled, it will certainly kill the roote of any Morphew that is within the body. All this is well proued. 76

An excellent preseruatiue against the Plague, which was

proued

proued and vsed in the great Plague time in England, in the yeere of our Lord 1548. For euery one that vsed it then, escaped. Against the Plague.
Take Aloes, Hepaticke, pure Sinamon, Myrrh, of each 3. drams, Cloues, Mace, Wood of Aloes, called Lignum Aloes, Mastick, Sole Armoniacke, of each halfe an ounce, mixe them all together, and make thereof a very fine powder, whereof take early in the morning, with white Wine mixt with a little water, and by the grace of GOD, you shall be preserued safe from the Plague, Weckerus.

77

If you burne the shelles of Snayles with Styrax, and then sprinkle thereof vpon an Ants hill, thereby they will be driuen forth of the ground, or place where they are.

78

Take of English Saffron beaten in fine powder, and as much of pure and good black Sope, which when they be well mingled together, spread it vpon the fleshy side of a piece of Leather, then lay it vpon the nauell of them, whose vrine or water is stopt, and it will procure the water to come forth, and thereby they shall make water within an houre. This was told me for a true and tryed secret, whereof I dare make no warrantise, but fauour it as you finde it.

79

Make a lute or clay with the dregs or mother of Oyle, and mixe therewith a little chaffe, then let it lye two or three daies, then dawbe with the sayd thicke lute or clay, your Garner, or roome where you will lay your Corne, then sprinkle the dregs or mother of Oyle, all ouer where you haue dawbed, and when it is dry, lay wheate therein, and there shall neither Weasell nor Mice hurt, touch, or come neere that Wheate. This I had out of an old Booke. And Iacobus Weckerus also affirmes the same.

70

When you first see the Cuckowe, marke well where your right foote doth stand: for you shall finde there an hayre, which if it be blacke, it signifies that you shall haue very euill luck all that yeere following. If it be white, then it signifies very good luck; but if it bee gray, then indifferent. It is certaine such a hayre hath beene found accordingly, but what euent did follow thereof I am yet vncertaine. But this was affirmed vnto me for a very trueth. It was also credibly reported to me, that the like hayre will

will be found vnder the right foote, at the first seeing of the Swallow, after they are come at the Spring time: so that you looke after the said Swallow, as long as you can see her.

81

A quantity of Hempe seede stampt, and strayned through a cloth, when it is well sodden with running water, and a good draught thereof drunke last going to bed, and so vsed, will make one laxatiue, and loose-bellyed. This is a proued thing therefore.

82

Alexander the great, being desirous that the long life of Harts might be knowne to his posteritie, causeth golden Chaines to be made fast vnto many Harts (about their necks, I thinke:) the time when the same was done, being expresst or marked in the same, and they which were taken off the same Harts, an hundreth yeares after, did not yet seem to be of the age of old Harts. Mizaldus writes this, who affirmes that Plyny is the Author thereof.

83

A good Glew, &c.

Quicke Lime mixt with old Cheese, and well beaten together, will fasten and glew strongly together broken stone vessells, and also broken Glasses. This was very credibly told me a very great secret, by one that proued it.

84

A gainst extreme heate.

Whosoeuer hath an extreme heate, or sore burning Feuer, let them vse to drink foure or fiue times in one day, a good draught of the distilled water of wild Poppy, that is, Papauer erraticum, which growes among Corne, with a red flower, much like the leafe of a Rose, it is called of some, Red corne Rose. This haue I tryed to be true.

85.

Marriage.

They in whose natiuity Saturne is Lord of the seuenth house, are not like to marry, before they be thirty yeares of age: or else vntill Saturne (from that time,) hath compassed the whole Zodiake, (which differs not much.) This is proued true by long experience, and I haue seene many, whose seuenth house is Capricorne or Aquary (the houses of Saturne,) and yet I neuer knew any of them, but either died vnmarried, or else married after they were thirty yeares of age. And as I remember, Cardanus agrees herein.

86

If the bottome of a seething pot with meat newly taken from the

the fire, may be touched or felt without harme or danger of burning, then certainly the same meate is boyled enough. But if it be hot and not sufferable, then it is not sufficiently sod. This I know to be true: for I haue seene the tryall thereof.

87

Lay a greene Iuy leafe in a dish, or other vessell of faire water, either for your selfe or for any other, on Newyeares euen at night, and couer the water in the said vessell, and set it in a sure or safe place, vntill Twelfe euen next after, (which will be the fifth day of Iaunary,) and then take the sayd Iuy leafe out of the sayd water, and marke well if the sayd leafe be faire and greene as it was before: for then you or the party for whom you laid it into the water, will be whole and sound, and safe from any sickneſſe all the next yeare following. But if you finde any blacke spots thereon, then you or the party for whom you laid it into the water, will be sicke the same yeare following. And if the spots be on the vpper part of the leafe towards the stalke, then the sickness or paine will be in the head, or in the necke, or thereabout. And if it be spotted nye the midſt of the leafe, then the sickneſſe will be about the stomacke or heart. And likewise iudge that the disease or griefe will be in that part of the body, according as you see the black spots vnder the same in the leafe: accounting the spots in the nether or sharpe end of the Leafe to signifie the paines or diseases in the feete. And if the leafe be spotted all ouer, then it signifies, that you or the party shall dye that yeare following. You may proue this for many, or few, at one time, by putting in the water, for euery one a leafe of greene Iuy, (so that euery leafe be dated or marked to whom it doth belong.) This was credibly told me to be very certaine, who affirmed to me faithfully, that it was diuers times proued for a very trueth. But because I neuer tryed it, therefore I referre euery one that shall read it, to the tryall thereof.

88

Brusonius writes, and Georgius Fabricus affirmes the same, that the bones of Hennes, mixed with melted gold, doe consume the same gold into themselues.

89

The water of distilled Vunny makes faire and comely colou-

red Haire, if it be often moystned, or spunged therewith. This is proued.

90

gainst the owt.

The rootes of Hollyockes, stampt and mixt with the greace of an old Hogge, and plaistred to the Gowt, helpeth it in three dayes. Petrus Hispanus.

91

thing got- n into ones re.

Veriuyce sod, vntill it be very hot, and then put into a tinnen Bottell with a narrow mouth, and then holden to, or in the eare, that the fume thereof may enter into the head: it will helpe the headache marueiously, and the sounding of the eares. And if there be any quicke things in the head, it will bring them forth with great speede. A Gentleman taught this to a woman that was sore tormented in her head, estéeming it as a precious Secret: but I neuer tryed it: therefore as it proues, so praise it.

92

If one be wounded that hath the Dropsie, it is hard to heale him Hippocrates. Therefore this is woorth the marking.

93

o know w many ies old the oone is.

You shall know how many daies old the Moone is, if you doe as solloweth, (especially she being in the first quarter,) hold before your eyes a piece of fine Lawne, and looke thorow it straight vpon the Moone, and so many daies old as the Moone is, so many Moones shall you sée, or at the least, they will séeme so many in your sight. Assoone as you try it, you will say it is true: For I haue séene the proofe thereof.

94

I heard it told for a very trueth by diuers persons, that in a Plague time, in the Cittie of Cullen, there was a certaine woman dyed, and was buryed, with a Ring of gold on her finger, for the greedinesse whereof, a couetous fellow within a while after she was buryed, digged her Graue, and opened the Coffin wherein she did lye, thinking thereby to take away the Ring from her finger: but immediatly the sayd woman did suddenly stirre and moue, and began to sit vp: which when the sayd fellowe saw, with great feare he did runne away, and then the woman by some meanes did teare or vnloose the shéete wherein she was wrapt, and then she went straight home to her Husband, and called vpon him to let her into the house: whom when he heard, he thought had béene a Sprite. But at last, through

her

her impoſtumate calling, he receiued her into the houſe, & thus wonderfully ſhe recouered and liued: which Woman, after that, had three or foure children, of whom it is ſayd, there is a Monument at this preſent, in the ſayd Cittie of Cullen. Therefore too haſtie or quicke buriall is not to be vſed, as not onely this rare example may ſufficiently teach vs: but alſo for ſuch cauſes as I haue alleaged in another place of this Booke.

95

If you graft the ſlips of a Wylding or ſowre Apple, vpon the ſtocke of a Hawthorne, you ſhall haue Medlers growe thereof. This I haue ſeene proued: therefore I aſſume it for a very truth. Grafting of Medlers.

96

A little Bird, called, The Kings Fiſher, being hanged vp in the ayre by the necke, his neb or bill will be alwayes bent or ſtraight againſt the winde. This was told mee for a very truth by one that knew it by proofe, as he ſaid.

97

Whoſoeuer ſhall weare about their middle ſuch a girdle as followeth, tying it faſt that it fall not away, they ſhall not need to feare drowning, though the Boate they are in ſhould miſcarrie, whereby they may paſſe ouer any water ſafely, and without any danger, though it be neuer ſo deepe: For ſo long as they haue it about them, they cannot ſinke. Take three pieces of good Neates leather well tand and dreſt, ſuch as Foote-balles be made of, (eyther piece being of the breadth of fiue or ſixe fingers) and of ſuch a length as will make a ſufficient gyrdle for you, let a ſhoomaker ſew them very ſtrongly, thick-ſtitched, and ſurely together, and likewiſe at both the ends, and in the middeſt thereof faſten a Pype like to a Bagpype, wherewith blow the ſame girdle as full of winde as you can poſſible: then vnder the nether end of the Pype, tye the leather very faſt and ſure, that ioynes the pype and the girdle together, with a ſtrong packthred, or with ſome other ſure and ſtrong thing, leſt the winde ſhould come out of the girdle, (whereof you muſt take great heede.) Alſo blowe three Oxe bladders full of winde, and tye them hard that the winde goe not forth of the ſame, and ſowe each of them ſtrongly and ſurely within good ſtrong Neates leather, round like vnto a Foote-ball, and make three ſtrong lopes vpon the ſayd

girdle, one against the middest of the backe, and against either of the sides one, and then tye fast and surely one of the said bladders sewed in the leather, to every of the said lopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safely ouer, if the water be not too broade and too rough. Nicholaus Michauell hath written of such a like girdle in his excellent Booke of the Arte of Warres, for the sauing of Souldiours and Fishers ouer waters. In which Booke, there are other notable Engines, and worthy matter beside, concerning Warres.

98

A Ladder made of the wood of a Figge tree, hath a marueilous properties: for if Flesh in the seething thereof, be often stirred therewith, or if it be in the pot while it is seething, it makes the Flesh to be sooner sodden.

99

A Partrich will cry aloud, and will teare or breake the Cage or Coope where she is fed, if there be any deadly medicine or poyson prepared within the same house, which she doth feele presently, and also hath knowledge thereof, through a wonderfull speciall and rare gift of Nature. Ætius ex Pisone.

100

Gellius writes, that the Hedgehogge makes the mouth of her Hole, Cabben, or Caue, alwaies contrary to the winde: for through a marueilous naturall gift, she hath foreknowledge in what quarter the winde will be, and thereupon she changeth the mouth or entring in of her Hole or Caue, whereby Mariners haue learned aforehand, the place of the winds.

The end of the tenth and last Booke.

A speciall Table for the finding out of any matter in this Booke, whereof the Table of the first Booke doth follow.

A Strange Hiſtorie of two Louers that were poyſoned by eating of Sage, page 1 aph. 1
A little Poet did weare leaden ſoles, aph. 2
A ſtrange thing of Mullen, 3
To increaſe milke in Nurſes, 4
Aqua vitæ helps ſinnewes and Muſcles, aph. 5
To make rough or chapped lippes ſmooth, 6
To know who ſhall bee crookebackt or halt, 7
Earth-woormes helpe deafneſſe, 8
A notable cure of one that had the griefe of the Spleene ſeuen yeeres, 9
A rare thing to make a horſe fall, as dead, and after to make him liuely, 10
To get a precious ſtone out of a Snake, aph. 11
A way to keepe wine ſafe from Thunder, 12
To know who ſhall haue the Palſey, aph. 13
To take away a wen, 14
To make wood of the colour of Hebenus, 15
An excellent vertue of Mullen, in helping of bruſes and ſores, 16
Valerian will draw out any Wood or yron out of the fleſh, 17
To make a barren Vine beare Grapes, aph. 18
To preſerue the teeth from rotting, 19
The teeth of a Bore newly killed, will burne briſtles or haires, 20
A preſent eaſe for the Gowt, 21
The City of Totnace was marualouſly deliuered from the Plague, by the ſhooting off of Gunnes, 22
To make common Azur, 23
A Cock feares not a Serpent, yet hee is afraid of a Gleade, 24
To make Amber cleerer and better, 25
A rare way to ſtay the fluxe or ſparme, aph. 26
Cantarides applyed, made one to piſſe blood, 27
A ſtrange vertue of the Bur leafe, 28
A ſalue made of Ale helpes ſores and aches, 29
Dockes make rough fleſh to bee tender, 30
A way to know whether one be ſicke in body or in minde, or in both, 31
To know who is infect with the Pluriſey, 32
They that haue the Quartane, ſhall not haue the falling ſicknes, 33
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